



Central Council for Research in Ayurvedic Sciences

News Bulletin

January – March 2020 | Vol.-II | Issue-I | www.ccras.nic.in



Glimpse of CCRAS publications released by Shri Shripad Naik, Hon'ble MoS (I C), MoA in the presence of eminent dignitaries along with the Director General, CCRAS Prof. Vd. K. S. Dhiman during National Seminar at RARIUD, Jammu on 11th January, 2020

National Seminar on Ayurveda and Integrative Medicine organized

A two-day National Seminar on 'Ayurveda and Integrative Medicine and its Contemporary Relevance along with a brainstorming session on AYUSH and Integrative Medicine- Scope and Challenges' was organized by RARIUD, Jammu at Hotel Ramada Conference Hall, Jammu City Center, Jammu on 11 – 12 January, 2020. The event was inaugurated by Shri Shripad Naik, Hon'ble Minister of State (IC), Ministry of AYUSH and Ministry of Defence, Govt. of India; Dr. Jitendra Singh, Hon'ble Minister of State(IC), MDoNER and Minister of State, PMO; Shri Roshan Jaggi, Joint Secretary, Ministry of AYUSH in the presence of Prof. Dr. Anup Thakar, Vice Chancellor, Gujrat Ayurved University; Prof. Vaidya K.S. Dhiman, Director General CCRAS; Dr N. Srikanth, DDG, CCRAS and other eminent dignitaries. The event also witnessed the release of CCRAS Publications.

Glimpse of International Workshop on “Preservation and Promotion of Sowa-Rigpa in Asia”



Regional Ayurveda Research Institute (RARI), Gangtok on behalf of CCRAS organized two-day International Workshop on “Preservation and Promotion of Sowa-Rigpa in Asia” at Chintan Bhawan, Gangtok, Sikkim on 28th - 29th February, 2020. The event was inaugurated by Dr. Mani Kumar Sharma, Hon’ble Minister of Health & Family Welfare Department and Social Justice & Welfare Department. Shri Lok Nath Sharma, Hon’ble Minister of Animal Husbandry & Veterinary Services Department,

Agriculture Department, Information & Public Relations Department and Printing & Stationery Department.; Shri Roshan Jaggi, Joint Secretary, Ministry of AYUSH along with Prof. Vd. K. S. Dhiman, Director General, CCRAS, New Delhi and Prof. Anup Thakar, Vice Chancellor, Gujarat Ayurveda University also graced the occasion. The workshop was also attended by the delegates from Mangolia and Nepal. More than 250 participants attended the workshop where CCRAS publications were also released.

ICoSDiTAUS-2020 thronged by International scholars and scientists



The International Conference on Standardisation of Diagnosis and Terminologies in Ayurveda, Unani and Siddha Systems of Medicine – ICoSDiTAUS 2020 was organized in collaboration with World Health Organization (WHO) from 25th – 26th February, 2020 at India Habitat Centre, New Delhi, India. The conference was attended by delegates from sixteen countries including Sri Lanka, Mauritius, Serbia, Curacao, Cuba, Myanmar, Equatorial Guinea, Qatar, Ghana, Bhutan, Uzbekistan, India, Switzerland,

Iran, Jamaica and Japan whereas Health Ministers of Curacao and Ghana also graced the event. Dr. Samira Asma, Asst. Director General, WHO addressed the gathering through video conference. The conference

deliberated upon the status of Traditional Medicine in the respective countries, standardisation of Diagnosis and Terminologies in Ayurveda, Unani and Siddha Systems of Medicine as well as inclusion of ASU systems as Module 2 of Chapter 26 of ICD – 11. The participants of the conference also agreed upon the Delhi declaration emphasising the commitment of the countries to Traditional Medicine as a significant area of health care.

