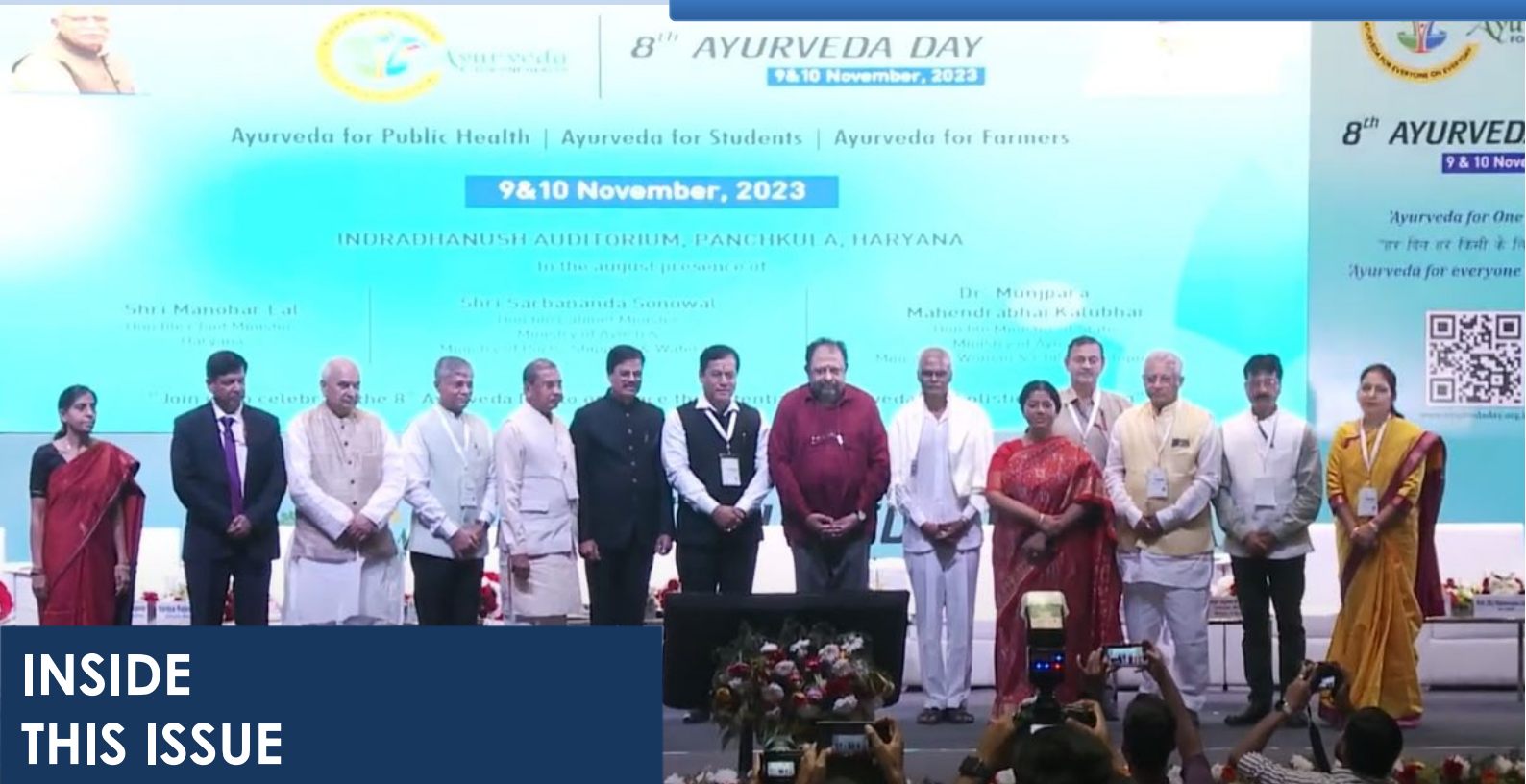




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Hon'ble Cabinet Minister, Ministry of Ayush & Ministry of Ports, Shipping, and Waterways, Shri Sarbananda Sonowal; Dr Munjpara Mahendrabhai Kalubhai, Union Minister of State for Ayush, and WCD and other eminent dignitaries felicitating awardees of 'National Dhanvantari Ayurveda Award' for distinguished service in the field of Ayurveda, during the celebration of 8th Ayurveda Day at Panchkula, Harvana.

The Central Council for Research in Ayurvedic Sciences (CCRAS) and its 30 units across the country organised month-long celebration for the 8th Ayurveda Day, focusing on the theme "Ayurveda for One Health" and the tagline "Ayurveda for Everyone on Every Day." The celebration, held from October 10th to November 10th, 2023, emphasised the interconnectedness between humans, animals, plants, and the environment. On November 9th, 2023, CCRAS hosted a conference on 'Ayurveda for One Health,' followed by the main event of the 8th Ayurveda Day on November 10th, 2023, at the Indradhanush Auditorium in Panchkula, Haryana, in honour of Dhanvantari Divas.

The event was graced by esteemed dignitaries, including Shri Sarbananda Sonowal, Cabinet Minister Ministry of Ayush & Ministry of Ports, Shipping, and Waterways; Dr Munjpara Mahendrabhai Kalubhai, Union Minister of State for Ayush, and WCD; Hon'ble Vidhan Sabha Speaker of Haryana, Sh. Gian Chand Gupta as the Guest speaker; Padma Shri and Padma Bhushan Vaidya Devendra Triguna, President of All India Ayurvedic Congress; Dr G. Anupama, IAS, Additional Chief Secretary for Health and Ayush, Government of Haryana; Padma Shri Vaidya Rajesh Kotecha, Secretary of MoAyush; Dr Manoj Nesari, Advisor of MoAyush; Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, along with other eminent personalities.

