

Curriculum Vitae of Dr. Ramesh Babu Devalla

Dr. Ramesh Babu Devalla

M.D.

DIRECTOR GENERAL

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDA AND SIDDHA

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**Also holds the additional charge of the post of Director,
Pharmacopoeia Commission for Indian Medicine,
Deptt. of AYUSH, Ministry of Health & FW, Govt. of India.**

Career Objective

a) To explore the basic & applied scientific wisdom of Ayurveda through research & to translate into practices.

b) Active and productive pursuit in Ayurveda Research for ailing humanity particularly in life style Related disorders & chronic diseases.

Areas of interest

Kayachikitsa (Internal Medicine in Ayurveda), concepts of Rheumatology, Rasayan, Panchakarma and Research Methodology.

Educational Profile

M.D. (Ayurveda),1990: Banaras Hindu University, Varanasi, Uttar Pradesh

Diploma in Yoga, 1989: Banaras Hindu University, Varanasi, Uttar Pradesh

B.A.M.S., 1985: Kakatiya University, Warangal, Andhra Pradesh

Intermediate, 1979 : Board of Intermediate Education, Hyderabad, Andhra Pradesh

S.S.C.,1997: Board of Secondary Education, Andhra Pradesh

Employment Profile

- **Professor & Head, Department Of Ayurveda, Mahatma Gandhi Institute Of Medical Sciences (MGIMS), Post: Sevagram, Wardha – 442 102 (Maharashtra)**
- **Director General of Central Council for Research in Ayurveda and Siddha (CCRAS), Deptt. of AYUSH, Ministry of Health & FW, Govt. of India from 19th April, 2010**
- **Holding the additional charge of the post of Director, Pharmacopoeia Commission for Indian Medicine, Deptt. of AYUSH, Ministry of Health & FW, Govt. of India from 15th July, 2010**

EXPERTISE

Research guidance / Training capabilities

Investigator in four funded collaborative research projects.

- (i) **Clinical trial for comparing *Ksharasootra* with Surgery in the treatment of Fistula-in-ano : Funded by ICMR, 1990-1993.**
- (ii) ***Ashwagandha* (*Withania somnifera*) in generalized anxiety disorder – Comparison with Jacobson's Relaxation Technique: A Placebo controlled study: Funded by Dabur Research Foundation, 1999-2001.**
- (iii) **Effect of an Ayurvedic Compound Preparation in Leucorrhoea (2004-05)
Funded by Lupin Herbal Division, Mumbai.**

- (iv) **Multicentric Open Clinical Trial on *Dhatri Lauha* in Iron Deficiency Anaemia :Ongoing research project since January, 2008 – January, 2009.**
Funded by CCRAS, New Delhi.

Administrative responsibilities

The Director General is the Chief Executive of the Council who is responsible for the coordination of policies, planning and execution of various programmes under the CCRAS

Memberships in Professional Forums

- ◆ **Life member of Association of Gerontologists of India (AGI)**
- ◆ **Member, Scientific Advisory Committee, Manipal University**
- ◆ **Executive member of Association of Ayurvedic Physicians of India (AAPI)**
- ◆ **Member of the Research Monitoring Committee: Multicentric Research Projects on AYUGENOMICS; Office of the Principal Scientific Adviser to the Government of India, New Delhi.**
- ◆ **Member of the Scientific Advisory Group of ICMR.**
- ◆ **Member of Governing Council, Fragrance & Flavour Development Centre, Kannauj – Ministry of MSME Govt. of India**
- ◆ **Multicentric Research Projects on AYUGENOMICS; Office of the Principal Scientific Adviser to the Government of India, New Delhi.**
- ◆ **Member of Monitoring Committee of Golden Triangle Partnership (GTP).**

- ◆ **Member, Expert Committee for upgrade nine premier AYUSH colleges in the country to national level Institutions.**
- ◆ **Member of the Editorial Board of the Journal of Evidence-Based Complementary & Alternative Medicine.**
- ◆ **Member, Expert Committee to improve the academic and research standards of NIA, Jaipur.**
- ◆ **Member of the Advisory Committee of Advanced Application of Physiological Variability (AAPV-2010) of Bhabha Atomic Research Centre, Mumbai.**
- ◆ **Member of the Committee regarding examining the comments and representations received on proposed Bachelor of Rural Medicine and Surgery (BRMS) course.**
- ◆ **Member of the Monitoring/Steering Committee on the DST funded project entitled "National Facility for the Development of Herbo-metallic preparations of Ayurveda, Siddha and Unani at SASTRA University, Thanjavur under DPRP.**
- ◆ **Member of the Editorial Board of JCRA.**
- ◆ **Patron in the 43rd Annual Conference of IPS and International Conference on 'Pharmacology and Translational Research' from December 13-16, 2010 at Hyderabad.**
- ◆ **Member of the National Advisory Committee of Natural Product Studies, Jadavpur University and Association of Pharmaceutical Teachers of India, Bengal Branch jointly organizing a National Conference on "Emerging Trends in Natural Product Research" on February 12-13, 2010 at Kolkata.**