Medical and Health Check-up Camps and Ethno-Medico-Botanical Tours

RARILSD, Thiruvananthapuram



Patients being examined during Geriatric Medical Camp at Asraya Old Age-Home on 6 January, 2020



View of Specialist Medical Camp on ENT, Gynaecology and Diabetes Mellitus conducted at Kattayikkonam SNDP Branch on 5 January, 2020

- Geriatric Camp conducted by Dr. Soumya M C, RO (Ay.) and Dr. Sinimol T P, RO (Ay.) organized at Asraya Old Age Home, Mudavanmugal on 6th Jan, 2020 & 15th Feb, 2020. Laboratory investigations and free distribution of medicines were conducted and a total of 54 patients benefitted.
- Gynaecology, ENT & Diabetic Camp conducted by Dr. Varsha Sumedhan, RO (Ay.); Dr. Praveen Balakrishnan, RO (Ay.) and Dr. Emy. S. Surendran, RO (Ay.) organized by Kattayikkonam SNDP Branch at Kattayikkonam on 5th Jan, 2020. Total 143 patients were examined during this camp and free medicine distributed to the patients.
- General Camp conducted by Dr. Sinimol T P, RO (Ay.) and Dr. Varsha Sumedhan, RO (Ay.) organized by Trikkannapuram new MLA road Residents Association & Sreekaryam on 4th Jan, 2020 and 20th Feb, 2020. Total 78 patients were examined during this camp and free medicine distributed to the patients.

MSRARIED, Jaipur

‘Swarnaprashan Programme’ was organised in the Institute on 3rd February, 2020 and 3rd March, 2020 by Department of Kaumarabhritya, National Institute of Ayurveda, Jaipur sponsored by Dabur India Pvt. Ltd.

CARIRD, Patiala

The Ayurveda Mobile Health Care Programme team under Schedule Caste Sub Plan conducted 60 surveys in five villages namely Marauri, Gopalpur, Kapurgarh, Urdan and Turan. Total numbers of 3050 population were covered and free medical services provided to 2760 patients.

IEC, Awareness programmes and Arogya Mela

CCRAS, Headquarters, New Delhi



Glimpses of International Women's Day Celebrations at CCRAS, Headquarters, New Delhi

An event was organized on 5th March, 2020 to mark the celebrations of International Women's Day at Council Headquarters office in Janakpuri, New Delhi. The event was planned around the theme of Gender Equality and Gender Neutrality. The Chief Guests Mrs. Lata Lochav, Advocate and Dr. Bharti, Director (Institute), CARICD, Punjabi Bagh, New Delhi inaugurated the event in the gracious presence of senior officials of the Council including Dr. N. Srikanth, DDG, Sh. Ravinder Ahluwalia, DDA, Dr. S.N. Gaidhani, CVO, and Dr. Ravindra Singh, A.D. (Chem.). While addressing the gathering, the dignitaries highlighted the achievements and contributions of female employees of CCRAS and applauded the organizers for the successful event. Various recreational activities including quiz contests, lemon spoon race, *kavya path*, singing contest etc. were also organized as part of the event. All the women employees were presented with plant saplings as a token of gratitude.

RARIMCH, Nagpur



Employees and Officials during the International Women's Day Celebration at RARIMCH, Nagpur

An event was organized to mark the celebrations of International Women's Day at RARIMCH, Nagpur on 9th March, 2020. Mrs. Kantatai Rarorkar, Corporator Hivarinagaras was the Chief Guest and Dr. Harshala Sharma, Dean, Datta Meghe Aurvedic College, Nagpur was the Guest of honor. Dr. R. Govind Reddy, Assistant Director-Incharge, honoured two legendary females with Shawl, Shriphala and bouquet. Dr. Harshala Sharma threw light on the subject of gender equality and health among women. Chief Guest of this programme Mrs. Kantatai Rarorkar delivered lecture on awareness of daily problems in society with duties and responsibilities of women in social context. On this occasion free blood investigations were done on O.P.D. basis. The Programme ended with vote of thanks by Dr. Savita Sharma, RO (Ay.).

RARILSD, Thiruvananthapuram



View of free NETRA Medical Camp during World Glaucoma Awareness Week from 9th to 13th March, 2020 at RARILSD, Thiruvananthapuram

World Glaucoma Awareness Week was celebrated in the institute from 9th to 13th March, 2020. Special Eye camps and public awareness sessions were organised with the aim of screening of visual health of people and educating the public regarding the Ayurvedic lifestyle methods for preserving and improving vision. A seminar was also organised for the Research Officers and House Surgeons on 'Basics of Glaucoma' and 'Interpretation of Eye reports'. The events were co-ordinated by Dr. Praveen Balakrishnan, RO (Ay.).