During the event, the prestigious 'National Dhanvantari Ayurveda Award' was conferred upon Vaidya RM Awahad, Vaidya PV Damania, and Vaidya L Mahadevan Sarma for their distinguished service in the field of Ayurveda. Additionally, four publications by CCRAS were released, including Quality Standard of Selected Medicinal Plants Volume-I Focus on Botanicals used in Ayurveda, चरकसंहिता – श्रीमज्ज्योतिषचन्द्रसरस्वत्या विरचिता (चरकप्रदीपिकारव्या – टिप्पणी – संबलिता), Shri Prabhakar Ogale Krit - CIKITSYA PRABHAKARA (Hindi Translation), Journal of Drug Research in Ayurvedic Sciences (JDRAS) - Volume 8, Supplement 1, November 2023: Special Issue, Millets - The Nutri-Cereals," and a web portal of "Journal of Indian Medical Heritage (JIMH).

Throughout the month-long celebration, diverse activities were organized nationwide to raise awareness about Ayurveda among people, students, and farmers. These activities included the 'Run for Ayurveda' marathon, biker's rally, Poster and Short Video Competitions, Essay and Quiz Competitions. The campaign received widespread support from embassies, state governments, and voluntary organizations, extending its reach globally. Approximately 17 lakh individuals participated in over 20 thousand events, highlighting the widespread engagement. The campaign's digital outreach reached 102 countries, transforming it into an international people's movement. Here are glimpses of some of the activities.



Speaking at the event, Hon'ble Cabinet Minister, Ministry of Ayush & Ministry of Ports, Shipping, and Waterways, Shri Sarbananda Sonowal, emphasized on "Jan Sandesh, Jan Bhagidhari and Jan Andolan for Jan Arogya" aspect of Ayurveda and said that the Ayush Ministry intends to explore the potential of Ayurveda in promoting not only the wellbeing of human beings but also the wellbeing of environment, plants and animals.



Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, addressing the gathering during the main event of 8th Ayurveda Day on November 10th, 2023, at Panchkula, Haryana.



RARI Thiruvananthapuram officials and staff stride with purpose during the 'Run for Ayurveda,' highlighting their dedication to holistic wellness on the 8th Ayurveda Day.



Participants during the 'Run for Ayurveda' event organized by CARI, New Delhi, commemorating the 8th Ayurveda Day 2023.



Dr Krishna Kumar Singh, AD In charge of RARI Patna, honors His Excellency the Governor of Bihar, Shri Rajendra Vishwanath Arlekar, for his invaluable message during the 8th Ayurveda Day celebration.



His Excellency the Governor of West Bengal, Shri CV Ananda Bose, delivering an inspiring address to participants during the 'Run for Ayurveda' marathon organized by CARI, Kolkata.

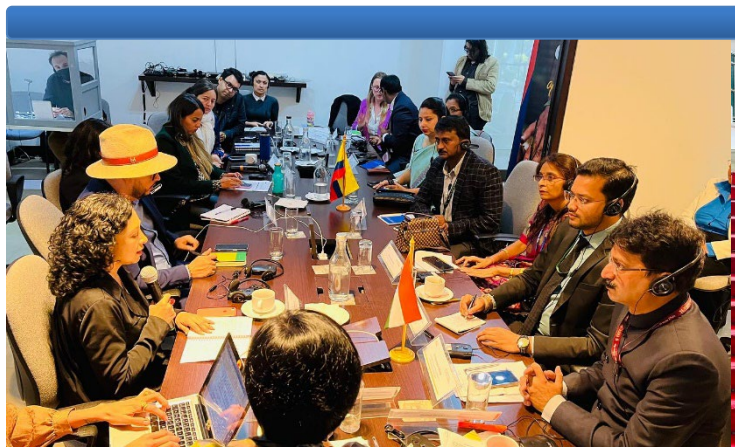


RARIM-MMR, Goa, organized a rally as a part of the 8th Ayurveda Day celebration in collaboration with AIIA, Goa and the National Ayush Mission.



ALRARI, Chennai, hosts a spirited 'Run for Ayurveda' marathon at Elliot's Beach, Chennai, to celebrate the 8th Ayurveda Day.

DG, CCRAS, Led MoAyush Delegation to Colombia for Joint Working Group Meeting.



(Left) A glimpse of the meeting in progress. (Right) A group photo featuring Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, alongside delegates and meeting participants in Bogota, Colombia, on October 16th, 2023.

A five-member delegation led by Prof. (Vaidya) Rabinarayan Acharya, Director General CCRAS, from the Ministry of Ayush, visited Bogota, Colombia, to participate in the "3rd Joint Working Group Meeting" on traditional medicine

and homeopathy. The meeting was held in collaboration with the Colombian Ministry of Health and Social Protection as part of the country-level Memorandum of Understanding (MoU) signed between India and Colombia in 2018.

The distinguished Indian delegation included notable members such as Dr Abhijit Dutta, Regional Officer from MoAyush; Dr Galib, Associate Professor, All India Institute of Ayurveda (AIIA); Dr A. Sharma from the National Institute of Ayurveda (NIA); and Dr A. Bora from the Department of Health, Assam. Their participation in the Joint Working Group Meeting underscores India's commitment to fostering international collaboration in the field of traditional medicine and homeopathy.

Labs of CCRAS-CARI, Kolkata, Accredited with NABL for Different Parameters.



Dr G. Babu, Director of CARI Kolkata, proudly displays the NABL and NABH Accreditation certificate alongside the dedicated team members, celebrating their achievement in upholding quality standards in healthcare.

