



सीसीआरएस समाचार पत्रिका CCRAS NEWSBULLETIN

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IN THIS ISSUE

- ☛ Programmes of Global/National Importance
- ☛ Medical and Health Check-up Camps and Ethno-Medico-Botanical Tours
- ☛ IEC, Other Awareness programmes and Arogya Mela
- ☛ Participation of the Council Officers in Important Meetings, Seminars and Conferences and Presentation of Papers
- ☛ Technical/Research Publications/Book/Book Review
- ☛ Guest Lecture, Radio/TV Talk and Interview
- ☛ Honours/Awards
- ☛ Hindi Workshops and Trainings
- ☛ Vigilance Awareness Week
- ☛ Appointment/Promotions/Retirements
- ☛ Swachhta Pakhwada
- ☛ Know the Institute of the Council

Programmes of Global/National Importance



Dr. Harsh Vardhan Hon'ble Minister, Ministry of Science & Technology, Ministry of Environment, Forest and Climate Change and Ministry of Earth Sciences; Sh. Shripad Yesso Naik, MoS(IC), Minister of AYUSH; Secretary (AYUSH) and other dignitaries during Celebration of 3rd Ayurveda Day on 5th November, 2018

Dhanwantari Jayanti has been decided to be celebrated as Ayurveda Day by Ministry of AYUSH and this year Dhanwantari Jayanti corresponded 3rd Ayurveda day which fell on 5th November 2018. Council actively participated in the celebration of 3rd Ayurveda Day organized by Ministry of AYUSH at Dr. Ambedkar International Centre, New Delhi, with the theme “Ayurveda for Public Health”. As part of celebration, a National Seminar on Entrepreneurship and business development in Ayurveda on 4th November 2018 was organized. To promote and propagate Ayurveda among mass public and to create general awareness about importance of Ayurveda, the programme was celebrated for 50 days continuously starting from 16th September 2018 to 5th November 2018 by the Council and its peripheral Institutes/Centres. The events such as Public lectures on Ayurveda, Medicinal plants exhibition, Distribution of Saplings of medicinal plants, Lectures about Social Media and Ayurveda Day, Swasthya Daud/Run for Ayurveda and other activities viz. Free Outreach Medical camps, Essay competition, etc. were conducted during countdown period of 50 days. Reports were received from all the peripheral Institutes of Council.



Hon'ble Minister of Road Transport and Highway, Gol, Shri Nitin Gadkari ji, being welcomed by Prof. Vaidya K.S. Dhiman, DG, CCRAS at RARIMCH, Nagpur



Unveiling of Ayurveda Day Count down by Shri Rajesh Kotecha, Secretary, Ministry of Ayush in the presence of DG, CCRAS, Prof. Vaidya K.S. Dhiman and DDG, CCRAS, Dr. N. Srikanth at RARIED, Lucknow



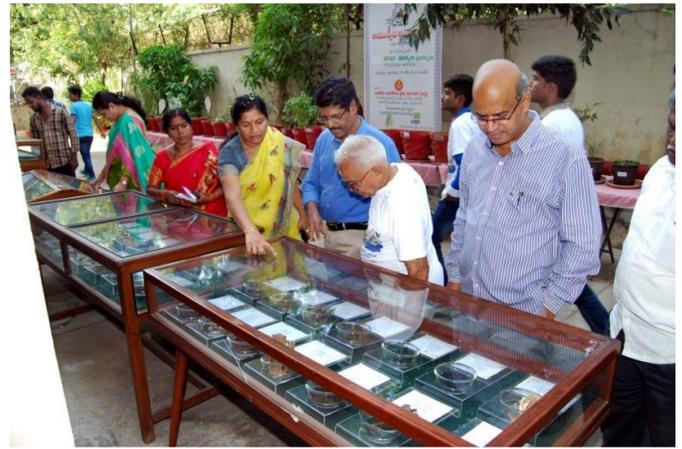
Glimpse of “Ayurveda Daud Swasthya ki Aur” at RARIMCH, Nagpur



Run for Ayurveda organized at NARIP, Cheruthuruthy



Distribution of Medicinal Plants to the public during the Ayurveda Day at CARIRD, Patiala



Visitors during the exhibition of raw drug samples organized as part of 3rd Ayurveda Day at NIIMH, Hyderabad



Glimpses of Ayurveda Dindi at CARIC, Mumbai



Participants gathered for Run for Ayurveda at RARIED, Lucknow



Distribution of saplings by Dr. G. Babu, AD In charge at RARISD, Vijayawada



Participants during Run for Ayurveda at RARILSD, Thiruvananthapuram



Saplings distribution, during countdown of Ayurveda Day at RARI, Itanagar



Dr. Anita delivering talk on Sandhirog at RARIUD, Jammu



Dr. Sanjiv Kumar, AD I/c distributed saplings at RARI, Ranikhet



Public lecture delivered on Ghritkumari agro technique and uses by Dr. M.S. Rawat, Research Officer (Bot.) at RARI, Ranikhet



During Ayurveda Day countdown, Exhibition of raw drugs organized at RAIFR, Pune.



Dr. Rasika Kolhe delivering lecture on Social media platform for AYUSH to the students of Ayurveda College Waqoli, Pune



Public lecture by Dr. Rajkala Patil, R.O. (Ayu.) on Common medicines from the Kitchen & their uses at CARICD, Delhi



Medicinal Plants demonstrated by Dr. Bharti, A.D. I/c at CARICD, Delhi

Medical and Health Check-up Camps and Ethno-Medico-Botanical Tours



Swarnprashan camp organised at MSRARIED, Jaipur

‘Swarnaprashan’ was organised at **MSRARIED, Jaipur** on 31st October, 28th November and 26th December, 2018 by Dept. of Kaumarabhritya, NIA, Jaipur sponsored by Dabur India Pvt. Ltd. The THCRP team of **CARIHD, Bhubaneswar**, made 62 visits to cover a number of 2315 populations of tribal villages at Ghatagaon Block, Dist. Keonjhar, Odisha and provided medical consultation with free medicines to 1044 numbers of patients and collected 3

numbers of Folk lore claims for documents. During the quarter, 58 tours have been conducted under Scheduled Castes Sub Plan (SCSP) in the selected areas in Bhubaneswar in which 2465 population has been covered. 1755 patients have been provided medical consultation with free medicines. 60 tours have been conducted under Swasthya Rakshan Programme (SRP) in the selected areas in Bhubaneswar and 1132 patients have been provided medical consultation with free medicines. **CARIRD, Patiala** conducted 58 tours under SRP in five villages/area namely; Deep Nagar, Seona, Rurki Kasaba, Lang and Baran. The team provided free medical services to 2688 patients. The team conducted 59 tours under AMHCP (SCSP) in five villages namely; Ram Nagar, Alias Bakshiwala, Rajla, Duladi, Jansua and Chaurason. Total 3298 Population was covered and 3642 patients were treated.