Glimpses of Awareness session on 'The Signs & Symptoms and Preventive Measures of CoVID-19' for OPD visitors and SCSP Camp at RARILSD, Thiruvananthapuram

A public awareness session on Novel Corona Virus (COVID-19) infection was conducted at the OPD on 5th February, 2020. Dr. Emy S. Surendran, RO (Ay.) explained the mode of transmission, symptoms and preventive measures to be taken to public through SCSP camp at Peringamala, Thiruvananthapuram. Dr. Praveen Balakrishnan, RO (Ay.) elaborated about the preventive measures of CoVID 19 infection and distributed IEC materials.



Pledge on preamble of Indian Constitution, awareness session and distribution of IEC at Govt. Jawahar LPS, Thenoor, Trivandrum and Asraya Old Age Home

In continuation to celebration of Constitution Day, various awareness activities were conducted by RARILSD, Thiruvananthapuram. IEC materials were distributed by AMHCP – SCSP team on the importance of the Indian Constitution on 6th January, 2020 at Thirupuram Panchayath. Awareness session was conducted by Dr. Jayakrishnan, SRF at Balaramapuram on 3rd January, 2020. Dr. Sinimol T. P., RO (Ay.) also conducted an awareness session and administered pledge on preamble of Indian constitution at

Govt. Jawahar LPS, Thenoor on 12th February, 2020; at Asraya old age home, mudavanmugal on 13th February, 2020 and at Mangalapuram Panchayat on 17th March, 2020 by AMHCP team.



Inauguration of Display Stall of NARIP by Dr. K. Sasidharan, Ayurvedic Physician and Ex. Principal, Nangellil Ayurveda College at Darshan Ayurveda Wellness Expo Global Yoga Festival, Thrissur

The Institute participated in Darshan Ayurveda Wellness Expo organized as part of 7th Global Yoga Fest (GYF-2020) under Universal Yoga Consciousness Group (UYCON) in collaboration with AYUSH systems at Thrissur Townhall, Thrissur, Kerala from 14th February, 2020 to 18th February, 2020.

CARIRD, Patiala

- Under Swachhata Action Plan (SAP), Dr. A.J.V Sai Prasad RO (Ay.) sensitized general public through lecture on the topic entitled ‘Use of plastic and its harmful effects’ at OPD of the institute. Dr. Anjali B. Prasad, RO (Ay.) deliver lectures on ‘Importance of cleanliness and precautionary measures of control outspread on Corona Virus’ at Bhai Lalo Middle School, Sular, Patiala, Punjab and ‘Preventive measures of combat outspread on Corona Virus’ at Tagore Public School, Moti Bagh Road, Patiala.
- In continuation to celebration of Constitution Day, various activities were organized in the institute including reading of the Preamble by officials and staff on 20th January, 2020 and 27th February 2020. Lectures on ‘Fundamentals Duties of Indian Citizen’ were delivered by the experts on dated 31st January 2020 and 27th February 2020.

Participation of Council Officers in Important Meetings, Seminars and Conferences and Presentation of Papers

MSRARIED, Jaipur

- Institutional Ethics Committee meeting held on 13th March, 2020. The power point presentations of the following projects were done to obtain Ethical Clearance-
 - a) Impact of Ayurveda based lifestyle advocacy and practices among apparently healthy individuals across selected cities in India-A randomized parallel group study.

- b) A Prospective Open Labelled Observational Study to Document ‘The potential safety issues and prescription trends in selected Rasausadhi’s’ in CCRAS - OPD’s across India.
- c) Tribal Health Care Research Programme (THCRP).

- Dr. K.K. Singh, Assistant Director, I/c and Dr. Suhas Adubhai Chaudhary, RO (Ay.) attended ‘National seminar on Ayurveda and Integrative Medicine and its contemporary relevance & Brainstorming session on AYUSH & Integrative Medicine -Scope and Challenges’ held on 11th -12th January, 2020 at Regional Ayurveda Research Institute, Jammu.
- Dr. Suhas Adubhai Chaudhary, RO (Ay.) attended training programme as a resource person on dissemination of research activity of CCRAS with special reference to “Prakriti Assessment Scale and AYUR Prakriti Web Portal” conducted on 15th to 17th January, 2020 at Dr. Sarvepalli Radhakrishnan Rajasthan Ayurveda University, Kadwad, Jodhpur (Rajasthan).
- Dr. S.K. Vedi, RO (Ay.) and Dr. Suhas Adubhai Chaudhary, RO (Ay.) attended International Conference on Standardisation of Diagnosis and Terminologies in Ayurveda, Unani, and Siddha Systems of Medicine (ICoSDiTAUS 2020), conducted on 25th – 26th February, 2020 at India Habitat Centre, Lodhi Road, New Delhi.
- Dr. S.K. Vedi, RO (Ay.) and Dr. Monika Kumari, RO (Ay.) attended one-day training programme for investigators regarding implementation of project entitled ‘Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently Healthy Individuals across selected cities in India- A Randomized Parallel Group Study’ conducted on 20th January, 2020 at CCRAS Headquarters, Janakpuri, New Delhi