- ◆ **Member Secretary, Ayurvedic Pharmacopoeia Committee, Dept. of AYUSH**
- ◆ **Member, Governing Council of National Institute of Siddha**
- ◆ **Patron in the Organizing Committee on 'Brain Aging and Dementia: Basic and Translational Aspects' to be held from Nov 29-30, 2010 at Banaras Hindu University, Varanasi.**
- ◆ **Member of the Project Monitoring Committee for the DST Project to establish a 'National R&D Facility for Rasayana Products of Indian Systems of Medicine', IAIM-FRLHT, Bengaluru.**
- ◆ **Member of 'Expert Group' constituted by DG, ICMR to look into the issue of safety of consumption of vegetable juices with special reference to lauki (white gourd) juice.**
- ◆ **Member, Expert Committee constituted by Department of AYUSH to grant approvals for clinical trial of Ayurvedic medicines.**
- ◆ **Member, Scientific Advisory Committee, Gujrat Ayurved University, Jamnagar**
- ◆ **Member, Advisory Committee, Indo-US Symposium on methodology of research in Indian systems of Medicine, Bengaluru**

Publications

- **Journal of Research in Ayurveda & Siddha – (JRAS)**
- **Journal of Indian Institute of History of Medicine (Previously it was Bulletin) – (JIIHM)**
- **Journal of Drug Research in Ayurveda and Siddha - JDRAS (Previously it was Bulletin - BMEBR)**

Seminars/Symposium/Training Course/Workshop attended

Read papers in the following Conferences

- **A comparative study on the concept of Vyadhi-Kshamattwa (Immunity) in Brihatrayi with special reference to Susruta Samhita
National Seminar on Susruta Samhita : BHU, February 1989**
- **Appropriate diagnostic and clinical laboratory facilities for research, training and patient care in an ayurvedic hospital
National Seminar on Teaching, Research and Patient Care in an Ayurvedic Hospital: BHU, April 1990**
- **Diagnostic criteria for assessment of "Ama State" in the body-A clinical and laboratory study conducted in patients of Amavata vis-à-vis rheumatoid disease
National Seminar on Recent Advances in Kayachikitsa; BHU, March 1991**
- **The need to improvise and formulate newer ayurvedic pharmaceutical preparations-A clinician's perspective
National Workshop on Rasa Shastra : BHU, February 1993**
- **Clinical efficacy of Ksharasutra (ayurvedic medicated thread) in the management of Fistula-in-ano
First Annual Conference of Association of Rural Surgeons : MGIMS, Sevagram, October 1992**
- **Medicinal Plants - Determinants of its over-all development
National Seminar on Medicinal and Aromatic Plants: Society for International Development, Patna ; December 1996**
- **Changing perspectives on health and disease: Prospects for research and practice of ayurvedic system of medicine
35th World Congress on Natural Medicine
Sri Venkateshwara University, Tirupati; March 1997**
- **The concept of Naimittika Rasayana Therapy vis-à-vis adoptive immunotherapeutic approach**

National Seminar on Rasayana : CCRAS, New Delhi; March 1999

- **Recent trends in the Rasayana Therapy of Ayurveda vis-à-vis Immunomodulatory Activity of Indian Medicinal Plants
Training programme on recent trends in herbal drug technology:
Institute of Pharmacy, Wardha; May 2000**
- **Potential of Clinical Gerontology in Ayurveda
International Symposium on Aging - A Challenge in the New Millennium
BHU, November 2000**
- **4th International Seminar on Ayurvedic Education, Research & Drug Standardization – A Global Perspective
Gujarat Ayurved University, Jamnagar; January 2003**
- **Ayurveda Conclave-Transforming Traditions for Tomorrow's Health
IASTAM & Bharati Vidyapeeth, Pune; January 2005**
- **(Chaired a Scientific Session)
International Seminar on Chronic Diseases and its Management by Complementary and Alternative Medicine (CAM)
Institute of Medical Sciences, BHU; September 23-25, 2005**
- **(Chaired a Scientific Session)
National symposium on chromatography-An important tool for herbal pharmaceutical industry
Institute of Pharmaceutical Education and Research, Wardha; January 30-31, 2009**

Guest Lectures:

- **National Seminar on Integration of Ayurveda and Modern Medicine
National Medical Association, Warangal, AP; February 10-12, 2006**
- **Training Programme on Advances in Plant Drug Research
Institute of Pharmaceutical Education and Research, Borgaon (Meghe), Wardha; March 6-17, 2006**
- **National Seminar on Nutritional Medicine in Ayurveda**