Beneficiaries participating in Medical and Health Check-up camps at CARIRD, Bhubaneswar



View of Medical and Health check-up camps under AMHCP (SCSP) and SRP at CARICD, Delhi

IEC, Other Awareness programmes and Arogya Mela

CARIRD, Patiala



Prof. Vaidya K.S. Dhiman, DG, CCRAS at CCRAS Pavilion during Punjab Health & Wellness Expo 2018 at Jalandhar



Institute's participation in State level Arogya Fair held at Bathinda



Institute participated in Punjab International Trade Expo. (PITEX) 2018 on 6th to 10th December at Amritsar

Central Ayurveda Research Institute for Respiratory Disorders (CARIRD), Patiala, participated on behalf of the Council in series of events. "State Level Arogya Fair at Rajinder College, Bathinda from 17th – 19th November, 2018, "Punjab Health & Wellness Expo 2018" organized by Namoo Gange Trust, Ghaziabad from 12th to 14th October, 2018 at

Jalandhar, Bihar and “Punjab International Trade Expo (PITEX) 2018” organized by PHD Chamber of Commerce at Amritsar during 6th –10th December, 2018. During the events display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event. Clinic was also arranged for the visitors in which consultation was given to visitors and there was distribution of medicines in the clinic to the needy patients.



Hon'ble Mayor of Pune Smt. Mukta Tilak Ji, being felicitated by Assistant Director by providing the medicinal plant



Hon'ble Shri Ranjit Kumar Ji, J.S., Ministry of AYUSH, Govt. of India, visited the stall at RAIFR, Pune

First Naturopathy Day was organised by National Institute of Naturopathy, Pune on 18th November 2018, in which a stall having IEC materials received from CCRAS, New Delhi, AYUSH books and various medicinal plants and raw drugs like Satavari, Lajjalu, Shalaparni, Asoka, etc. was exhibited by “Regional Ayurveda Institute for Fundamental Research, Pune”. The programme was inaugurated by Mrs. Mukta Tilak Ji, Hon'ble Mayor of Pune. Dr. Rasika Kolhe, R.O (Ayu.) had delivered information related to medicinal plants and raw drugs to the visitors. Shri Dilip N. Sonkamble distributed the IEC materials to the visitors and sold AYUSH books. Dr. G.P. Prasad, A.D., delivered information about important concept of Ayurveda like Karkroga, Ritucharya, importance of diet and routine diet to visitors.

Hon'ble Joint Secretary, Ministry of AYUSH, Govt. of India, Shri Ranjit Kumar Ji had visited the stall, he was introduced by various activities of RAIFR, Pune by Institute Incharge Dr. G.P. Prasad. Dr. Satylaxmi Ji, Director of NIN had also visited the stall.

NIIMH, Hyderabad

The Institute has celebrated **2nd Siddha Day** on December 26th 2018 at NIIMH, Hyderabad and Dr J. Sridevi; Consultant (Siddha) has made a presentation on the topic “Siddha for Public Health”.



Dr. P.V.V. Prasad, AD (Ayu.) addressing on the occasion of “2nd Siddha Day”



Dr. J. Sridevi, Consultant (Siddha); delivered a lecture on ‘Siddha for Public Health’ in “2nd Siddha Day Celebrations” organized by NIIMH,

CARICD, New Delhi

Central Ayurveda Research Institute for Cradiovascular Disorders, Punjabi Bagh, New Delhi, participated in the “25th Perfect Health Mela”, from 23rd -27th October, 2018 at Talkatora Indoor Stadium, New Delhi, on the behalf of the Council. The programme was organized by Heart Care Foundation of India, New Delhi. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event.

CARIC, Mumbai

Central Ayurveda Research Institute for Cancer, Mumbai participated on the behalf of the Council in the “INDIAHEAL@AHCI 2018” organized by Service Export Promotion Council at Mumbai during 1st-2nd December, 2018. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event.

RARIGID, Guwahati

Regional Ayurveda Research Institute for Gastro Intestinal Disorders, Guwahati, participated on the behalf of the Council in the 10th East Himalayan Expo organized by Indian Trade Promotion Organization at Shillong, Meghalaya from 3rd – 10th December, 2018 and State Level Arogya organized by Manipur State Medicinal Plant Board at Imphal East, Manipur from 6th- 9th December, 2018. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event. Clinic was also arranged for the visitors in which consultation was given to visitors and there was distribution of medicines in the clinic to the needy patients.

RARIMD, Bangaluru

Regional Ayurveda Research Institute for Metabolic Disorders, Bangalore, participated on the behalf of the Council in the “National Level Arogya Fair” organized by Tarunya Shikshana Sewa Trust at Bangalore, Karnataka during 5th –9th December, 2018. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event. Clinic was also arranged for the visitors in which consultation was given to visitors and there was distribution of medicines in the clinic to the needy patients. Lectures were also arranged for the visitors at the event.

CARIDD, Kolkata

Central Ayurveda Research Institute for Drug Development, Kolkata, participated on the behalf of the Council in the 12th Sundarban Tsunami Sachatan Vivekmela O Sundarban Loko Sanskriti Utsab- 2018 organized by Sundarban Tsunami Sachatan Vivekmela O Sundarban Loko Sanskriti Utsab Samity at South 24- Pagrama, West Bengal from 10th – 19th December, 2018. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event.