RARIND, Mandi

- Dr. Vineeta Negi, R.O. In-charge attended “National Seminar on Ayurveda and Integrative Medicine and its contemporary relevance & Brainstorming session on AYUSH & Integrative medicine –scope and challenges” held on 11th – 12th January, 2020 organized by RARIND, Jammu at hotel Ramada, Jammu.
- Dr. Vikas Nariyal, RO (Ay.) participated as a resource person in training programme on Prakriti Assessment Scale and Ayur Prakriti web portal held at DAV College, Jalandhar on 25th – 27th January, 2020.
- Dr Anubha Chandla, RO (Ay.) participated as a resource person in training programme on Prakriti Assessment Scale and Ayur Prakriti web portal held at SDAC Chandigarh on 1st – 3rd February, 2020
- Dr. Vikas Nariyal, RO (Ay.) presented paper in seminar on “Integrative approach for Management of cancer” on topic: Ayurveda and palliative care; Scopes & Opportunities. Organized by: All India Institute of Ayurveda, New Delhi on 12th – 13th February, 2020.

- Dr. Vikas Nariyal, RO (Ayu) participated in International conference on Standardization of Diagnosis and Terminologies in Ayurveda, Unani and Siddha Systems of Medicine at India habitat Centre, Lodhi road, New Delhi organized by Ministry of AYUSH in collaboration with WHO on 25th – 26th February, 2020.
- Dr. Anubha Chandla, RO (Ayu), participated as a resource person in training programme on Prakriti Assessment Scale and Ayur Prakriti web portal held at Patanjali Ayurveda College, Haridwar on 12th – 14th March, 2020.

RARILSD, Thiruvananthapuram

Dr. Varsha Sumedhan, RO (Ay.) and Dr. Meghna P P, RO (Ay.) attended 1st meeting cum one day training program regarding implementation of project entitled “Impact of Ayurveda Based Lifestyle Advocacy and Practice among apparently healthy individuals across selected cities in India – A Randomised Parallel group study held on 20th January, 2020 at CCRAS Headquarters, New Delhi.

CARIRD, Patiala

- Dr. Rajesh Sannd, Assistant Director (Ay.); Dr. Harbans Singh, RO (Ay.) and Dr. Santosh S. Mane, RO (Ay.) attended ‘National Seminar on Ayurveda and Integrative medicine and its Contemporary Relevance and brainstorming Session on AYUSH & Integrative Medicine Scope and Challenges’, at Jammu from 11th to 12th January, 2020.
- Dr. Harbans Singh, RO (Ay.) attended ‘Training Programme for Master trainers on Standardized Prakriti Assessment scale and Ayur Prakriti Web Portal’ at Dayanand Ayurvedic College & Hospital, Jalandhar as resource person from 25th to 27th January, 2020.
- Dr. Baheti Sandip Kumar Ramjivan, RO (Ay.) and Dr. Gajarmal Amit Ashok, RO (Ay.) attended training programme on “Good Clinical Practice” at Clinical development Services Agency, Faridabad, organized by CDSA and BCL for National Biopharma Mission, Department of Biotechnology, Government of India at Faridabad from 25th to 28th January, 2020.
- Dr. Harbans Singh, RO (Ay.) attended as resource person in Training Programme for ‘Master trainers on Standardized Prakriti Assessment scale and AYUR Prakriti Web Portal’ at Shri Krishna AYUSH University, Kurukshetra from 31st January to 2nd February, 2020.
- Dr. Sanjiv Kumar, Assistant Director Incharge attended training programme for master trainers on ‘Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal’ at Shri Dhanwantry Ayurveda College, Chandigarh on 01st February, 2020.
- Dr. Anjali Baijnath Prasad, RO (Ay.) attended Training Programme for Master Trainers on ‘Standardized Prakriti Assessment Scale and AYUR Prakriti Web Portal at Shri Dhanwantry Ayurveda College, Chandigarh from 01st to 3rd February 2020.

