



Central Council for Research in Ayurvedic Sciences

News Bulletin

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CCRAS HOSTS 5th IDY CELEBRATIONS



Director General Prof. Vaidya K.S. Dhiman and Deputy Director General Dr. N. Srikanth accompanied Hon'ble MP Shri Hans Raj Hans and other eminent dignitaries at the 5th IDY event coordinated by the Council at Swarna Jayanti Park, Rohini, New Delhi

The Council hosted eminent dignitaries including Hon'ble Member of Parliament for North-West Delhi Shri Hans Raj Hans at the event organised to mark the celebrations of 5th International Day of Yoga at Swarna Jayanti Park, Rohini, New Delhi on 21st June, 2019. Prof. Vaidya K.S. Dhiman, Director General and Dr. N. Srikanth, Deputy Director General, CCRAS remained present and participated by performing yogasanas with dignitaries. The event was organised in collaboration with the Delhi Development Authority and Art of Living foundation and it witnessed a large gathering of Yoga enthusiasts who participated actively. Live telecast of the main event held at Ranchi was also arranged for the visitors where the Hon'ble PM delivering speech and practicing

“A large gathering of Yoga enthusiasts attended the event and participated in mass demonstration of Yogasanas.”

Yogasanas. Visitors followed instructions through live telecast and practiced various Yogasanas. Senior officials of the Council including Dr. Adarsh Kumar, Assistant Director (Ayu.), Dr. S. Gaidhani, Assistant Director (P'Cology), Dr. A.K. Mangal, Assistant Director (P'Cognosy), Dr. M.M. Sharma, R.O. (Ayu.) and Dr. V. K. Lavania, R.O. (Ayu.) also participated in this event.

Workshop on 'Basic & Applied Aspects of Molecular Medicine'



A view of inaugural session of the Workshop on 'Basic & Applied aspects of Molecular Medicine' for Scientists of CCRAS

The Council organized a Workshop on 'Basic & Applied Aspects of Molecular Medicine' for Scientists of CCRAS in collaboration with Jawaharlal Nehru University, New Delhi on 25th May, 2019 at AYUSH Auditorium, CCRAS Hqrs., New Delhi. The objective of the Workshop was to give an insight to CCRAS Scientist on the Basic & Applied Aspect of Molecular Medicine which would help to explore and interpret the primary understanding of Ayurveda in light of contemporary science to offer holistic health care. Total 65 participants from CCRAS Hqrs., New Delhi; CARICD, New Delhi and Council officers presently deputed at Ministry of AYUSH attended in the Workshop.

RARI, Jhansi



Plantation at Miyawaki Project site & Inauguration of "National AYUSH Standard Raw Drug Repository" by Padmeshri Vaidya Rajesh Kotecha ji, Secretary, Ministry of AYUSH, Govt. of India & Prof. Vaidya K. S. Dhiman, Director General, CCRAS at RARI, Jhansi

Padmeshri Vaidya Rajesh Kotecha ji, Secretary, Ministry of AYUSH, Govt. of India and Prof. Vaidya K. S. Dhiman, Director General, CCRAS, New Delhi along with other dignitaries visited RARI, Jhansi on 8th May 2019. They had participated in the following events:

- Laid the foundation stone of “National AYUSH Standard Raw Drug Repository” and inaugurated the “Central Ayurved Herbarium” at RARI, Jhansi in the auspicious presence of Prof. J. V. Vaishmpayan, Vice Chancellor, Bundelkhand University, Jhansi and other dignitaries.
- Visited the construction site and appraised the progress of an on-going construction of Ayurved Pharmacy and Quality Control Laboratory.
- Appraised the progress of project entitled “Raising quality planting materials of Medicinal Plants in the Herbal Garden of R.A.R.I., Jhansi with the Established Agrotechniques” to enhance the awareness regarding the cultivation of medicinal plants among the local farmers.
- Appraised the progress of an ongoing IMR Project entitled “Experimental Development of Mini Forest of Medicinal Plants by using Miyawaki Method of plantation”.