The Pharmacognosy, Chemistry, and Microbiology labs of CCRAS-CARI, Kolkata, have now been accredited with NABL:17025:2017 for different parameters. This Institute has NABH, NABL-17025:2017: NABL M(EL)T and GMP-accredited pharmacy coexisting under a unified platform. The

institute has received all the accreditation certificates under the esteemed guidance, determination, motivation, and inspiration of the Director General, CCRAS Prof. (Vaidya) Rabinarayan Acharya; Dr. G. Babu, Director, CARI Kolkata and the efforts of all the team members.



CCRAS-CARI Bengaluru and CSIR-CFTRI Mysuru exchanged the MoUs.

Dr Sulochana Bhat, AD In-charge, CCRAS-CARI Bengaluru and Dr Sridevi Annapurna Singh, Director, CSIR-CFTRI Mysuru, exchanging the MoUs.

On December 15th, 2023, a significant collaboration unfolded as the CCRAS-Central Ayurveda Research Institute (CARI), Bengaluru and the Council of Scientific and Industrial Research-Central Food Technological Research Institute (CSIR-CFTRI), Mysuru, exchanged two MoUs. The agreements are set to facilitate collaboration under the Ayurveda Recipe Project and the Centre of Excellence Scheme, marking a momentous step towards advancing research and innovation in traditional medicine. Representatives Dr Sulochana Bhat from CCRAS-CARI Bengaluru and Dr Sridevi Annapurna Singh from CSIR-CFTRI Mysuru led the exchange of MoUs, highlighting the dedication and leadership in fostering interdisciplinary research and driving impactful outcomes in the field of traditional medicine.

CCRAS-CARI Bhubaneswar Signs MoU with AIIMS Bhubaneswar to Foster Collaborative Research Efforts.

Dr M.M. Rao, Director of CARI Bhubaneswar, and Dr Asutosh Biswas, Director of AIIMS Bhubaneswar, exchanging the MoU in the esteemed presence of Prof. (Vaidya) Rabinarayan Acharya, DG CCRAS, and other officials from both organizations on December 12th, 2023.

In a collaborative effort aimed at advancing medical research, an MoU has been signed for an upcoming clinical trial titled "Efficacy of Avipattikara Churna and Chitrakadi Vati versus PPI (Proton Pump Inhibitor) in Decreasing Symptom



Severity in Patients with Functional Dyspepsia." The signing ceremony took place in the presence of Dr Asutosh Biswas, Director of AIIMS Bhubaneswar; Prof. (Vaidya) Rabinarayan Acharya, Director General of CCRAS; and Dr M.M. Rao, Director of CARI Bhubaneswar, along with officers from both institutes. This collaborative initiative holds promise for advancing treatment options for functional dyspepsia and improving patient outcomes.

CCRAS-CARI, New Delhi, and LHMC, New Delhi, forged a Collaboration with MoU signing.



Dr Bharti, Director, CCRAS-CARI New Delhi, and Dr Subhash Giri, Director, LHMC New Delhi, exchanging the MoU.

A significant milestone was achieved as the CCRAS-Central Ayurveda Research Institute (CARI), New Delhi and Lady Hardinge Medical College & Associated Hospital signed a Memorandum of Understanding (MoU) on October 25th, 2023 at the Director's Office of LHMC, New Delhi. The agreement aimed to establish an integrated medicine unit and conduct joint research and academic activities in Ayurveda and modern medicine.

MoU Signed Between CCRAS-RARI, Port Blair & ICAR-CIARI, Port Blair for Collaborative Project.

On October 31st, 2023, a significant step towards collaboration was taken as the CCRAS-Regional Ayurveda Research Institute (RARI) in Port Blair and the Indian Council of Agricultural Research-Central Island Agricultural Research Institute (ICAR-CIARI) in Port Blair signed a Memorandum of Understanding. The purpose of this MoU is to carry out the collaborative project titled "Standardization of agro-techniques and nursery protocol for *Centratherum anthelminticum* (L.) Kuntze ex Gamble. The partnership signifies a commitment to advancing scientific knowledge and promoting sustainable agricultural practices in the region.

CCRAS-RARI, Itanagar and DHS, Naharlagun Ink MoU for Panchakarma Unit.



Dr Gurucharan Bhuyan, AD In-Charge, RARI, Itanagar and Dr Wangi, Director, Directorate of Health Services (DHS), Naharlagun, exchanging the MoU.

CCRAS-RARI, Itanagar, and DHS, Naharlagun, marked a significant collaboration by signing a Memorandum of Understanding (MoU) to establish a Panchakarma Unit at RARI Itanagar. The MoU, a testament to mutual cooperation, was formally signed by Dr Gurucharan Bhuyan, AD, In-Charge, RARI, Itanagar and Dr. Wangi, Director, Directorate of Health Services (DHS), Naharlagun. This partnership aims to enhance healthcare facilities and promote the traditional practice of Panchakarma in the region.

Medical and Health Check-up Camps and Ethno-Medico-Botanical Survey Tours

The Council has actively promoted and improved healthcare services for marginalized communities. Through its various initiatives, including Tribal Health Care Research Program (THCRP) under the Tribal Sub Plan, Ayurveda Mobile Health Care (AMHCP) program under the Schedule Caste Sub Plan (SCSP) and the Women and Child Health Care (WCH) program under SCSP, CCRAS aims to provide medical and health check-up camps and ethno-medico botanical survey tours to underserved populations, including tribal communities, scheduled castes and women & children. During the quarter, the peripheral institutes under the council conducted various surveys and camps in the outreach programs. Here are glimpses of some of the activities.



A survey team of CCRAS-CARI, Bhubaneswar, conducting Medical and Health check-up camps under the WCH-AMHCP project.



A CCRAS-CARI, Bhubaneswar survey team, conducting medical and health check-up camp under the SCSP-AMHCP project.