RARISD, Ahmedabad

Regional Ayurveda Research Institute for Skin Disorders, Ahmedabad, participated on the behalf of the Council in the “AYUSH INDIA EXPO -2018” organized by Gujarat Board of Ayurvedic & Unani System of Medicine from 19th to 21st October, 2018 at Ahmedabad, “AYUSH INDIA EXPO -2018” organized by Centre for Studies of Popular Science from 29th to 31st October, 2018 at Buxar, Bihar and “International Arogya Fair” organized by organizing committee of 8th WAC at Ahmedabad during 14th –17th December, 2018. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event. Clinic was also arranged for the visitors in which consultation was given to visitors and there was distribution of medicines in the clinic to the needy patients. Lectures were also arranged for the visitors at the event.

RARUID, Jammu

Regional Ayurveda Research Institute for Urinary Disorders, Jammu, participated on the behalf of the Council in the Health Mela organized by Directorate of AYUSH, Jammu & Kashmir at Kishtwar (J&K) on 15th December, 2018. During the event display stall was arranged for the visitors in which Council’s Publications and Council’s Activities were displayed and along with it, free distribution of brochures to the visitors for publicity were the activities of the Council during event. Clinic was also arranged for the visitors in which consultation was given to visitors and there was distribution of medicines in the clinic to the needy patients.

Participation of the Council Officers in Important Meetings, Seminars and Conferences and Presentation of Papers

CCRAS Headquarters, New Delhi



Dr. N. Srikanth, Deputy Director General, CCRAS visited the Stall

Council participated on behalf of Ministry of AYUSH in International Conference “AGRO WORLD 2018” organized by Indian Council of Food and Agriculture, New Delhi on 25th – 27th October, 2018. Dr. N. Srikanth, Deputy Director General, CCRAS and Dr. A.K. Mangal, Assistant Director (P’cognosy) participated in this event.

NIIMH, Hyderabad

- ▶ Dr. Saketh Ram, R.O. (Ayu.) has attended the 2 day Content Development Workshop and Valedictory function of “**3 month ICT training to AYUSH professionals, CDAC, Pune**” on 25th - 26th October 2018.
- ▶ Dr. T. Saketh Ram, R.O. (Ayu.) has participated in the launching of A-HMIS application by Dr. Harsh Vardhan, Minister of Science and Technology, Government of India on 5th November 2018 on the occasion of 3rd Ayurveda Day at Dr. B.R. Ambedkar International Convention Center, New Delhi.
- ▶ Dr. Biswo Ranjan Das, R.O. (Homoeo) has attended the 5 days training programme in “**Proposal writing for grant submission and Report/Paper writing**” scheduled from 12th to 16th November, 2018 at **IIPH, Delhi**.
- ▶ Dr. Ashfaque Ahamad, R.O. (Unani) has participated in '**Short-term Training in Proposal Writing for Grant Submission and Report Writing for Ayurveda Researchers**' from 3rd – 7th December 2018 at **IIPH, Delhi**.

- ▶ Dr. T. Saketh Ram, R.O. (Ayu.) has attended “**Meeting for the development of the Training Module for IT skill up-gradation of AYUSH professionals**” at CCRAS Hqrs. on 6th December 2018.
- ▶ Dr. T. Saketh Ram, R.O. (Ayu.) has attended meeting on “**Global Interactive Meet with Ambassadors of Stakeholders Countries for inclusion of A-S-U systems under ICD-11**” on 20th December 2018 at Hotel Ashoka, New Delhi.
- ▶ Dr. Arunabh Tripathi, Statistical Officer, has attended the workshop “**Data Science in Biomedical Research**” from 19th to 23rd December 2018 at University of Hyderabad, Telangana.

RARILSD, THIRUVANANTHAPURAM

- ▶ Dr. Ratheesh P. RO (Ayu.) has participated in a” CME “Post stroke and Neurological disorders management in Ayurveda & Sidha” organised by Santhigiri Health care and Reserch Organisation on 15th November 2018.
- ▶ Dr. Ratheesh P, Dr. Emy S Surendran RO (Ayu.) and Dr. Varsha sumedhan Ro.(Ayu.) had attended a five day training programme on “ proposal writing for grant submission and report writing for Ayurveda researches” organized by CCRAS at IIPH, Delhi from 3rd-7th December.
- ▶ Dr. Soumya MC (Ayu.) and Dr. Varsha Sumedhan RO. (Ayu.) have Participated in ANWEEKSHIKI 2018 Seminar Ayurveda and neurology organized by pankaja kshthuri Ayurveda Medical College & PG Centre on 14th December 2018.aa
- ▶ Dr. S.K .Giri RO (Ayu.) gava a Poster presentation “ Management of Jalodara vis-a-vis As cites with special reference to Virechana yoga by Jalodarari Rasa”& Dr. Emy S Surendran RO (Ayu.) presented a paper on “Ayurvedic management of female pelvic organ prolapsed –A Case series” n the World Ayurveda Congress conducted at Ahmedabad from 13th to 17th December 2018.
- ▶ Dr. Soumya M C Ro (Ayu.) had presented a paper- ‘morning in Ayurveda’ In the international conference on Moringa held in kanyakumari from 20th to 22nd Deember2018.

CARIRD, Patiala

- ▶ Dr. Harbans Singh, R.O. (Ayu.) participated in integrated conference on Ayurveda, Agriculture & Pharmaceutical Sciences held on 13th & 14th October 2018 organized in Lovely Professional University, Punjab. He also presented his work titled “Clinical Evaluation of efficacy and safety of *Amrita Guggulu* and *Pinda Taila* in the mgmt. of Hyperuricemia in Gout (Vatarakta) patients” as Oral presentation.

- ▶ Dr. Santosh S. Mane, R.O (Ayu.) participated in Arogya Sangoshti 2018 from 13th to 14th October.
- ▶ Dr. Santosh S. Mane, R.O (Ayu.) in national seminar on “Environmental changes and its impacts on faunal diversity in Indian Agro Eco System” held at Punjab Agriculture University, Ludhiana from 19th to 20th November, 2018.
- ▶ Dr. Baheti Sandip Kumar Ramjivan, R.O. (Ayu.) attended Training Programme for newly recruited Research Officers (Ayu.) for proposal writing and paper writing at PHFI’s IIPH Delhi on 12th - 16th November 2018.
- ▶ Dr. Gajarmal Amit Ashok, R.O (Ayu.) participated in World Ayurveda Congress from 14th to 17th December, 2018 and gave oral paper presentation
- ▶ Dr. Gajarmal Amit Ashok, R.O (Ayu.) participated in International workshop on research methodology from 14th to 16th December, 2018.
- ▶ Dr. Gajarmal Amit Ashok, R.O (Ayu.) participated in International Seminar on medicinal Plants from 15th to 16th December, 2018.
- ▶ Dr. Dighe Dattatray Pandurang, R.O. (Ayu.) and Dr. Gajarmal Amit Ashok, R.O (Ayu.) attended Training Programme for newly recruited Research Officers (Ayu.) for proposal writing and paper writing at PHFI’s IIPH Delhi on 3rd to 7th December 2018.