CCRAS & NIN, Hyderabad; March 9-10, 2006

- **Research Potential in Ayurveda (Guest Lecture)**
Addressed the Faculty and Post-Graduates at SDM Ayurveda College, Udupi
June 11, 2007
- **Interface of Modern Medicine & Ayurveda**
Medical Development Congress, ICMR, New Delhi, September 5-6, 2007
 - (i) Ayurvedic Management of Renal Failure (Resource Person)**
 - (ii) Ayurvedic Management of Immunological Disorders (Resource Person)**
- **R.O.T.P. Programme in Kayachikitsa**
National Institute of Ayurveda, Jaipur, January 22, 2008
- **Contemporary Trends in Literature Search vis-à-vis Ayurvedic Literature**
National Workshop on Manuscripts & Rare Books
Tirupati, I.I.H.M., CCRAS, Hyderabad, March 4-5, 2008
- **Delivered talk on "Heart disease and its management in Ayurveda" during Seminar on Coronary Heart Disease on 12th July, 2010 at India International Centre, Delhi**
- **Delivered Key Note Address on "CCRAS & Ayurvedic Fraternity: An active collaboration" during Annual Memorial Lecture organised in memory of Late Vd. Nanasahab Puranik on 21st August, 2010 at Mumbai**
- **Attended XIX Prof. P.K. Devi Memorial Endowment Oration on "Current Advances in Prevention & Management of Breast Cancer" by Dr. Rajendra Badwe, Director, Tata Memorial Hospital, Mumbai on 19th September, 2010.**

***Above read papers are published in Abstracts / Proceedings of respective international conferences/seminars.**

Reorientation Training Programme in Kayachikitsa

- **Attended one-month reorientation training programme in Kayachikitsa
NIA, Jaipur; December 1999 – January 2000**

Participation as a Delegate

- **Attended Maharashtra State-Level campaign on “Role of Ksharasutra Therapy in Ano-Rectal Disorders”
Directorate of Ayurveda, Mumbai & Dept. of AYUSH, New Delhi;
January 12-13, 2008**
- **Attended National Campaign on “Ayurveda and Siddha for Geriatric Health Care”
CCRAS, Dept. of AYUSH, New Delhi; January 23-24, 2008**
- **Attended International Grand Centennial Convention on Ayurveda
Arya Vaidya Pharmacy, Coimbatore; August 21-24, 2008**
- **Attended “National Campaign on Ayurveda for geriatric care and checking anaemia” organized by Govt. of Tripura on 26th June, 2010. Delivered a lecture on ‘Strength of Ayurveda in General Health Care covering promotive, preventive and Curative aspects including Anaemia, Etiopathology, Treatment and Research”**

Workshops Attended

- **Workshop on Applications of Computers in Health Care Systems
MGIMS, Sevagram; September 1998**
- **Workshop on Bioinformatics and Medical Research
Bioinformatics Centre, JBTDRC, MGIMS, Sevagram; November 2000**
- **Attended Workshop on Management for AYUSH Personnel at Indian Institute of Management at Ahmedabad from October 13-15, 2010**

Papers Published:

Shukla NK, Narang R, Ramesh babu D, et al
Multicentric randomized controlled clinical trial of Ksharasootra (Ayurvedic medicated thread) in the management of fistula-in-ano
Indian J Med Res 1991; (B) 94:177-185

Ramesh babu D, Singh RH
Reiter's disease-Promising therapy through Ayurveda: A case report
J Res Edu Ind Med 1992; XI: 3: 25-28

Organized & Edited the Proceedings of International Conference on Ayurveda, Yoga & Naturopathy & CME on Alternative Systems of Medicine at MGIMS, Sevagram, during February 1-2, 2002

Organized & Edited the Proceedings of National Seminar on Evidence Based Ayurveda & CME on Biomedical Research Methods at MGIMS, Sevagram, during September 7-8, 2007

Training Course

5th ICMR Training Course on Clinical Pharmacology of Traditional Medicine Department of clinical pharmacology, ICMR Centre for Advanced Research in Clinical Pharmacology of Traditional Medicine, TN Medical College and BYL Nair Charitable Hospital, Mumbai; 6-15 September, 2004

Participation in academic events:

- **Actively participates in Regional, State-level, and National conferences. Presented papers on different subjects related to Ayurveda. Delivered invited lectures in Ayurveda conferences and seminars and also chaired scientific sessions.**
- **Successfully organized two national conferences and CMEs on Ayurveda at MGIMS, Sevagram.**
- **Attended 4th PMC Meeting for the projects entitled "Genomic variation Analysis and Gene Expression Profiling of Human Dosha Prakriti based on Principles of Ayurveda" at Indian Institute of**

**Science, Bangalore on 7th May, 2010 Sponsored by the office of
Principal Scientific Adviser, Govt. of India**

International Visits:

Germany (1st to 5th December, 2010)

**3rd European Congress for Integrative Medicine (ECIM) held at
Berlin. Attended and delivered a Plenary lecture "International
Trends in Integrative Medicine: The Indian Perspective"**

Visited Naturafarm GmbH, Berlin

**Visited Institute of Transcultural Health Studies at the European
University, Viadrina, Frankfurt in connection with setting up of
Ayurveda Chair.**

Visited Charite Medical Centre, Berlin

Visited European Academy of Ayurveda, Birstein

**Dr. Ramesh Babu Devalla
DG-CCRAS**