The medical team of RARIM&MMR, Goa, conducting a free Medical & Health Check-up Camp at Satari Hall, Mercel, Goa.



The medical team of ALRARI, Chennai, providing free medical consultation at Vishranthi old age home, Palvakkam, Chennai.



RRAP-CARI, Mumbai officials, Dr Laxman W. Bhurke, RO(Ay.) and Dr Priyanka Singh, (SRF) examining patients during a Medical Camp organized at Santa Cruze East, Mumbai.



RARI, Nagpur, officials providing free medical consultation during a medical camp organized at Shree Maheshwar Vanaprastha Ashram, Nagpur.

IEC, Awareness Programmes and Arogya Mela

The Central Council for Research in Ayurvedic Sciences (CCRAS) through its network of institutes nationwide actively participated in various Arogya Melas and Ayurveda Parvs to disseminate Ayurveda among the masses. During the quarter, various events were organised, and display stalls were set up for the visitors in which Council's publications & Council's activities were displayed. Brochures and other IEC materials were distributed to the visitors for publicity. Medical check-up camps were organised to provide free medical consultation and free medicines were distributed. Here are glimpses of some of the activities.



Enthusiastic visitors engage at CARI, New Delhi stall during the IPU Health Mela organized by Guru Gobind Singh Indraprastha University at Talkatora Stadium, New Delhi, from October 5th to 10th, 2023



Shri B K Singh, Joint Secretary, MoAyush, visiting the ALRARI Chennai stall at the 18th Ayurveda Parva sponsored by the Ministry of Ayush, hosted at Kachchapi Auditorium, Tirupati, Andhra Pradesh, from October 27th to 29th, 2023.



CARI, Kolkata officials distributing IEC materials to the visitors during the National Tribal Festival 'Aadi Mahotsav' at Gopal Maidan, Jharkhand, from October 7th to 16th, 2023.



Dr Munjpara Mahendrabhai Kalubhai, Minister of State, MoAyush and MoW&CD, along with Vaidya Rajesh Kotecha, Secretary, MoAyush, visit the CARI Bengaluru stall during the 2nd Edition of World Food India 2023 (WFI 2023) at Pragati Maidan, New Delhi, held from November 3rd to 5th, 2023.



Enthusiastic visitors at CARI, Patiala stall during the Ayurveda Parv 2023 organized from November 8th to 10th, 2023, at Indradhanush Auditorium, Panchkula, Haryana.



A view of the Stall and Clinic of RARI, Ranikhet, during the Exhibition at Navyoga Gram, Tanakpur, Champawat, Uttarakhand, held from November 18th to 20th, 2023.



DG, CCRAS, Prof. (Vaidya) Rabinarayan Acharya, observing the CARI, New Delhi stall of online Prakriti Assessment at 42nd India International Trade Fair exhibition from 14th to 27th November 2023 at Bharat Mandapam, Pragati Maidan, New Delhi.



Shri Sarbananda Sonowal, Minister of Ayush, visiting the CARI Bengaluru stall during the International Conference on Integrative Medicine 'YANTRA -2023' at NIMHANS Convention Center, Bengaluru, from November 24th to 25th, 2023.



A view of CARI, Mumbai, stall during the 3-day Global Maritime India Summit (GMIS) event from October 17th to 19th, 2023.



A view of CARI, Kolkata, stall during the National Seminar on "Lifestyle Disorders and Ayurveda (ALIFE 2023)" from November 26th – 27th, 2023, at Bhasha Bhavan, National Library, Kolkata.



Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, visiting the RARI, Thiruvananthapuram exhibition stall during the National Arogya Fair organized at Greenfield International Stadium, Thiruvananthapuram from December 1st to 5th, 2023.



A glimpse of the CARI Bhubaneswar stall during the Odisha Ayush Expo held from December 14th to 15th, 2023, at Campus 2, SOA University, Bhubaneswar, Odisha.



Visitors at the exhibition stall of CARI New Delhi during the 'Rise in India - Health & Wellness Expo' held from December 21st to 23rd, 2023, at HRIT Group of Institutions, Ghaziabad, Uttar Pradesh.



Visitors at the exhibition stall of CARI, New Delhi, during the 'North East Festival 2023' organized from December 22nd to 24th, 2023 at Jawaharlal Nehru Stadium, New Delhi.

Council's participation in Important Meetings/Training/Seminar/Workshops/Webinar/Brainstorming/ Presentation of Papers

DG, CCRAS, Prof. (Vaidya) Rabinarayan Acharya, Highlighted Collaborative Research at AIIMS Bhopal's Second Research Showcase.



DG, CCRAS, addressing the press during the Second Research Showcase event at AIIMS Bhopal on October 7, 2023.

Prof. (Vaidya) Rabinarayan Acharya, the Director General of CCRAS, played a pivotal role as the Chief Guest during the Second Research Showcase event at AIIMS Bhopal on October 7, 2023. Addressing the audience, DG CCRAS underlined collaborative research's significance in contributing to the nation's welfare. The event was graced by Prof. Ajai Singh, Executive Director; Dr Sunil, President of AIIMS Bhopal; and Vice-Chancellors from ERA & RGPV universities.

DG, CCRAS, participated in a workshop on Traditional Medicine Research in Bhutan.



(Left) Glimpse of a session in progress. (Right) A group photo featuring DG, CCRAS, alongside delegates and participants of the workshop.

Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, has participated as a Resource person in the concluding day Workshop on 'Clinical Research Methodology in Traditional Medicine for WHO Southeast Region Member State-Bhutan' on November 24th, 2023, at Punakha, Bhutan. The event was organised by WHO and the Traditional Medicine Division, Ministry of Health, Royal Govt of Bhutan, from November 20th to November 24th, 2023. Acting Health Secretary, Mr Pemba Wangchuk and WHO representative to Bhutan, Dr Bhupinder Kaur Aulakh addressed the workshop. Members appreciated the efforts to blend Bhutan's traditional health practices with modern research methods.



