

A Clinical Study to Assess the Efficacy of Malla-Sindur for the Management of Pakshaghata (Hemiplegia)

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Abstract

“Labhanam shreya arogyam”

Of all the gifts, the most precious one is health.

The quest for healthy body and sound mind has been an incessant urge in human beings. The present millennium is asking for the same, a new, and more natural and safe method of treatment. Traditional medicine, otherwise called as complementary and alternative medicine (CAM) is regarded as quite safe. According to World Health Organization 80 % of earth's inhabitants rely on traditional medicine for their health care needs. India has a rich biodiversity and also rich tradition of medical knowledge systems like Ayurveda, Siddha and Unani which use plants, metals, minerals and animal products to prepare the effective formulations of various diseases. In this study, a minerals formulation Malla-Sindur was undertaken to see its efficacy in various symptoms of Pakshaghata (Hemiplegia). Statistically highly significant result was found in all symptoms except Agnimandya, Shotha, Facial paralysis and Tendon reflex. The overall effect of therapy shows that out of 30 patients, 1(3.33 %) got good response, 10(33.33%) got fair response, 12(40%) got poor response and 7(23.33 %) were in no response category.

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