- Dr. Harbans Singh, RO (Ay.) and Dr. Santosh S.Mane, RO (Ay.) attended International Conference on ‘Standardization of Diagnosis and terminologies in Ayurveda, Unani and Siddha System of Medicine (ICoSDiTANUS 2020)’ at New Delhi from 25th to 26th February, 2020.
- A workshop was conducted on awareness on ‘Sexual Harassment at work place’ by the Institute on 12th March, 2020.

NIIMH, Hyderabad

- Dr. J. Sridevi, Consultant (Siddha) participated in the 3rd Siddha Day and presented the poster entitled ‘Manuscript on Siddha Medicine in NIIMH, Hyderabad- A Review’ on 13th January, 2020 convened at Amma Arangam, Shenoy Nagar, Chennai.
- Dr. T. Saketh Ram, RO (Ay.) attended “International Working Group Meeting” from 18th to 19th February, 2020 at Tokyo, Japan
- Dr. Ashfaque Ahmad, R.O. (Unani), participated and presented a paper in the ‘ICHR sponsored Conference on History of Medicine in Theory and Practice: Health Care in India’ on 18th – 19th February, 2020 organized by the Department of History, Vidyasagar University, Midnapore, West Bengal.
- Dr. T. Saketh Ram, RO (Ay.) attended “International Conference on Standardization of Diagnosis and Terminologies in Ayurveda, Unani and Siddha Systems of Medicine (ICoSDiTAUS)”, held at New Delhi from 25th – 26th February 2020.

Guest Lectures, Radio/TV Talks and Interviews

RARILSD, Thiruvananthapuram

- Dr. Praveen Balakrishnan, RO (Ay.) delivered guest lecture on the topic “*Kriya Kalpa*” for the CCPT students at NARIP, Cheruthuruthy on 25th January, 2020.
- Dr. Emy S Surendran, RO (Ay.) delivered guest lecture on the topic “*Utharavasthi*” for the CCPT students at NARIP, Cheruthuruthy on 10th February, 2020.
- Dr. Varsha Sumedhan, RO (Ay.) delivered public talk on the topic “*Greeshma Ritu Charya*” in Akasavani on 27th February, 2020.
- Dr. Soumya M C, RO (Ay.) delivered lecture on “Healthy living through Ayurveda” at Loveshore Kindergarten on 28th February, 2020.

NIIMH, Hyderabad

Dr. T. Saketh Ram, RO (Ay.) delivered guest lecture on ‘History of Ayurveda’ and ‘Orientation Training Programme (OTP) of Ayurveda for Non-AYUSH doctors and scientists’ at The Interactive Research School for Health Affairs (IRSHA), Bharati Vidyapeeth, Deemed to be University, Pune on 27th January, 2020.

Honours /Awards

RARILSD, Thiruvananthapuram



Dr. D. Sudhakar, AD I/c receiving certificate and trophy from Hon'ble Shri Arif Muhammed Khan, Governor of Kerala for winning the 1st prize of TOLIC Rajbhasha Award for the year 2020

- RARILSD won the 1st prize of TOLIC Rajbhasha Awards for the year 2020. Hon'ble Governor of Kerala, Shri Arif Muhammed Khan awarded trophy and certificate to Dr. D Sudhakar, AD In-Charge on 20th Feb, 2020.
- SPANDAN – The Hindi magazine of RARILSD got 3rd prize as the best house journal in Hindi by the TOLIC.

CARIRD, Patiala

Dr. Sanjiv Kumar, Assistant Director Incharge received ‘Distinguished Scientist Award’; Dr. A.J.V Sai Prasad, Research Officer (Ay.) received ‘Research Excellence Award’; Dr. Rinku Tomar, Research Officer (Ay.) received ‘Women Scientist Award’; Dr. Harbans Singh, Research Officer (Ay.) received ‘Research Excellence Award’; Dr. Anjali Baijnath Prasad, Research Officer (Ay.) received ‘Young Scientist’ and Dr. Baheti Sandipkumar Ramjivan, Research Officer (Ay.) received ‘Eminent Scientist Award’ from Adarsh Vijendra Institute of Pharmaceutical Science, Shobhit University, Gangoh, Saharanpur on 15th February, 2020

Council Celebrates Poshan Pakhwada across the Country

As per the directives of Ministry of AYUSH all the Institutes functioning under CCRAS across the country celebrated “Poshan Pakhwada” within the time frame of 8th and 22nd March 2020. Under this programme, awareness sessions about the importance of nutrition for maintaining good health especially during pregnancy, lactation and childhood and adolescence were conducted among general public through public lectures, distribution of IEC materials etc. Health & Nutrition camps were also conducted at village level through various outreach activities viz. SCSP programme and Tribal Health Care Programme.