DG, CCRAS, at the 1st IACAE - 2023 in Nepal as a Distinguished Speaker.

Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS, graced the 1st International Ayurveda Conference & Arogya Expo - 2023 (IACAE-2023) as a distinguished speaker. The event, held from November 25th to November 27th, 2023, in Kirtipur, Kathmandu, Nepal, served as a platform for profound discussions and insights into the field of Ayurveda. The

conference witnessed the esteemed presence of several notable personalities, including the Hon'ble Minister of Health, Nepal, Sh. Mohan Bahadur Basnet; Prof. Anup Thakar, Director of ITRA, Jamnagar, and other eminent dignitaries. With over 700 delegates from various countries in attendance, the event served as a vibrant platform for knowledge exchange and collaboration in the realm of Ayurveda.

DG, CCRAS, attended the National Seminar on Ethnopharmacology.



(Left) A view of the inauguration function of the "National Seminar on Ethnopharmacology for Bio-economy: The New Paradigm" on November 28th, 2023, at CSIR-NEIST, Jorhat, Assam. (Right) Prof. (Vaidya) Rabinarayan Acharya, DG CCRAS, addressing the gathering.

Prof. (Vaidya) Rabinarayan Acharya, Director-General CCRAS, attended the inauguration function of the "National Seminar on Ethnopharmacology for Bio-economy: The New Paradigm" as a Guest of Honour on November 28th, 2023. The event was hosted at CSIR-North East Institute of Science & Technology (NEIST), Jorhat, Assam, in collaboration with the Society for Ethnopharmacology, India, from November 28th to November 30th, 2023. The inauguration witnessed the distinguished presence of Dr Indranal Das, Superintendent, ESI Bandel; Dr Pulok Mukherjee, Director of IBSD, Imphal; Dr Nitin Kulkarni, Director of RFRI; Dr G N Sastry, Director of NEIST, and other eminent dignitaries.

CCRAS Delegation Contributed to WHO ICD-11 Traditional Medicine Chapter Review.



A group photo featuring experts of the review meeting of ICD-11 TM2 Beta at Kandy, Sri Lanka.

WHO participated in a review meeting of WHO ICD-11 TM2 Beta. The meeting took place in Kandy, Sri Lanka, from December 6 to December 8, 2023.

Director, CARI, Kolkata, participated as a special guest at Jadavpur University.



A glimpse of Dr G. Babu, Director, CARI, Kolkata, delivering a lecture during the '3rd International Conference and 'Buyers and Sellers Meet on Medicinal Plants Used in Lifestyle Products'.

Dr G. Babu, Director, CARI, Kolkata, participated as a special Guest in the '3rd International Conference' and 'Buyers and Sellers Meet on Medicinal Plants Used in Lifestyle Products' from December 6th to 8th, 2023. The event was organised by Jadavpur University, Kolkata and sponsored by NMPB. The event witnessed the participation of Prof. Buddhadeb Sau, Vice Chancellor; Prof. Pulok Mukherjee, Director, IBSD, Imphal; Dr Rajiv Rai, Head R&D, Emami Ltd, Kolkata; and other eminent dignitaries.

Director, CARI Kolkata, participated in the National Seminar on Lifestyle Disorders in Ayurveda.



A glimpse of the dignitaries releasing a publication during the National Seminar on 'Lifestyle Disorders in Ayurveda,' held from November 26th to 27th, 2023, at the National Library in Kolkata.

Dr G. Babu, Director, CARI Kolkata, participated as a Special Guest in the National Seminar on 'Lifestyle Disorders in Ayurveda,' held from November 26th to 27th, 2023, at the National Library in Kolkata. The event was organised by the Paschimbanga Ayurveda Chikitsa Samity and the Government Ayurvedic Doctors Association, Kolkata. The event witnessed the presence of Dr Manoj Nesari, Advisor (Ay.); Prof. Manoranjan Sahu, Ex. Dean, BHU; Prof. BS Prasad, President, Board of Ayurveda

NCISM, New Delhi; Prof. Sanjiv Sharma, VC, NIA, Jaipur; Prof. PK Prajapati, VC, Rajasthan Ayurved University, Jodhpur; Dr Abhichal Chatopadhyay, Chairman National Seminar and other eminent dignitaries.



Director, CARI Kolkata, attended as Chief Guest at the International Conference.

A glimpse of Dr G. Babu, Director, CARI Kolkata, delivering a guest lecture during the 'AdtU Pharmacon 2.0 International conference.

Dr G. Babu, Director of CARI Kolkata, attended as the Chief Guest at the International Conference "AdtU Pharmacon 2.0," organised by the faculty of Pharmaceutical Science at Assam Down Town University in Guwahati, Assam, India. The conference was held on October 13th and 14th,

2023.

Important Meetings/Training/Seminar/Workshops/Webinar/ Brainstorming organized by the Council

CCRAS-CARI Bengaluru Hosts National Workshop on Geriatrics: Integrative Approach and Challenges.



DG CCRAS, Prof. (Vaidya) Rabinarayan Acharya; DDG, CCRAS, Dr N. Srikanth and other CCRAS officials during the ongoing expert session.

The CCRAS-Central Ayurveda Research Institute (CARI) Bengaluru successfully organised a two-day Brainstorming National workshop on 'Geriatrics: Integrative approach and challenges' at the institute on October 5th and 6th, 2023. This workshop aimed to address the integrative approach and challenges in geriatrics.