Medical and Health Check-up Camps and Ethno-Medico-Botanical Tours

RARISD, Vijayawada



Shri Suresh Kumar, Assistant Project Officer (ITDA, Parvathipuram) addressing the gathering on the inauguration of Tribal Health Care Research Program for the year 2019-20



Inauguration of AMHCP in Katuru Village SC Colony by Special Officer K. Srinivasarao in the presence of Dr. G. Babu AD I/c and Dr. K. Midhuna Mohan R.O (Ayu.) on 30th April, 2019.

- ▶ Inauguration of Tribal Health Care Research Program for the year 2019-20 was held on 16th May, 2019 at Thonam, Salur Mandal, Vizianagaram District, Andhra Pradesh. Shree Suresh Kumar, Assistant Project Officer (ITDA, Parvathipuram) attended as Chief Guest and inaugurated the THCRP program. Dr. G. Babu, AD Incharge; Dr. B. Venkateswarlu, R.O. (Ayu.); Dr. C. Muralikrishna, R.O. (Ayu.) and other THCRP team members attended the program.
- ▶ Inauguration of Ayurveda Mobile Health Care Programme (AMHCP) was held in Edupugallu on 23rd April, Totlavalluru on 24th April, Kalavapamula on 25th April, Vanukuru on 26th April and Katuru on 30th April 2019.

RARIMD, Bengaluru



View of free medical camp by THCRP team at Chitradurga district Karnataka organized by RARIMD, Bengaluru

Tribal Health Care Research Project team consisting of Dr. Raghavendra Naik, R.O. (Ayu.); Dr. S. H. Doddamani, R.O. (Ayu.); Dr. Nagaveni (SRF) and other Staff members conducted Tribal health care Research population survey camps at Adlapura, Ballapura, Nelahal, Chikkaseebi villages of Tumkur District and Mustalagummi, Guntakolammanahalli, Pelorahatti, Megalahalli of Chitradurga district. Total 931 household tribal population were surveyed. The team also conducted THCRP Camp and total 942 patients were treated.

RARILSD, Thiruvananthapuram



Free Geriatric Medical Camp organized at Old age Day care home at Mudavanmugal and Govt. High School, Jagathy by RARILSD, Thiruvananthapuram

Geriatric Camp was organized by All India Women's Conference, Trivandrum Branch and Vasaram Old Age Home at Old age Day care home at Mudavanmugal and Govt. High School, Jagathy on 29th April, 2019; 13th May, 2019; 25th May, 2019 and 29th June, 2019. Laboratory investigations and free distribution of medicines were conducted and a total of 101 patients benefitted.

IEC, Awareness programmes and Arogya Mela

CARICD, New Delhi



View of CCRAS Stall at International Yogshala Expo & Summit from 10th – 12th May, 2019 at Pragati Maidan, New Delhi

Central Ayurveda Research Institute for Cardiovascular Diseases (CARICD), Punjabi Bagh, New Delhi, participated on the behalf of the Council in the International Health & Wellness Exhibition- The Yogshala Expo 2019 during 10th – 12th May, 2019 at Pragati Maidan, New Delhi. The event was organized by NAMO Gange Trust of Ghaziabad, Uttar Pradesh. During the event, display stall was arranged for the visitors in which Council's publications and Council's activities were displayed along with free distribution of brochures to the visitors for publicity.

RARILSD, Thiruvananthapuram



Awareness session on prevention of monsoon related communicable diseases with special emphasis on NIPAH at RARILSD, Thiruvananthapuram

An awareness session on prevention of monsoon related communicable diseases with special emphasis on NIPAH was done on 12th June, 2019 in the institute's OPD. Dr. D. Sudhakar, AD I/c delivered a speech on the preventive aspects of communicable diseases. The Institute organized a public session on "NIPAH" considering its recent outbreak in Kerala and distributed pamphlets describing the mode of spread, signs & symptoms and precautions. Dr. Sinimol T P, R.O. (Ayu.) elaborated the mode of living in Monsoon season.

