Effect of Panchakarma (Vamana & Virechana) in Shwasa Roga (Bronchial Asthma)

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Abstract

This paper is presented for publication on the base of action of Sirish twak quath Albizia lebbeck (L.) Benth. for 45 days on 30 patients of Swasa roga (Bronchial Asthma). All the 30 patients were divided in two groups of 15 patients in each group at the O.P.D of Regional Research Center Ayurveda, Bangalore during the year 2002-2003. Sirish twak Albizia lebbeck (L.) Benth. quath is not a new medicine for the treatment of Swasa and so many papers have been published. But aim of this publication is to trace the differential study of the cases that had taken treatment along with Vaman & Virechan and another group of the patients was treated without giving Panchakarma therapy (Vaman & Virechan). It is also analyzed about the difference between the mode of action of the above analyzed medicine and present days contemporary medicine. It is confirmed that the modern drugs are bronchodilator hence as per reference of authentic Ayurvedic text, Sirish twak qwath and operation Vaman, Virechan or Nadisweda etc are not at all responsible for bronchodilatation, but managing the asthma by liquidification of the packed items viz; mucous etc which is responsible for broncho-obstruction and these are relieved by the hot and sharp nature of the medicine and process of Panchakarma ets. There are dogmas among the Ayurvedist and Modern scientists also that Ayurvedic drugs & process are controlling asthma by the mode of bronchodilatation instead of true fact liquidification. Aim of the publication of this paper is to remove the dogma and present the truth about the action of Ayurvedic medicine and process of Panchakarma.

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