The workshop witnessed the active participation of a total of 65 experts and participants, including Ayurveda and Allopathic experts, CCRAS officers from Headquarters, and peripheral institutes. This diverse participation facilitated rich discussions and exchanges of knowledge on geriatrics and the integration of traditional and modern medical approaches in addressing the healthcare needs of the elderly.

DG, CCRAS, Chairs a Brainstorming Event on Development of Guidelines for Anushastra Vidhi.



Left: Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, addressing the gathering. Right: Dr R. Govind Reddy, AD (Incharge), RRAP-CARI, Mumbai, delivering an insightful speech during the two-day brainstorming event.

Prof. (Vaidya) Rabinarayan Acharya, Director General of CCRAS, chaired a two-day brainstorming event on 'Development of Guidelines/SoPs for Anushastra Vidhi (Agnikarma, Ksharakarma, and Siravedha).' Organised by CCRAS institute RRAP-CARI, Mumbai. The event was held from October 18th to 19th, 2023, at the Hiltop Hotel, Worli, Mumbai. The event featured several technical sessions. A total of 30 experts from both external organisations and CCRAS, along with 3 officials from Headquarters and 10 from the peripheral institutes, participated, bringing the total number of participants to 43.

CCRAS-CARI, New Delhi, organised a training on Ethics Guidelines for Biomedical & Health Research.



Participants engage in a one-day training session on 'Ethics Guidelines for Biomedical & Health Research involving Human Participants', jointly organized by CCRAS, WHO, and ICMR.

A one-day training session on 'Ethics Guidelines for Biomedical & Health Research involving Human Participants' was successfully conducted on November 3rd, 2023, at the Ayush Auditorium, CCRAS Headquarters, New Delhi. The event was jointly organized by CCRAS-Central Ayurveda Research Institute, New Delhi, in collaboration with the World Health Organization Country Office for India and the ICMR Bioethics Unit, Indian Council of Medical Research, in both physical and virtual modes. Approximately 480 officials participated in this comprehensive training program, which aimed to provide insights in to ethical guidelines

governing biomedical and health research involving human participants. The training session facilitated discussions and exchanges of knowledge among participants, fostering a deeper understanding of ethical considerations in research practices.

CCRAS-RARI, Gangtok, organised a three-day training workshop on Medico Ethno-Botanical Survey.



(Left) Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, delivering a lecture during an ongoing session of the Three-Day Training Workshop on Medico Ethno-Botanical Survey from November 6th to 8th, 2023. (Right) A group photo featuring DG, CCRAS, alongside delegates and participants of the workshop.

CCRAS-Regional Ayurveda Research Institute (RARI), Gangtok, conducted a three-day training workshop on 'Medico Ethno-Botanical Survey, Documentation, and Validation of LHTs and EMPs' for CCRAS Scientists from November 6th to 8th, 2023. Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, and Dr Vishwajanani J Sattigeri, Head of TKDL at CSIR inaugurated the event. The workshop provided a comprehensive platform for CCRAS scientists to explore the documentation and validation of Local Health Traditions (LHTs) and Ethno Medical Practices (EMPs), fostering a deeper understanding and appreciation of indigenous knowledge in healthcare. Approximately 65 beneficiaries from different peripheral institutes of CCRAS and CCRH participated in the workshop.

CCRAS-RARI, Pune, hosted the Ayur Informatics Workshop.



(Left) A glimpse of a panel discussion during the workshop on November 20th, 2023 at CCRAS-RARI, Pune. (Right) A group photo featuring CCRAS and SPPU officials alongside eminent faculty members, experts and workshop participants.

CCRAS-Regional Ayurveda Research Institute (RARI), Pune, in collaboration with the Bioinformatics Centre, Savitribai Phule Pune University (SPPU), organised an insightful Ayur Informatics Workshop from November 20th to 25th, 2023. The event commenced with an Inaugural Session on November 20th, followed by a

stimulating panel discussion on 'Understanding Ayurveda through the lens of Modern Medicine.' Over the course of six days, various interactive sessions were conducted, allowing participants to delve into issues related to research in Ayurveda.

Eminent faculty members shared their expertise through engaging talks, providing valuable insights into integrating Ayurveda with modern scientific approaches. The workshop also included hands-on training sessions in the afternoons, allowing participants to apply theoretical knowledge in practical settings. A total of 31 participants from different institutes of CCRAS actively participated in the workshop, contributing to meaningful discussions and enriching their understanding of Ayur Informatics.

CCRAS-CARI, New Delhi, conducted a one-day training program for SMART-OA.



Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, addressing the gathering during the session.

CCRAS-Central Ayurveda Research Institute (CARI), New Delhi, organised a comprehensive training program for SMART-OA (Scope for Maintaining Ayurveda Research in Teaching Professionals-Primary Knee Osteoarthritis), a multi-centric collaborative study. The event was inaugurated by Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, in the presence of Dr N. Srikanth, DDG, CCRAS; Dr Bharti, Director, CARI New Delhi; and Dr B.C.S. Rao, Program Officer, along with other officials of CCRAS.

The training program, held in collaboration with CCRAS-RARI, Nagpur, and CCRAS-NARIP, Cheruthruthy, took place at the International Youth Hostel, Chanakya Puri, New Delhi. The event witnessed the active participation of Principal Investigators (PIs) and Co-Investigators (CoIs) from various Ayurveda colleges and Gurukuls across India, including RGGPGAC-Paprola, UAU-Haridwar, Parul-Vadodra, IMS-BHU, MUHS-Nasik, MGAC-Wardha, BAVP-Pune, GAAC-Ahmedabad, SDM-Udupai, SDM-Hassan, YAC-Mangalore, and JSAC-Chennai.

CCRAS-RARI, Patna, conducted a one-day training program for SMART-RA.

Glimpse of a session during the one-day training program for SMART-RA.