NIMH, Hyderabad



Dr. A. Narayana, Director along with Officers and staff during 'World Homeopathy Day' at NIMH, Hyderabad

Institute celebrated 'World Homeopathy Day' and paid tribute to Dr. Samuel Hahnemann (Father of Homoeopathy) on the eve of 264th Birth Anniversary on 10th April, 2019.

Participation of Council Officers in Important Meetings, Seminars and Conferences and Presentation of Papers



Glimpse of meeting of the experts for "Validation of Local health Traditions LHTs/ Ethno Medical Practices (EMPs) documented by CCRAS" chaired by DG, CCRAS, DDG, CCRAS and other eminent dignitaries

A meeting of the experts for “Validation of Local health Traditions LHTs/ Ethno Medical Practices (EMPs)” documented by CCRAS through various program was held on 24th and 25th June, 2019 at CCRAS Headquarter, New Delhi. The meeting was chaired by Prof. Vaidya K. S. Dhiman, Director General, CCRAS in presence of Dr. N. Srikanth, Deputy Director General, CCRAS; Dr. A K Mangal A.D. (P’cognoc); Dr. V. Sridevi, R.O. (Ayu.); Dr Sunita, R.O. (Ayu.); Dr. Mukesh Chincholikar ; Dr. Bidhan, R.O. (Ayu.) and Dr. Sumeet Goel R.O. (Ayu.).The meeting was graced by Prof. K Nishteshwar Bengaluru; Prof. Mohan Lal Jaiswal NIA Jaipur; Prof. Rabinarayan Acharya, IPGTRA Jamnagar; Prof. T Shridhar Bairy Udupi; Prof. Ajay Sadhanandan, SKVM Ayurveda, Thiruvananthapuram and Dr. Manasi Despande as experts.

RARILSD, Thiruvananthapuram



Glimpse of the ICD 11 meeting held on 6th – 7th May, 2019 under the chairmanship of Shri P.N. Ranjit Kumar, Joint Secretary, MoAYUSH, Gol.

- A two day meeting on “ Update and review meetings of the group of experts and working group members for drafting international terminology of Ayurveda and Siddha for inclusion in the ICD 11 of WHO” chaired by Shri. P. N. Ranjit Kumar, Joint Secretary, Ministry of AYUSH, Govt. of India was held on 6th and 7th May, 2019. Dr. D. Sudhakar Asst. Director I/c, RARILSD; Dr. T. Saketh Ram R.O. (Ayu.), NIIMH, Hyderabad; Dr. Rakesh Narayan, R.O. (Ayu.), CCRAS, HQ; Dr. Mukesh Chincholikar R.O. (Ayu.), CCRAS, HQ; Dr. Ram Manohar P, Research Director, ACARA, Amrita School of Ayurveda , Kollam; Dr. Bhuvnesh Kumar Sharma, R.O. (Ayu.), MSRARIED, Jaipur; Dr. Sathyarajeswaran, Asst. Director, SCRH Incharge, CCRS-SCRI, Chennai, Dr. Rajalakshmi Sivaraman, Associate Professor, Siddha Department, MGR Medical University, Chennai; Dr. Christian G. J. , Associate Prof. NIS, Chennai and Dr. Manoj Sankara Narayanan, Medical Officer, ISM participated in the meeting.
- Dr. Varsha Sumedhan, R.O. (Ayu.) attended two day training programme on implementation of A-HMIS at CCRS, Chennai on 3rd and 4th April 2019.
- Dr. Praveen Balakrishnan attended a CME “Rasasastra in your prescription”- a class on clinical application of Rasasastra, organized by Nechiyil Institute of Ayurveda and Research on 2nd June 2019.