MSRARIED, Jaipur

- ▶ Dr. Monika Kumar, Research officer (Ayu.) had participated in short- term training on “Proposal writing for grant submission and report writing for Ayurveda Research” held at **Indian institute of public health, New Delhi** From 12th – 16th, November, 2018.
- ▶ Dr. Bhuvnesh Kumar Sharma, Research Officer (Ayu.) had participated in the expert group meet to appraise the Prakriti Assessment Questionnaire/Scale and AYUR Prakriti web Portal at CCRAS Hqrs, New Delhi held on 28th December 2018.
- ▶ Dr. Swati Sharma R.O. (Ayu.) has presented a Paper entitled “**Concept of Lehana in Pediatric practice**” at National Seminar KBCON-2018 organised by State Ayurvedic College and Hospital, Lucknow on 17th November 2018.

RARISD Vijayawada

- ▶ Dr. Savitha Gopod Poshetty has participated in Training on Research Project Proposal Writing at Indian Institute of

Public Health-Delhi, New Delhi from 12th to 16th December 2018.

- ▶ Anumol K has participated in Workshop on Advanced Social Media Insights for AYUSH Professionals at CCRAS HQ, New Delhi on 22nd December 2018.

NARIP, Cheruthuruthy

- ▶ The 2nd meeting of the expert committee for preparing draft SOP of Veterinary Ayurvedic formulation was held on 3rd and 4th December 2018 at NARIP, Cheruthuruthy under the chairmanship of Dr. S.K. Dwivedi. It involved the review of the draft of Ayurvedic Veterinary Formulary, Vol-II and discussion on the ingredients, parts used proportionate of ingredients, dose, use and *anupan* of formulation, compiled from various classical texts.

CSMRADDI (Chennai)

- ▶ Dr. A.K, Meena, Participated in a Training programme on E-Procurement, E-Publishing and GeM for AYUSH Officials at CCRS, Chennai from 4th to 6th October,2018.
- ▶ Dr. R. Ilavarasan, Assistant Director (S-4) Institute In-charge & Sh. K. Nepoliyan, Hindi Assistant, attended 57th TOLIC meeting conducted on 18.12.2018 at NIOT, Chennai.
- ▶ Dr. G Kusuma, Research Officer (Ayu.) S-2 Participated in International Workshop on ‘Nadi Pareeksha’ , The Pulse ,The flow of Human Consciousness in daily life” from 20th to 26th December, 2018, at The Arya Vaidya Chikitsalaya and Research Institute “Saranya”, Navakkarai, organised by The Arya Vaidya Pharmacy (Coimbatore) Limited.
- ▶ Dr. R. Ilavarasan, institute I/c and Dr. Ch. Venkata Narasimhaji participated in “LC seminar on Confident Quantification” by Thermo Fisher Scientific was held on 23rd November 2018 at Hotel ITC Chola, Chennai.
- ▶ University of Madras carried out inspection with regard to continuation of recognition for conducting research leading to award Ph.D. Degree on 15th December 2018. Member of Inspection Commission were Dr. A. K. Mohanakrishnan, Professor and Head, Dept of Organic Chem. University of Madras and Dr. P. Ramamurthy Professor and Head, Dept of University Chem. University of Madras.
- ▶ NABL Reassessment Audit was held on 22nd and 23rd December 2018. Nominated team members were Shri N. Palani, Lease Assessor; Ms. Sheena Jacob, Technical Assessor (Chemical) and Dr. Y. L. Paruchuri, Technical Assessor (Biological).
- ▶ Institutional Animal Ethical Committee (IAEC) meeting was conducted on 31st December 2018 at Institute.

- ▶ Dr. N. Srikanth, DDG, CCRAS visited the institute on 26th December, 2018 and discussed technical activities of the institute with the officers.
- ▶ R. Ilavarasan, Arunadevi. R*Sudesh Gaidhani, Susan Thomas, S. Chitra, Poster presentation on 90 Days Repeated Dose Oral Toxicity Study of *Makardhwaja bhasma*: An Ayurvedic Metal Mineral Drug at AFLAS (Asian Federation of Laboratory Animal Science) 2018 during 28th November 2018 to 1st December 2018.
- ▶ Susikumar Sundaramoorthy*Nartunai GovindarajanIlavarasan Raju. Corresponding author “Macro-microscopic Atlas on *Pterocarpus santalunus* L.f. (Red Sandal wood)” on 7th December 2018: A scientific poster presented and awarded best poster award in National Conference on Herbal Wealth in Siddha system of medicine organized by Siddha Medicinal plant Garden, CCRS.
- ▶ Dr. G. Kusuma, Research Officer (Ayurveda)/Scientist - II Participated in Training Programme for AYUSH Medical Officers as **Resource Person** on 12th November, 2018 and delivered lecture on “**Current Trends of Research in Ayurveda**” in the CME Programme organised by Department of Indian System of Medicine & Homoeopathy at Puducherry.
- ▶ Dr. G. Nartunai, R.O. (Pharmacognosy) is deputed as member of selection committee for the selection on contractual basis for the post of SRF/JRF (Botany) in Regional Research Institute of Unani Medicine, Chennai (CCRUM) on 1st November 2018.