On December 13th, 2023, RARI, Patna, organised a one-day training program named SMART-RA (Scope for Maintaining Ayurveda Research in Teaching Professionals - Treatment Adherence, Tolerability & Safety of Ayurveda Therapeutic Regimen in the Management of Rheumatoid Arthritis) at its premises. The event was attended by officials from CCRAS Headquarters, scientists, and doctors from various colleges and hospitals.

Participants from esteemed institutions such as Ayurvedic and Unani Tibbia College and Hospital, New Delhi; Pt. Khushi Lal Sharma Government



Ayurvedic College and Institute, Bhopal; Shri Kalbirveshwar Swami Ayurvedic Medical College & Hospital and Research Centre, Bangalore; and Tilak Ayurved College, Pune, actively engaged in the training program.

CCRAS-CARI, Patiala organized a two-day Workshop on Integrative Insights for Respiratory Health.



A glimpse of the inauguration of the two-day Workshop on Integrative Insights for Respiratory Health at CARI, Patiala.

CCRAS-Central Ayurveda Research Institute (CARI), Patiala, organised a two-day workshop titled 'Integrative Insights for Respiratory Health: A Comprehensive Workshop in the Management of Respiratory Disorders.' This insightful event took place on November 20th and 21st, 2023, at the North Zone Cultural Centre auditorium in Patiala. The workshop was graced by the presence of 12 eminent experts who shared their profound insights and knowledge through enlightening lectures covering various facets of respiratory health. Participants had the opportunity to delve into integrative approaches for managing respiratory disorders, gaining valuable insights from the expertise shared during the workshop.

CCRAS-NIIMH Hyderabad Hosted a Workshop on Curative Conservation of Manuscripts.



Dr G.P. Prasad, AD in charge, addressing the gathering (Left), A glimpse of Hands-on Training session on Curative Conservation of Manuscripts during the workshop at NIIMH, Hyderabad (Right).

On October 11th, 2023, CCRAS-National Institute of Indian Medical Heritage (NIIMH), Hyderabad, organized a one-day Workshop and Hands-on Training on Curative Conservation of Manuscripts at its institute. The event aimed to enhance the skills of the institute's staff and students of Archaeology from Osmania University, Hyderabad. The event started with an insightful session by Dr G.P. Prasad, AD In-charge. Sh Shivanand Yalala, Assistant Professor, Dept. of AIHC & Archaeology, graced the event as the Chief Guest, along with Shri Suresh P, Senior Conservator from the State Archives & Research Institute, National Manuscript Mission, Hyderabad.

The workshop was focussed on the six basic steps of manuscript conservation and provided participants with hands-on training in preserving historical documents. Under expert guidance, manuscripts collected by the institute from the National Ayurveda Research Institute of Panchakarma, Cheruthuruthy, Kerala, were systematically cleaned and conserved. Approximately ten students, two staff from Osmania University, and ten staff members of the institute actively participated in the program.

CCRAS-NARIP Cheruthuruthy Launches 6th Batch of Certificate Course on Marma Chikitsa.

A glimpse of the interactive session with experts during the 6th batch of the Certificate Course on Marma Chikitsa on October 3rd, 2023 at NARIP, Cheruthuruthy.

The National Ayurveda Research Institute for Panchakarma (NARIP), Cheruthuruthy, commenced the 6th batch of the Certificate Course on Marma Chikitsa on October 3rd, 2023, with the enthusiastic participation of 20 trainees. Dr Sudhakar D., Director of NARIP Cheruthuruthy, inaugurated the comprehensive training program, emphasizing the significance of Marma Chikitsa in traditional Ayurvedic healing. Dr K.M. Pratap Shankar, RO (Ay.), warmly welcomed the participants and provided an insightful introduction to the course curriculum. Throughout the program, the faculty guided the trainees and facilitated interactive sessions with experts to explore diverse Marma techniques.



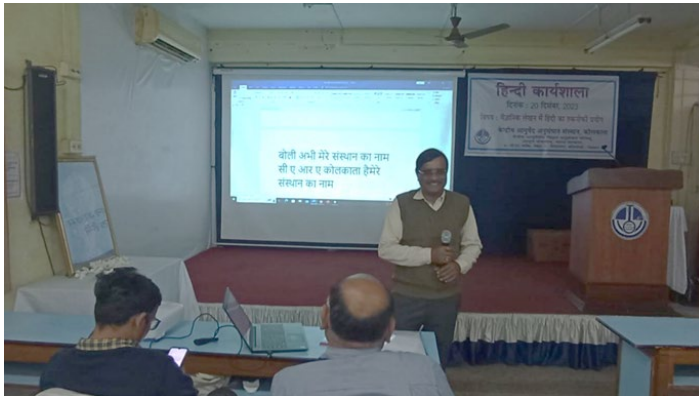
Radio/TV Talks and Interviews



Dr G P Prasad, AD In-charge, NIIMH Hyderabad, during a radio talk on 'Ayurveda for One Health' at All India Radio, Saifabad, on November 07th, 2023.

Rajbhasha Activities

The Council initiated various efforts to enforce the Official Language Policy set forth by the Official Language Department, M/o Home and External Affairs, Govt. of India. As part of this endeavour, a one-day Hindi Karyashala was organized at the CCRAS Headquarters and all peripheral Institutes of the Council nationwide. Here are glimpses of some of the activities.



Shri Anup Kumar, Assistant Director (Official Language), Hindi Teaching Scheme, MoHA, Gol, Kolkata, delivering a lecture on 'वैज्ञानिक लेखन में हिंदी का तकनीकी प्रयोग' during a Hindi Karyashala at CARI, Kolkata on December 20th, 2023.