CARICD, New Delhi



Dr. Sumer Singh, Asst. Professor, IIT Delhi expressing his views on the Collaborative project “Development of Automated Panchakarma tool”

- First meeting of Research team of CCRAS & IIT, New Delhi for Collaborative project “Development of Automated Panchakarma tool” was held under the chairmanship of Prof. Vaidya K. S. Dhiman, Director General, CCRAS on 15th May, 2019 at CARICD, New Delhi.
- Dr. Bharti, Director Institute and Dr. Sakshi Sharma, R.O. (Ayu.) attended Nagar Rajbhasha Karyanvyan Samiti meeting organized on 22nd May 2019 by Rajbhasha Vibhag under Chairmanship of DG, NRPC.
- Consultative meet with State/UTs and AYUSH education institutions to discuss about operationalisation of HWCs under “Ayushman Bharat” on 17th May, 2019 at Dr. Ambedkar International Centre, New Delhi.

NIIMH, Hyderabad

- Dr. T. Saketh Ram, R.O. (Ayu.) attended meeting of the Ministry of AYUSH, CCRAS Official with Head, Officials of CSIR-TKDL unit, 14, Satsang Vihar Marg, New Delhi on 30th April 2019 to discuss about mutual cooperation in developing “International Terminologies of Ayurveda, Siddha and Unani systems of Medicine”
- Institute conducted training sessions for Final year PG students (Kaya Chikitsa) of Dr. B.R.K.R. Govt. Ayurvedic Medical College from 23rd to 26th April 2019. During the training sessions, all the Technical Officers have contributed and presented lectures on Introduction to Activities of Institute/CCRAS#; Scope and methods of independent and collaborative research in Kaya Chikitsa; Introduction to Hospital Management Strategies and Facility Management and Patient Safety in the Hospital, Research Methodology, Biostatistics and Pharma covigilance etc.



Dr. P.V.V. Prasad, AD (Ayu.), NIIMH, Hyderabad presenting the activities of the Institute during the training sessions conducted for Final year PG students (Kaya Chikitsa) of Dr. B.R.K.R. Govt. Ayurvedic Medical College Hyderabad



Final year PG students (Kaya Chikitsa) of Dr. B.R.K.R. Govt. Ayurvedic Medical College Hyderabad in NIIMH-Medico Historical Museum on 23rd April 2019

- Dr. T. Saketh Ram, R.O. (Ayu.) attended NRCeS Users' Meet-Summer 2019 on 24th May 2019 and delivered lecture on "Overview of Ayurveda-Unani-Siddha Terminology as SNOMED Extension" on invitation at NRCeS, C-DAC, Pune, Maharashtra.
- Dr. Biswo Ranjan Das, R.O. (Hom.) attended "Workshop on HIV/AIDS and Homoeopathy" jointly organized by JSPS Govt. Homoeopathic Medical College and CCRH, convened at CRIUM, Hyderabad on 25th May, 2019.
- 1st year UG students of Dr. B.R.K.R. Ayurveda Medical College, Erragada and Dr. Suresh Jhakodia have visited NIIMH's Museum and Library on 29-05-2019. They were guided by Dr. Ala Narayana, Director (Instt.). Dr. T. Saketh Ram, R.O. (Ayu.) has explained about the Institutes activities and orientation of NAMASTE portal.
- Dr. T. Saketh Ram, R.O (Ayu.) attended meeting to discuss regarding AYUSOFT, CDAC, Pune at AYUSH Bhawan, M/O AYUSH, NIA, New Delhi on 3rd June 2019.
- Dr. Ashfaque Ahmad, R.O. (Unani) participated in the short Translation Training Program organized by the Central Translation Bureau, Bangalore, in CRIUM, Hyderabad from 10th – 14th June, 2019.
- Dr. T. Saketh Ram, R.O. (Ayu.) attended the "Review meeting of the group of identified experts for drafting WHO Terminologies in Ayurveda & Siddha on 10th and 11th June 2019 at AYUSH Bhavan, M/o AYUSH, New Delhi.
- Dr. T. Saketh Ram, R.O. (Ayu.) has attended the meeting entitled "Sensitizing Volunteer's regarding IDY 2019 and BHUVAN App through CSE" at AYUSH Bhawan, M/o AYUSH, NIA, New Delhi on 10th June, 2019.
- Dr. T. Saketh Ram, R.O. (Ayu.) attended the preparatory meeting for conducting various events during IDY 2019 organized by Department of AYUSH, Government of Telangana at Institute of Health and Family Welfare, Vengal Rao Nagar on 12th June, 2019.
- Sh. P. Murli Manohar, Asst. Research Officer (Curator) participated in the 3 days Workshop on Preventive and Curative conservation of Arms from 13th - 15th June 2019 at Gurudwara Sri Guru Singh Sabha, Guru nanak Marg, Ashok Bazar, Hyderabad conducted by Sikh Heritage Foundation Hyderabad Deccan Institute of Management & Preservation of Arts and Cultural Treasure.
- Dr. T. Saketh Ram, R.O. (Ayu.) attended the preliminary meeting of the project AIC: SRMA-RDVAD on 18.06.2019 at RRAP-CARIC, Mumbai and discussed issues viz., finalization of format for documentation, chalking out the project execution strategy along with calendar of activities/visits etc.
- Dr. T. Saketh Ram, R.O (Ayu.) as PI of the project from NIIMH Hyderabad unit attended one day "Sensitization programme on V&RTADT of Kasa, Shwsa and Jwara" at CCRAS, New Delhi on 25th June 2019 and demonstrated the e-formats of the same to the team members.
- Dr. A. Narayana, Director Institute, and Dr. Ashfaque Ahmad, R.O. (Unani) participated in the first half-yearly meeting organized by TOLIC, Hyderabad (3), in A. R. C. I., Balapur, Hyderabad, on 26th June 2019.