RARIMCH, Nagpur celebrated Poshan Pakhwada from 8th March to 22nd March. Various activities, lectures, awareness sessions were carried out during the event. Women and their family members were informed about the importance of Poshan, Ritucharya, seasonal lifestyle & diet that need to be followed according to the particular seasonal requirement. Lectures were delivered on the topic Aahar, awareness about the corona Virus and prevention of COVID-19 and explanation of Ashtavidha Aahar Vidhi Visheshayatan. Interactive session between patients and doctors on Poshan Pakhwada, answered all queries related to Importance of water in diet, *Pathyapathya*, *Virudhaahara* and Importance of nutritional diet in day-to-day routine, Nutritional Diet for Geriatric Patients. Lecture on *Dinacharya*, explained how to live a healthier, happier, longer life by regulating biological clock, and advocating healthy lifestyle. Guest Lecture on ‘Information about Malnutrition and Preventive Measures’ was delivered.

RARIND, Mandi celebrated Rashtriya Poshan Maah in the month of March. Various activities like awareness lectures at OPD level, health camps for school going children and Poshan Pakwan competition were conducted till 18th March, 2020. Nutrition related awareness lectures were also conducted at peripheral level and through outreach programme of SCSP.

RARILSD, Thiruvananthapuram celebrated Poshan Pakhwada from 8th to 22nd March 2020 in the institute. Various awareness sessions in respect to importance of ‘Health and Nutrition’ were conducted for the public through OPD and outreach programme.

CARIRD, Patiala celebrated Poshan Pakhwada in the institute from 8th to 22nd March, 2020. Various awareness lectures were delivered at O.P.D levels and through outreach camps of SCSP. Dr. Rinku Tomar, RO (Ay.) delivered lectures on Immune system boosting foods at Bhai Lalo Middle School, Sular, Patiala, Punjab and Good food guide for school going children at Tagore Public School, Moti Bagh Road, Patiala.

Glimpse of Poshan Pakhwada activities:



Awareness lectures in progress during Poshan Pakhwada at RARIMCH, Nagpur



Views of Poshan Pakwaan competition during Poshan Maah at RARIND, Mandi



Awareness sessions being conducted by Dr. Sinimol T. P., RO (Ay.) and Dr. Meghna P., RO (Ay.) during Poshan Maah at RARILSD, Thiruvananthapuram



Dr. Harbans Singh, RO (Ay.) delivering lecture on Importance of healthy diet in institute OPD during Poshan Pakhwada at CARIRD, Patiala

Dr. Rinku Tomar, RO (Ay.) delivering lecture on Immune System Boosting Foods at Bhai Lalo Middle School, Sular, Patiala on the eve of Poshan Pakhwada at CARIRD, Patiala

International Hindi Day

NIIMH, Hyderabad



Mr. Ch. Subba Rao, Member Secy. TOLIC delivering lecture on the occasion of Vishwa Hindi Divas at NIIMH, Hyderabad



Inauguration of cover page of "Hindi Quarterly Magazine Pravah" at NIIMH, Hyderabad on the occasion of Vishwa Hindi Divas

Institute organized Hindi Workshop, on the eve of "Vishwa Hindi Divas" and arranged guest lectures by Mr. Ch. Subba Rao, Member Secretary, TOLIC and Dr. Anuradha Pandey, Hindi Officer, DRDO on 10th January, 2020. On this occasion cover page of "Hindi Quarterly Magazine Pravah" inaugurated by Chief Guests. Institute organized Quarterly Hindi Karyasala on 12th March, 2020. On this occasion, Dr. Anuradha Pandey, Hindi Officer, DRDO delivered a lecture.