Shri Shahwaz Ahmed, Deputy Director (Official Language), Office of the Principal Chief Commissioner of Income Tax, Patna, delivering a lecture on 'राजभाषा अधिनियम/नियम एवं वार्षिक कार्यक्रम के लक्ष्यों के अनुरूप राजभाषा का कार्यान्वयन' during a one day Hindi Karyashala at RARI, Patna, on December 29th, 2023.



Dr Rohit Kumar Ravte, RO In-Charge, RARC, Agartala, delivering a lecture on 'हिंदी का तकनीकी प्रयोग' during a Hindi Karyashala at RARC Agartala.



Smt. Vijalakshmi Narayanan, Deputy Director (Official Language), Income Tax Dept., Chennai, delivering a lecture during a one-day Hindi Karyashala at ALRARI, Chennai, on December 30th, 2023.

Vigilance Awareness Week

From October 30th to November 5th, the Council celebrated Vigilance Awareness Week 2023 under the theme 'Say no to Corruption; Commit to the Nation.' Across CCRAS Headquarters and its peripheral institutes nationwide, various engaging activities were organized, fostering active participation from officials and staff. Here's a glimpse of the impactful activities held throughout the week-long event.



(Left) Sh. Deepak Kochhar, DDA, CCRAS, presenting awards to the quiz, essay, and debate competition winners during Vigilance Awareness Week 2023 at CCRAS Headquarters. (Right) Participants during the quiz competition organized at CCRAS Headquarters as a part of the celebration of VAW-2023.



Dr Bharti, Director, CARI, Kolkata, delivering a lecture on 'Capacity Building of Preventive Vigilance on Public Procurement and Ethics & Governance' to the officials and staff.

Dr Suparn Pathak, DGM, RRSC-ISRO, administering Vigilance oath to the officials and staff of CARI, Kolkata.



Participants during the essay writing competition organised at ALRARI, Chennai, as a part of the celebration of VAW-2023.

Official delivering a lecture on 'Say no to Corruption, Commit to the Nation' at RARI, Itanagar, as part of the Vigilance Awareness Week 2023 celebration.

Honors/Awards

CCRAS-ALRARI, Chennai, conferred with Rajbhasha Shield for the Small Offices category.

ALRARI, Chennai, has been recognised with the Motivation Prize in the small office category during the Joint Rajbhasha Celebrations at CSIR-SERC, Taramani, Chennai, on December 22nd, 2023.



Dr R. Govind Reddy, AD In Charge, RRAP-CARI Mumbai, receiving the Prestigious Award for Excellence in Ayurveda.

Dr R. Govind Reddy, Assistant Director In charge of RRAP-CARI, Mumbai, was honored with the prestigious 'Mansarovar Amrit Vaidyam Puraskar 2023' in the Maharshi Charak category for his

outstanding contributions to the field of Ayurveda. The award, accompanied by a cash prize, was presented on October 13th, 2023, by Vaidya Jayant Deopujari, Chairman of the National Commission of Indian System of Medicine (NCISM), in the presence of other eminent, distinguished dignitaries.

New Releases: CCRAS Publications

During the quarter, the Central Council for Research in Ayurvedic Sciences (CCRAS) published a total of five noteworthy publications, showcasing its dedication to advancing Ayurvedic knowledge and research. The publications are as follows:

- श्री प्रभाकर ओगले कृत - चिकित्सा प्रभाकर (हिंदी अनुवाद)
- चरकसंहिता – श्रीमज्ज्योतिषचन्द्रसरस्वत्या विरचिता (चरकप्रदीपिकारव्या – टिप्पणी – संबलिता)
- Journal of Drug Research in Ayurvedic Sciences - Volume 8, Supplement 1, November 2023: Special Issue, Millets - The Nutri-Cereals.
- Online issue of Journal of Research in Ayurvedic Sciences - Volume 7, Issue 4, October-December 2023.
- Online issue of Journal of Drug Research in Ayurvedic Sciences - Volume 8, Issue 4, October-December 2023.

Staff News

Appointment

- Dr Vijaya Lakshmi R., R.O. (Ay.), initially joined her duties at RARI, Itanagar, on February 07, 2024.

Promotions

- Sh. Ravi Chandra, previously ARO (Botany) at RARI, Jhansi, has been promoted to RO (Botany) and transferred to MSRARI, Jaipur, effective January 01, 2024.

Transfers

- Smt. Rekha Rani, Assistant from CCRAS, Headquarters, transferred to CARI, Patiala.
- Sh. S.K. Barik, Assistant from CARI, Kolkata, transferred to CARI, Bhubaneswar.
- Sh. Amit Kumar Dhiman, MTS, transferred to RARI, Jammu, from CARI, New Delhi.
- Dr Sugriv Kumar Gaur, R.O. (Bot.), M.S. RARI, Jaipur, transferred to CARI, Jhansi.
- Sh. Arvind Kumar, Assistant, RARI, Jhansi, transferred to RARC, Agartala, Tripura.



RTI/Public Grievances

Throughout the quarter, CCRAS received a total of 52 applications under the Right to Information (RTI) Act. Among these, 13 applications were referred to other Public Authorities (PAs) under Section 6(3), while our team successfully disposed of the 52 applications.

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कार्यकारी संपादक

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सह संपादक

डॉ. प्रताप मखीजा, स.नि. (आयु.)

डॉ. बी. एस. शर्मा, अनु. अधि. (आयु.)

डॉ. वी. के. लवानिया, अनु. अधि. (आयु.)

डॉ. रेनु सिंह, अनु. अधि. (आयु.)

श्री नौशाद अहमद, प्रभारी (प्रकाशन)

संकलन, डिजाइनिंग एवं तकनीकी सहयोग

श्री मनीष बर्नवाल, कार्या. सहा.
(प्रकाशन एवं मीडिया आउटरीच)

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