

Sadvṛtta (Behavioural Conduct)

- Do's:- Be nice to all beings. Behave courteously with old and senior people. Give assurance to the fearful people and treat the afflicted ones. Always be honest, peace-loving and patient. One should always take efforts to prevent pollution of air, water and land.
- Don'ts:- Do not lie, do not take the money of other's rights, do not keep enmity, do not reveal the faults of other persons to everyone. Don't perform improper gestures with body parts.
- Practice of Sadvṛtta helps in attaining mental peace and happiness to the individual and maintains social harmony.