RARILSD, Thiruvananthapuram



View of Guest lecture delivered by Dr. Emy S. Surendran, RO (Ay.) on the topic 'Jeevanshaili rog-vyapak evam niwaran' at ISRO, Vattiyoorkkavu, Trivandrum on 10th January, 2020 as a part of Vishwa Hindi Divas celebration

Vishwa Hindi Divas celebrated in the institute on 10th January, 2020. Chief guest Smt. Renjini K.R., Assistant Director (OL) & Member Secretary, TOLIC I, Thiruvananthapuram delivered lecture on the use of Hindi language in official work.

Republic Day Celebration

RARILSD, Thiruvananthapuram



View of National Flag hoisting ceremony by Dr. D. Sudhakar, AD In-charge at RARILSD, Thiruvananthapuram

RARILSD, Thiruvananthapuram celebrated Republic day in the institute on 26th January, 2020. National flag hoisted by Dr. D. Sudhakar, AD In-charge. All Officers and staff participated in the event with full enthusiasm and zeal.

NARIP, Cheruthurthy



View of 71st Republic Day Celebration at NARIP, Cheruthurthy

Workshop on “Provision of the Law Pertaining to Sexual Harassment of Women at Work Place”

Workshops on ‘Provision of the Law Pertaining to Sexual Harassment of Women at Work Place’ at Council Institutes including CARICD, New Delhi; NARIP, Cheruthuruthy; RARIED, Lucknow; RARISD, Vijayawada; RARIMCH, Nagpur and RARIGID, Guwahati on 7th March, 2020; 22nd February, 2020; 15th February, 2020; 29th February, 2020; 22nd February, 2020 and 6th March, 2020 respectively. All the employees of the respective institutes attended the workshop. The objective was to give wider publicity regarding the provisions of the law pertaining to Sexual Harassment of women at work place Act 2013 (Prevention, Prohibition and Redressal) to strengthen the prospects of women in the field of Research and Development in a health and secure atmosphere.

Glimpses of activities during the workshop:



Dr. Bharati, Director Institute, CARICD New Delhi during her address in the presence of eminent dignitaries.



Mr. T. Kiran Babu, BABL, Advocate, delivering lecture on the provision of the relevant law for sexual harassment of women at work place at RARISD, Vijayawada



View of workshop on “Provision of the law pertaining to sexual harassment of women at work place” on 22nd February, 2020 at RARIMCH, Nagpur



Chief Guest, Miss Pooja Dey Sarkar, Trainer Educative, Guwahati delivering lecture at RARIGID, Guwahati



Chief Guest Dr. Seema Rana, State Vice President, All India Democratic Women's Association, Lucknow delivering lecture during workshop at RARIED, Lucknow



Inaugural ceremony of workshop by Chief Guest Adv. O. M. Shalina, High Court of Kerala at NARIP, Cheruthuruthy

संपादकीय मंडल / Editorial Board

मुख्य संपादक

प्रो. वैद्य करतार सिंह धीमान, महानिदेशक

कार्यकारी संपादक

डॉ. एन. श्रीकांत, उपमहानिदेशक

सह संपादक

डॉ. भारती, स.नि. (आयु.)

डॉ. ए. के. मंगल, स.नि. (भेषजगुण विज्ञान)

डॉ. राजेश सण्ड, स.नि. (आयु.)

डॉ. आदर्श कुमार, स.नि. (आयु.)

डॉ. बी. एस. शर्मा, अनु. अधि. (आयु.)

डॉ. वी. के. लवानिया, अनु. अधि. (आयु.)

डॉ. रेनू सिंह, अनु. अधि. (आयु.)

डॉ. राधे कृष्ण, अनु. अधि. (प्रकाशन)

तकनीकी सहयोग

डॉ. पंचाक्षरी पाटील, वरि. परामर्शदाता

श्री मनीष बर्नवाल, कार्या. सहायक

Editor-In-Chief

Prof. Vaidya K. S. Dhiman, Director General

Executive Editor

Dr. N. Srikanth, Deputy Director General

Associate Editors

Dr. Bharti, AD (Ay.)

Dr. A. K. Mangal, AD (P'cognosy)

Dr. Rajesh Sannd, AD (Ay.)

Dr. Adarsh Kumar, AD (Ay.)

Dr. B. S. Sharma, RO (Ay.)

Dr. V. K. Lavaniya, RO (Ay.)

Dr. Renu Singh, RO (Ay.)

Dr. Radhe Krishan, RO (Publication)

Technical Support

Dr. Panchakshari Patil, Senior Consultant

Mr. Manish Barnwal, Office Assistant