RARISD, Vijayawada



Dr. G. Babu, A.D. Incharge, RARISD, Vijayawada, Dr. M. M. Rao, Director, CARIDD, Kolkata and Prof. (Dr.) Santanu K Tripathi, Department of Clinical & Experimental Pharmacology, Calcutta School of Tropical Medicine, Kolkata in the training programme at CARIDD, Kolkata

Dr. G. Babu, A.D. Incharge and Dr. B. Venkateshwarlu, R.O. (Ayu.), RARISD, Vijayawada participated in the Training programme for the Investigators of Collaborative project “*Multicentric Collaborative placebo controlled study in Chronic Filariasis Lymphoedema in patients receiving Mass Drug Administration (MDA)*” on 24th April, 2019 at Central Ayurveda Research Institute for Drug Development (CARIDD), Kolkata.

RARIMD, Bengaluru



Dr. M.N. Shubhashree participated in National Workshop on Capacity Building of AYUSH professionals in AYUSH – Hospital Management Information System (A – HMIS) 3rd workshop at Siddha Central Reserach Institute, Chennai organized by Central Council for Research in Siddha, Ministry of AYUSH on 3rd and 4th April 2019.

- All RARIMD staff attended Ph.D - Internal viva voice examination of Kum. Meghashree. B. M on the thesis “Pharmacognostical & Nutritional studies on some Ayurveda Rasayana (Anti – ageing) dietary plants.” organized by RARIMD, Bengaluru on 26th April 2019.
- Dr. Bhavya. B. M., R.O. (Ayu.) participated as delegate and was nominated as Judge for Poster Presentation with the Theme “Role of Diagnostics in Shalakya Practice” in one day state level CME on “Shalakya Darshana 2019- A Comprehensive Diagnostic Approach to Retinal and Inner Ear Problems” organized by Sri Kalabyrabveshwara Ayurvedic Medical College and Hospital (SKAMCH & RC), Bengaluru on 27th April 2019.
- Dr. M. N. Shubhashree, R.O. (Ayu.) and Dr. Bhavya B.M, R.O. (Ayu.) participated in two day workshop on “*Real World Evidence, its role in Ayurveda clinical practice and basic research- A Data Science Perspective*” at Trans Disciplinary University (TDU) campus, Jarakabande Kaval, Bengaluru organized by the University of Trans-Disciplinary Health Sciences and Technology (TDU), Bengaluru on 13th and 14th June 2019.