CARIHD, Bhubaneswar

- ▶ Dr. Krishna Rao S, R.O. (Ayu.) attended the training programme for newly recruited Research Officers (Ayu.) of CCRAS in proposal writing for grant submission and Report/paper writing at **IIPH, Delhi** on 12th -16th November, 2018.
- ▶ Dr.K.K.Ratha, Dr.P.Panda, Dr.S.K.Meher and Dr.Banamali Das attended 1st National symposium/workshop ASTHAA- 2018 on theme Principle to Practice Ayurveda and Workshop- Scientific Paper Writing from 10th -11th November 2018 at Bhubaneswar.
- ▶ 3rd National Conference on scope of employment, research and development in Ayurveda attended by Dr.Banamali Das and Dr.K.K.Rath.
- ▶ Dr. A.K. Panda, Dr. G.C. Bhuyan, Dr. Banamali Das, Dr. P. Panda and Dr. K.K. Ratha attended 11th IRACON Odisha State Conference on 22nd -23rd Dec., 2018 at IMS & SUM Hospital, Bhubaneswar.
- ▶ Dr.A.K.Panda attended Obesity Odisha 2018 (3rd Annual Conference of all India Association for Advancing Research in Obesity, Odisha state on 16th December,2018.

RAIFR, Pune

- ▶ “Three months training course for AYUSH Doctors on IT Application in Healthcare delivery for capacity building of the nominated officers/faculty from AYUSH” conducted by Ministry of AYUSH, Govt. of India, held at Centre for Development of Advanced Computing (C-DAC), innovation park, Pashan, Pune, participated by Dr. Anagha Ranade, R.O. (Ayu.)
- ▶ Dr. G. P. Prasad, A.D.I/c participated Content Development Workshop conducted by Ministry of AYUSH, Govt. of India at Centre for Development of Advanced Computing (C-DAC), Innovation Park, Pashan, Pune from 25th to 26th October 2018.
- ▶ Dr. Shyam B.Prasad, R.O. (Pharmacognosy) attended seminar as resource person and delivered a lecture in the seminar entitled “*Current Scenario of Natural Products Stature in Commerce, Industry & Regulation*” at Mahatma Gandhi Vidyamandir’s Pharmacy college, Nashik, Maharashtra on 26th October 2018.
- ▶ Dr. Rasika Kolhe, R.O. (Ayu.) attended “Training Programme on Proposal writing for grant submission and report writing for Ayurveda Researchers” at Indian Institute of Public Health (IIPH), Gurugram, Haryana on 12th - 16th November 2018.
- ▶ Dr.A.M.Gurav, R.O.(Botany) and Dr. Shyam Baboo Prasad, R.O. (Pharmacognosy) attended training on “Miyawaki forest development” conducted by NGO, SAYTREE-S, Bangalore held at Bannerghatta National Park, Bengaluru on 6th to 16th December 2018.
- ▶ Dr. Rasika Kolhe, R.O. (Ayu.) attended one day workshop on “Advance Social Media Insights Level III” at AYUSH auditorium, CCRAS Hqrs. on 22nd December 2018.

RARIND, Mandi

- ▶ Dr. Vikas Nariyal, RO (Ayu.) participated in training programme for proposal writing and paper writing at **PHFI’s IIPH** Delhi from 12th November to 16th November 2018.
- ▶ Dr. Vineeta Kumari Negi, RO (Ayu.) Presented paper on topic “Marma Therapy in Avabahuk (Frozen Shoulder): A retrospective cohort.” in two days National seminar at Kaya Kalp Vivekanand Research Institute Palampur Himachal on 18th November 2018.
- ▶ Dr. Chris Antony, RO (Ayu.) Presented paper on ‘Prakara Yoga: An effective tool for disease prevention in children’ at PaprolaCon 2018, National Conference at RGGPGAC, Paprola, Distt Kangra, HP on 16th November 2018.

- ▶ Dr. Kavita Vyas, RO (Ayu.) participated in training programme for proposal writing and paper writing at PHFI's IIPH Delhi from 3rd December to 7th December 2018.
- ▶ Dr. Anubha Chandla, RO (Ayu.) attended a workshop on Advanced Social Media Insights- Level III at CCRAS Hqrs. on 22nd December 2018.
- ▶ Meeting of the **Institutional Ethics Committee** was held at In- Charge Office, RARIND, Jaral Pandoh under the chairmanship of Prof. B. L. Mehra for Ethical clearance and approval of projects like Clinical Evaluation of *Agastya rasayana* and *Apamarga kshara* in the management of Mild stable Bronchial Asthma (*Tamaka Shwasa*) and Reproductive and Child health Care project under S.C. sub plan. The IEC members accorded their approval for initiating these research projects.

Technical/Research Publications/Book/Book Review

CARIRD, Patiala

- Mane S, Gajarmal AA. A Comprehensive Study on animal product and their practices in Indian Traditional System of medicine. Abstract published in Souvenir of National Seminar on “Environmental Changes and its Impact on Faunal diversity in Indian Agro Eco System”.
- Gajarmal AA. Immunomodulatory activity of Chaturthamalaka Rasayana, an experimental evaluation. Abstract published in Souvenir of World Ayurveda Congress 2018.

RARISD Vijayawada

- Gupta DK, Devesh Kumar, Pal PK, Gautam DS, Narendra Kumar Singh. Detoxification and estimation of Atropine and Hyoscyne form Datura seeds by HPLC analysis. Asian Journal of Pharmacy and Pharmacology 2018; 4(4):467-72.
- Srinivas P, Subhose V, Deep VC, Sharma SK, Ota S, Sai Prasad AJV, Babu G, Radhakrishnan P, Sharma OR, Dua P, Rana R, Singhal R, Srikanth N. Clinical evaluation of Nisha Karakadi Kashaya and Yashada Bhasma in the Management of Type-2 Diabetes Mellitus (Madhumeha): A multicentre open label prospective study. J Res Ayurvedic Sci. 2018 Apr-June: 2(2):108-21.

NARIP, Cheruthuruthy

- Selvam TN, Kandiyoor RS, Sanjayakumar YR, Vasanthakumar KG, Gaidhani SN, Radhakrishnan P. Evaluation of Safety of Karnasphota (*Cardiospermum halicacabum* L.) Leaf through Acute Oral Toxicity Study and Repeated Dose: 28 days Oral Toxicity Study in Wistar Albino Rats. J Drug Res Ayurvedic Sci. 2018 Jan-Mar;3(1):15-22.