RARIND, Mandi



Training programme for ASU&H drug regulators industry personnel and other stakeholders organized by RARIND, Mandi

- Dr. S.K. Sharma, A.D. In charge, Dr. Vineeta Kumari Negi, R.O. (Ayu.) and Dr. Vikas Nariyal, R.O. (Ayu.) attended a training programme for ASU & H drug regulators industry personnel and other stakeholders at hotel Tibet in Dharamshala HP on 6th – 7th June, 2019.
- Dr. Kavita Vyas, R.O. (Ayu.) participated in a meeting held at CCRAS Hqrs., New Delhi regarding development of Validated Ayurveda Diagnostic Tools (Ayurvedic health assessment tool) on 9th April, 31st May and 1st June, 2019.

Technical/Research Publications/Book/Book Review

RARISD, Vijayawada

- Sujatha P Dhoke, Muralikrishna C, Babu G. दूषी त्वष का कुष्ठ आद त्वक रोग उत्पात्त म सम्बन्ध। त्वश्व आयुवद त्वष कुष्ठ 2019 May-Jun;3(2):96-105.

RARILSD, Thiruvananthapuram

- Sinimol TP. Probable mode of action of Kalyanakaghrita in unmada (Insanity) based on analysis of rasa panchaka of ingredients – a review. International Journal of Ayurveda and Pharma Research 2019 Feb; 7(2):24-34.
- Surendran ES. Rehabilitation of residual neurological deficit caused by traumatic brain injury through Ayurvedic treatment protocol- a retrospective case report. Annals of Ayurvedic Medicine 2019 Jan-Jun; 8(1-2):42-50.
- Surendran ES, Sinimol TP. Management of Genital warts through Ayurveda –A Case report. International Journal of Ayurveda and Pharma Research 2019 Mar-Apr; 7(3):39-41.

NARIP, Cheruthuruthy

- Sumantran VN, Nair PP. Can the vagus nerve serve as a biomarker to vata dosha activity? J

Ayurveda Integr Med. 2019 Apr - Jun; 10(2):146-51.

- Nair PP. Mental Health and Ayurveda. Bodhi News 2018 Apr- Jun; 1(2):6-8.

Honours /Awards

RARIMD, Bengaluru

Dr. Bhavya. B. M., R.O. (Ayu.) recipient of “Best Young Scientist in Clinical Research (Ayurveda) awarded with “Research Ratna Award of the Year 2019” and also nominated as accredited member of World Research Council for the academic year 2019-20. Also received Certificate of Lifetime membership of International Journal of Research Under Literal Access Sponsored by RULA, powered by world Research Council & United Medical Council. Accredited by, “Idamas Learning Center, Malaysia” on April 2019.

Hindi Workshops and Trainings

The Council has been known for the implementation of the Official Language Policy of Official Language Department, Ministry of Home and External Affairs, Government of India. As part of this venture, Hindi workshops were organized by the peripheral institutes of Central Council for Research in Ayurvedic Sciences, New Delhi. Reports were received from **CARICD, Punjabi Bagh, New Delhi; RARIMD, Bengaluru; RARISD, Vijayawada; NIIMH, Hyderabad; RARILSD, Thiruvananthapuram; RARIND, Mandi and NARIP, Cheruthuruthy** etc. Brief information are as follows:

- CARICD, Punjabi Bagh organized Hindi Karyashala under the guidance of Dr. Bharti, Director Institute on 29th June, 2019. Guest Speaker Snehlata, Former Deputy Director, Central Hindi Training Institute, Department of Official Language delivered a lecture with the objective of increasing the capacity of official documentation, use of Hindi language for routine communications and to deliberate over issues pertaining to Rajbhasha use for official work.
- A Hindi Workshop was organized at RARIMD, Bengaluru on 15th June 2019. All the Officers and staff of the institute enthusiastically participated in the workshop. The Chief Guest, Dr. Shankar Prasad delivered lecture about various aspects of noting, drafting and translation and motivates everyone to do more work in Hindi in the office.
- Hindi Karyashala held at RARISD, Vijayawada on 18th June, 2019. Shri Asha Mahesh Kumar, Official Language Officer, Member Secretary, Town Official Language Implementation committee, Vijayawada and Shri.Ramesh Babu, Official Language Officer, Bank of Baroda, Vijayawada were attended as Guest speakers.
- NIIMH, Hyderabad conducted Quarterly Hindi Workshop on 19th June, 2019 in which lecture delivered by resource person Sh. Venkateshwar Rao, Retd. IDBI Bank Hindi Officer, Hyderabad on the topic entitled ‘राजभाषा हिन्दी के संसदीय संसदीय : समिति के आने वाली कठिनाइयां एवं समाधान’.
- RARILSD, Thiruvananthapuram organized Hindi Karyashala in the institute on 19th June, 2019. Chief Guest Shri. Nandakumaran Nair, Retd. Hindi Officer, Office of The Accountant General, Trivandrum delivered lecture on the topic entitled “Hindi Karyashalayaen kitnee sarthak hai”.

- RARIND, Mandi organized Hindi Workshop on 18th June, 2019. Mrs Asha Rana, Hindi Lecturer delivered a lecture on the topic entitled “Importance of Hindi in official work” in the presence of all the Officers and staff.
- Hindi Workshop on “Various Styles of Letter Correspondence in Government Organizations” was organized by NARIP, Cheruthuruthy on 27th June, 2019



Dr. Bharti, Director Institute delivering lecture on the occasion of Hindi Karyashala at CARICD, New Delhi



The Chief Guest, Dr. Shankar Prasad delivered lecture about various aspects of noting, drafting and translation at RARIMD, Bengaluru



On the occasion of the Hindi Karyashala, Dr. G. Babu, AD In-charge; Mr. Asha Mahesh Kumar, Hindi Officer, Member Secretary, TOLIC and Mr. Ramesh Babu, Official Language Manager, Bank of Baroda, Vijayawada.



Dr. V. Venkateshwara Rao, Author, Editor, Translator and Guest Faculty, Hyderabad delivering lecture on ‘हिन्दी के निरीक्षण में कठिनाइयाँ’ at NIIMH, Hyderabad



Chief Guest Shri. Nandakumaran Nair, Retd. Hindi Officer, Office of The Accountant General, Trivandrum delivering lecture on the occasion of Hindi Karyashala at RARILSD, Thiruvananthapuram



View of Hindi workshop organised on 18th June 2019 at RARIND, Mandi

Appointment/Promotions/Retirements

NIIMH, Hyderabad

Smt. Shailaja Kumari, Private Secretary, retired on 30th April, 2019.

International Day of Yoga

View of International Day of Yoga Celebrations by peripheral institutes of the Council



5th International Day of Yoga was observed on 21st June 2019 with Common Yoga Protocol at CARICD, New Delhi



An introduction to Yoga and pranayama by Mr. Prashant, Heartfulness Institute, Sri Rama Chandra Mission on the occasion of IDY at RARILSD, Thiruvananthapuram



Dr. G. Babu, A.D. Incharge, practicing Yoga along with Sh. Intiaz, Collector, Krishna District, Sh. Jawahar Reddy, Principal Secretary, Health & Family Welfare, Andhra Pradesh, Sh. V. Srinivas, Minister of Endowments and Sh. Malladi Vishnu, MLA, Vijayawada Central on the eve of 5th International Day of Yoga. (Right) RARISD, Vijayawada, officials and staff performing yogasanas during IDY



Dr. T. Saketh Ram, R.O. (Ayu.) conducting Yoga Session on IDY-2019 at NIIMH, Hyderabad



RARIMD, Bengaluru Officials and staff on the eve of International Day of Yoga



View of Officials and Staff performing Yogasanas at RARIND, Mandi



At NARIP, Cheruthuruthy Yogasanas practiced on the eve of IDY 2019

World Environment Day

RARILSD, Thiruvananthapuram

World Environment Day was celebrated by planting medicinal plants in the campus by the Dr. D. Sudhakar, AD I/c and other research officers. The saplings of medicinal plants were also distributed to the patients.