- Indu S. Chittamrit (Guluchi). Oushadham. October 2018.
- Mohod P, Nair PP, Shreedeepti GN, Goswami A, Mohod S. Animal utilization in Ayurvedic Surgical and Parasurgical Measures mentioned by Sushruta. Universal Review 2018 Nov;7(XI):525-30.
- Pradeepkumar PP, Radhakrishnan P, Krishna Rao S, Indu S, Deep VC. A Brief review on Avapeedaka snehapana principles and practice. Int J Res Ayurveda Pharm. 2018 Nov-Dec;9(5):24-6.
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CARIHD, Bhubaneswar

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Guest Lecture, Radio/TV Talk and Interview

MSRARIED, Jaipur

Dr. V.B. Kumawat, R.O. (Ayu.) was invited by Prasar Bharti, for discussion on the topic entitled” *Madhumeha ka Ayurvedic Upachar*” held on 22nd October,2018.This programme was live telecasted from 4.30 – 5.00 pm on DD Rajasthan through Kendra, Jaipur.

CARIHD, BBSR, Bhubaneswar

- Dr. A.K. Panda had participated as an expert at Zee Odisha (Zee Kalinga) on theme “Eye care in Ayurveda” on 23rd November 2018.
- Dr. G.C. Bhuyan had participated as an expert at Zee Odisha (Zee Kalinga) on the applied aspects of Panchakarma therapy – Kativasti on 23rd Nov., 2018, Shirodhara on 30th Nov. 2018, Sastika Sali Pindasweda on 8th Dec. 2018 and Jalouka Avacharana on 15th Dec. 2018.
- Dr. P. Panda & Dr. K.K. Ratha had participated as an expert in Pallishree programme on the topic OUSADHIYA GACHHA CHASHARE BACHA on 24th December 2018 at Doordarshan Kendra, Bhubaneswar.
- Dr. K.K. Ratha had participated as an expert in the public Health Show “Gaon re Datktar” program of Doordarshan Kendra Bhubaneswar on 18th November 2018 at Solar, Jajpur.

RARISD, Vijayawada

- Radio Talk by Dr. A.J.V. Sai Prasad on “Mana Arogyamulo Parisudhyam” Avasyakata (Importance of hygiene in our health) in All India Radio, Vijayawada which was broadcast on 29th October 2018.

Honors/Awards

CARIRD, Patiala

- Smt. Geetanjali, Sister In charge got 2nd position in Hindi Shabd Gyan and noting/drafting competition held by Town Level Official Language Implementation committee, Patiala for the year 2018.
- Smt. Rekha Rani, UDC got IIIrd position in essay writing competition held by Town Level Official Language Implementation committee, Patiala for the year 2018.
- Sh. Ravi Kumar, Lab. Technician got consolation prize in Poem competition held by Town Level Official Language Implementation committee, Patiala for the year 2018.
- Sh. Ravi Kumar, Lab. Technician received Dr. P.D Sethi memorial Annual National Award 2017 by Anchrom Technologist for two Articles, Namely; “Formulation and Evaluation of Anti-Inflammatory Herbal Topical Formulation of Leucas Aspera L” and Evaluation of in Vitro Anti-Inflammatory Activity and HPTLC analysis of Plant Phyllanthus Fraternus”

RAIFR, Pune

Ms. Shivani Gayakwad received the Best poster award certificate and 200 euro gift voucher of Springer Nature publication from Dr. Richard Vachet, University of Massachusetts Amherst, USA for poster entitled “Proteomic approach to decipher immune response of an Ayurvedic formulation (AYUSH) PJ7 by delayed type hypersensitivity (DTH) in Albino Wistar rats” presented in 10th Annual meeting of Proteomics Society, India (PSI) & International Conference on “Proteomics Cell Biology and Molecular Medicine” held at National Centre for Cell Science (NCCS), Pune from 12th to 14th December 2018.

Hindi Workshops and Training



Dr. A. Narayana, Director addressing the event and (Right) Smt. (Dr.) Naresh Bala, AD I/c, Hindi Teaching Scheme, Hyderabad delivered a lecture on 'हिंदी में टिप्पणी लेखन' at NIIMH, Hyderabad

For the implementation of the official language policy of official language Department, Workshop on Hindi was organized by all the peripheral institutes of CCRAS. Reports were received from NIIMH, Hyderabad; RARILSD, Thiruvananthapuram; CARIRD, Patiala; MSRARIED, Jaipur; RARISD, Vijayawada; NARIP, Cheruthuruthy; RADDI, Chennai; RAIFR, Pune; RARIND, Mandi etc. **MSRARIED, Jaipur** conducted Hindi Workshop at the institute on 26th December, 2018. A lecture on the topic entitled “*Karyalayee karya hetu Hindi ke shuddha, sarala, sarthaka va prabhavvee shabdavalee*” delivered by Dr. Deepika Vijayavargeeya, Associate Professor (Hindi Dept.), University of Rajasthan. **NARIP, Cheruthuruthy** organized a Hindi Workshop on 21st December 2018 which is inaugurated by Dr. G.K. Swamy, Director of the institute. Shri Sandeep Parashar, Deputy Manager, Officer language and Town Official Language Implementation Committee Secretary, was invited for delivering a lecture in Installation, usage of Unicode and Microsoft Bhasha India-Indic Language input tools and Google E-tools. **RAIFR, Pune** organised half day Hindi Workshop in the institute on 18th December 2018. Guest speaker, Dr. Ramashankar Ji vyas, Retd. Hindi Officer, National Chemical laboratory, Pune and Shreemati Lokprabha Ji waghe, Sr. Manager –Official Language, Zonal Office, Bank of Maharashtra, Shivaji Nagar, Pune, were invited. They delivered lecture on topics entitled “*bhartiya sanvidhaan mein raajabhasha vishayak praavadhaan*” *tatha* “*hindi bhaasha aur vyaakaran ka antarsambandh*”. **RARISD, Vijayawada** conducted Hindi Karyashaala on 28th December 2018. Shri Chiranjivi Rajabhasha Adhikari (Retd.) S.C. Railway, Vijayawada and Smt. Veena Tirki. Member Secretary, Official Language Officer, TOLIC, Vijayawada was attended as Guest speakers. **CARIRD, Patiala** organised a Hindi Workshop on 27th December 2018 in the institute. **RARILSD, Thiruvananthapuram** conducted Hindi Workshop on 21st December 2018 in which Dr. V.K. Jayasree –Dy. V.P., Official Language, Hill Life care LTD took class on “Technical usage of Official language Hindi”. RARIND, Mandi organized Hindi Workshop on 19th December 2018 where Chief Guest Mrs. Meena Thakur, gave a lecture on importance

of *Rajbhasha* Hindi in the official work of government offices. **NIIMH, Hyderabad** conducted quarterly **Hindi Workshop** on 20th November, 2018. During Hindi Karyashala, Dr. A. Narayana, Director (Instt.) addressed the official and staff of the institute. Smt. (Dr.) NareshBala, Assistant Director I/c, Hindi Teaching Scheme, Hyderabad delivered lecture on ‘*Hindi mein tippani lekhan*’.



Dr.Ramashankar Ji Vyas, (Retd.) Hindi Officer, National Chemical laboratory, Pune and (Right) Smt. Lokprabha Ji waghe, Sr. Manager –Official Language, Zonal Office, Bank of Maharashtra, Shivaji Nagar, Pune, delivered lecture at RAIFR, Pune



Lecture by Smt. Veena Tirki, Member Secretary, Official Language Officer, TOLIC, Vijayawada on the occasion of Hindi Karyashala

Lecture delivered by Shri Sandeep Parashar, Deputy Manager Official language at NARIP, Cheruthuruthy

Vigilance Awareness Week



Vigilance Awareness Week (29th October, 2018 – 3rd November, 2018)

Vigilance Awareness Week was celebrated from 29th October to 3rd November, 2018. The theme of the week was to “Eradicate corruption-Build a New India”. All the peripheral institutes of the Council celebrated the event. Reports were received from: As part of the week long programme at **NIIMH, Hyderabad** on the first day inaugural session for oath taking ceremony was conducted; three schools were visited to conduct GRAM SABHA. Essay writing and debate competitions were organized with the active participation of Institute’s staff. Winners were awarded with prizes on Valedictory function. At **RARILSD, Thiruvananthapuram**, Vigilance Awareness Week was inaugurated by AD In-Charge. Two Special Investigation officers from vigilance and Anti- Corruption urea, Govt. Of Kerala, visited RARILSD and delivered speech regarding the importance of the Vigilance Awareness. Awareness Classes and exhibition of posters were conducted, which aimed to raise public awareness regarding the existence, causes and gravity of the threat posed by corruption. Essay writing and debate competitions and integrity pledge taking were conducted for the staff. At **MSRARIED, Jaipur**, Integrity pledge was taken by all the employees of the institute. During this week lectures were delivered at Rishiraj Bhardwaj Senior Secondary School, Murlipura, Jaipur to aware the students. Essay writing and Debate competition were conducted in the Institute on the topics issues relating to corruption and the winners were awarded with prize by Dr. B. D. Kumawat, Joint Sec., Mines Dept., Govt. of Rajasthan. Inaugural program was conducted at **RARISD, Vijayawada** on 29th October. 13 Vigilance Awareness Gram Sabha were conducted at free medical camp sites of outreach programmes of SRP, AMHCP and THCRP. A total of 2164 public members have participated in this program and taken integrity pledge. E-pledge has also been taken by staff members of RARISD, Vijayawada. Director, **NARIP, Cheruthuruthy**, inaugurate the Vigilance Awareness Programme with the active participation of all Officials and Staff. Essay competition was conducted and Handouts /Pamphlets were distributed as part of the program. Pledge /E-Pledge among Staff and students were taken. All the officers and staff of **RADDI, Chennai**, had taken pledge with respect to Vigilance Awareness Week. Competitions were held during this period among staff. Sh. G. Sammantham, Retd. Dy. Superintendent of police was invited a chief guest during concluding day. During the inaugural session of vigilance awareness week oath was administered by all staff of **RAIFR, Pune**. The Chief Guest

Ms. Surekha Gharge, police inspector-Anti corruption bureau, pune, delivered lecture about how to prevent corruption in routine life. She also had discussed different case studies for easy understanding. Essay writing competition was conducted on the topic “Eradicate corruption-Build a New India .Speech competition was also conducted on the topic of “Ideas to control the corruption in India”. Prizes were distributed to winning participants in Essay and speech competition on the closing ceremony. Sensitization programme related to corruption and prevention was organized at school level and at Gram Panchayat, Dr. Shyam Baboo Prasad, RO (Pharmacognosy) had delivered lecture. Vigilance Awareness week was observed at **RARIND, Mandi**. Various awareness activities within the institute and in the periphery were conducted to combat corruption. On the concluding session of vigilance week, chief guest, Mr. Ramdev Thakur, DSP, Vigilance, H.P. shared his valuable knowledge and gave suggestions for eradicating corruption.



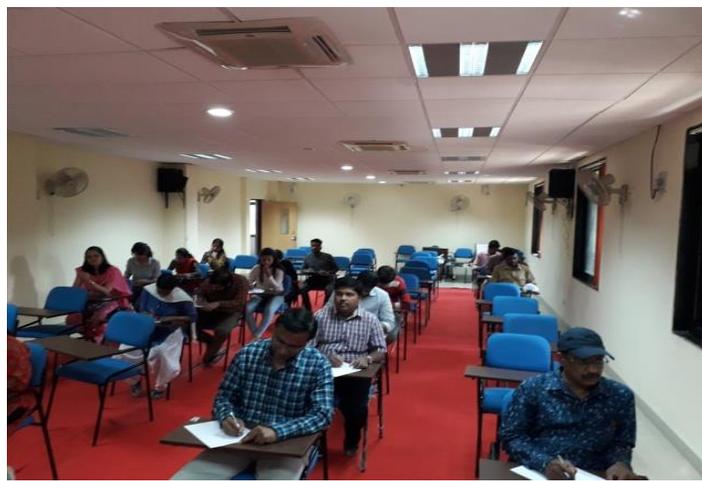
Dr. Ala Narayana, Director and staff of NIIMH and Students & faculty from Naturopathy College, Hyderabad took Pledge on Inaugural day of Vigilance Awareness Week.



Dr. P.V.V. Prasad, A.D (Ayu.) expressing his views on Vigilance awareness programme at Z.P.P.H.S, Kothapet, Hyderabad



Oath administered by Ms. Surekha Gharge, Police Inspector CBI, Pune and all staff of RAIFR, Pune, during the inaugural ceremony of Vigilance Awareness Week 2018.



Essay writing competition held during the Vigilance Awareness Week 2018 at RAIFR, Pune.