On the occasion of World Environment Day Plantation and free distribution of medicinal plants organized at RARILSD, Thiruvananthapuram

RARIMD, Bengaluru



All RARIMD staff participated in Plantation on the occasion of World Environment Day on 05th June, 2019.

Know the Institute of the Council

CENTRAL AYURVEDA RESEARCH INSTITUTE FOR DRUG DEVELOPMENT (CARIDD), Kolkata



Background and Mandate of the Institute:

The Institute was established as The Regional Research Institute (Ayurveda) was established in the year 1972. It was shifted in its own building at Salt Lake during the year 1997. The Institute was upgraded as Central Research Institute (Ayurveda) in the year 1999. Again this Institute was upgraded as National Research Institute of Ayurveda for Drug Development in the year 2009. Now the Institute has been renamed as Central Ayurveda Research Institute for Drug Development from January, 2018. The Institute is having seven departments i.e. Hospital (IPD & OPD), Pathology & Bio-chemistry, Pharmacognosy, Chemistry (with one dedicated SOP laboratory), Pharmacology, Pharmacy and Library. The main focus of the Institute is Drug research and Drug development, Clinical Research, Pharmacological & Pharmacognosy Research. The institute is well equipped with furnished OPDs, Minor operation theatre for performing the parasurgical procedures like Ksharasutra therapy, Jalauka therapy & has 20 bedded IPDs and dedicated Panchakarma therapy rooms.

Activities and Achievements

Pharmacy department (GMP certified) is actively engaged in development of pharmaceutical standardization processes and about 40 different formulations prepared including general medicines for OPD & IPD and Trial Drugs for research projects. The Pharmacy is manufacturing several formulations like capsule, tablet, ointment, vati, churna, ghanavati, taila, ghrita, kshara etc. Pharmacology department has state-of-art animal house (CPCSEA approved) and has completed toxicological studies of about 47 formulations. Pharmacy, Phamacognosy, Chemistry, and Pharmacology departments work collaboratively to

ensure quality assured drug development and ascertaining the efficacy. Since inception, more than 70 clinical & drug research projects and 03 collaborative clinical research projects have been successfully completed. Besides this, 05 patents (under chemistry department) have been granted to this institute.

Under outreach research activities, Tribal Health Care Research Programme, Swasthya Rakshana Programme, Ayurveda mobile healthcare programme under Scheduled Cast Sub Plan and Reproductive and Child health care programmes are being carried out.

Since inception total 8,59,243 patients were treated at OPD level and 4620 patients were treated at IPD level. The most prevalent diseases were Sandhivata (Osteoarthritis), Vatavyadhi (Neuro-muscular Disorders), Madhumeha (Diabetes Mellitus), Amavata (Rheumatoid Arthritis), Amlapitta (Peptic Ulcer Syndrome & Gastritis), Kitibha (Psoriasis), Gridharsi (Lumbo-Sciatica Syndrome) etc.

The Institute is also serving as peripheral PPvC centre since August 2018 and actively engaged in reporting of adverse drug reactions & misleading advertisement to concerned authorities. This Institute has signed MoU for carrying out collaborative research with six leading institutes/medical colleges/trustee bodies. The institute is being recognized as study centre for conducting classes for 'Raj Bhasha' for the employees of this institute and neighbouring institutes. The accreditation of NABH for Hospital/clinical research is in active process.

Seminars

The Institute conducted several Seminar/Symposium/Conferences, Hindi Karyashala etc. and organized various Arogya camps in West Bengal. Institute participated in various national and state level Arogya Mela / Exhibitions and organized stalls on behalf of the Council. Since the year 2007, about 200 research papers have been published and about 28 Monographs are prepared for publication.

Facilities available

1. Specialty Clinic:

- Panchakarma Clinic
- Ano-Rectal Clinic (Kshara Karm, Ksharasutra therapy: for Piles, Fissure, Fistula)
- General Health Care Clinic

2. Facilities available at Hospital:

- Free consultation for treatment and support service
- 20 bedded IPD, In-house diet supply
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