Awareness classes and poster exhibition Activities conducted outside the institute as a part of Vigilance Awareness week observance by RARILSD, Thiruvananthapuram.



Inaugural speech by Dr. G K Swamy and Integrity pledge by Director and staff of NARIP, Cheruthuruthy

Appointment/Promotions/Retirements

MSRARIED, Jaipur

Mr. Teekam Das Nirankari, Assistant was retired from the service on 30th November 2018.

Swachhta Pakhwada



Officers and staff participated during Swachhta Pakhwada at RAIFR, Pune.

As per the direction from the Council and Ministry of AYUSH, Swachhta Pakhwada was observed from 16th to 30th October 2018 by all the peripheral institutes. Reports were received from: **MSRARIED, Jaipur** celebrated Swachhta Pakhwada by taking Pledge on Cleanliness by all the employees of the institute. During the campaign, Institute and its surrounding were cleaned thoroughly. Old documents and useless items were inspected and write off accordingly. A slogan competition was organised on 26th November 2018. All the activities were done in observance of In-Charge, Institute and Officers. At **NARIP, Cheruthuruthy** Swachhta related classes were conducted in SRP and SCSP camps. Cleaning of Institute premises was carried out during the fortnight, Registers and files were reviewed in the Department and some unwanted registers were weeded out. Prizes and certificates were received in Essay and Slogan Competition conducted as part of Swachhta programme. **RAIFR, Pune** organised Swachhta Pakhwada in the institute. During this, Institute incharge Dr. G.P.Prasad Ji had visited the entire premises of the Institute and inspected the same. He had guided all staff for maintaining and cleanliness of Institute campus. Institutional parking was cleaned on dated 25th October 2018. The arrangements regarding the collection of waste materials and disposal of the same were made. **CARIRD, Patiala** celebrated Swachhta hi Sewa on 1st Oct, 2018 and 150th Birth Anniversary of Mahatma Gandhi on 2nd Oct, 2018. **RARIND, Mandi** celebrated Swachhta Pakhwada with active participation of officers and staff. During Pakhwada various cleanliness activities within the institute and in the periphery were conducted. Slogan writing competition was also conducted on the topic-‘importance of cleanliness. A scrutinizing committee was formed to assess the whole work. **RARILSD, Thiruvananthapuram**, took initiative in cleaning the children’s park and premises of Poojappura Mandapam during Swachhta Pakhwada. A slogan competition and swachhta pledge taking was organised for the staff of the institute.



During Pakhwada officers and staff cleaning the premises of RARIND, Mandi



Cleaning of surrounding institutional area by the staff members of CARIRD, Patiala



Cleaning of surrounding of Institute Complex and approach road by the staff members of NARIP, Cheruthuruthy

Know the Institute of the Council

REGIONAL AYURVEDA RESEARCH INSTITUTE FOR SKIN DISORDER, AHMEDABAD



Background and Mandate of the Institute:

Regional Ayurveda Research Institute for Skin Disorders, Ahmedabad (RARISD) is one of the functioning Research Unit of CCRAS, New Delhi in Gujarat State for undertaking, coordinating and promoting Research in Ayurveda. In the year 2007, Ayurveda Contraceptive Drug Research Institute (ACDRI), Ahmedabad was established by the amalgamation of 03 centers viz. RRI, Junagadh; DSR Project, Jamnagar and RSSCA unit of Ahmedabad. The Institute is renamed as Regional Ayurveda Research Institute for Skin Disorders in the year 2016. Institute is presently housed in a rent free building allotted by State Government of Gujarat. Initially, started its activities through various branches like OPD, Pharmacology & Survey of Medicinal plants etc. but presently, OPD is functioning with attached Dispensing section, Pharmacy, Laboratory for bio-chemical and pathological investigations, Panchakarma facility, Library etc.

The institute is entrusted with Clinical Research on the management of Skin Disorders through Ayurveda in a scientific manner. Institute is striving for excellence in the field of diagnosis, prevention and management of skin disorders through Ayurveda and planning to conduct Scientific Research Projects on skin disorders in collaboration with different AYUSH Systems, Dept. of Dermatology etc.

Activities and Achievements:

Since inception the institute at its various centers has completed the research projects on various diseases such as Malaria, Tamakshwasa, Kitibha, Amlapitta, Pradara, Amavata, Medoroga, Mutrashmari, Menopausal syndrome along with contraceptive agents. Rural Health Care Programme, Community Health Care Programme and Service Oriented Survey & Surveillance Programme have been conducted at RRI, Junagadh. Folk-medicinal claims of plants and plant parts have been collected from different areas of Gujarat State used among different tribes. Preliminary standardization work on various formulations and their ingredients from Ayurvedic Formulary of India Part I and Part II were completed at DSR project, Jamnagar. Drug standardization research work and Self-life period study on different formulations and single drugs were carried out.

The institute organizes various activities yearly as proposed by the Ministry of AYUSH as well as CCRAS such as Yoga Day, Ayurveda day, Poshan Pakhavada etc and brings the awareness regarding Ayurveda through lectures, demonstration, health camps, distribution of medicinal plants and brochures. Activities like Swacchata Pakhavada, Hindi pakhavada, Hindi karyashala, Vigilance awareness etc. are also celebrated by the institute to create awareness among general public. Till date the institute has organized/participated in various seminars/workshops and conferences to propagate research activities done by the council.

Currently the institute is working on research projects related to Dandruff, wound, Psoriasis, eczema etc.

The institute is also carrying the **outreach research projects** such as

- Implementation of integration of AYUSH with NPCDCS Programme of Ministry of Health and Family Welfare, Govt. of India has been initiated at District Surendranagar, Gujarat in collaboration with State NCD cell and Institute is entrusted to monitor the Program.
- Ayurveda Mobile Health Care Programme (AMHCP) under SCSP.
- Reproductive and Child Health Care Programme - Ayurveda Mobile Health Care Programme (AMHCP) under SCSP
- Tribal Health Care Research Project (THCRP)

Facilities available:

- OPD
- Minor OT
- Panchakarma unit
- Pathological and Biochemical laboratory
- Library



Contact Details:**Assistant Director In Charge**

Regional Ayurveda Research Institute for Skin Disorders

(C.C.R.A.S., Ministry of AYUSH, Govt. of India)

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