



CCRAS NEWS BULLETIN



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July - September, 2015

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❖ PROGRAMMES OF GLOBAL / NATIONAL IMPORTANCE:

The Government of India is promoting Ayurveda globally along with other Indian systems of medicines and Homoeopathy. In this prospective, a Yoga and Traditional Medicine Center was setup for 4 weeks at Medical University, Ashgabat, Turkmenistan from 4th July to 31st July, 2015. The Honorable Prime Minister of India Shri Narendra Modi Ji visited and inaugurated this centre on 11th July, 2015. A set of publications on Ayurveda, Traditional Indian Medicine and information brochures published by Ministry of AYUSH and CCRAS was presented to the Hon'ble Minister of Health Care and Medical Industry, Turkmenistan Mr. Nurmuhammet Amanepes by Dr. N. Srikanth, A.D. (Ay.), CCRAS who was deputed by the Ministry of AYUSH for this event.



Honorable Prime Minister of India Shri Narendra Modi Ji, at inaugural function of Yoga and Traditional Medicine Center at Ashgabat, Turkmenistan on 11th July, 2015.

❖ FIRST VISIT OF SECRETARY AYUSH TO CCRAS INSTITUTE AFTER HIS JOINING:

Shri. Ajit M. Sharan, IAS, Secretary to Govt. of India, Ministry of AYUSH visited National Institute of Indian Medical Heritage, Hyderabad on 30th September, 2015 to take a review of its activities. This was the first institute of CCRAS visited by Hon'ble Secretary AYUSH after his joining. A technical review meeting was held under his Chairmanship at NIIMH Hyderabad. Dr. Ala Narayana, Director, NIIMH made a presentation on Institute's Research activities and achievements.



Hon'ble Secretary AYUSH, Shri. Ajit M. Sharan reviewing the achievements & activities at NIIMH Hyderabad, Telengana

❖ CAPACITY BUILDING PROGRAMME:

➤ Workshop on 'Medical Writing – Hands on Training'

The Council has organized a workshop on 'Medical Writing – Hands on Training' on 9th & 10th September, 2015 at NRIADD, Kolkata, West Bengal for imparting training to its fresh officers on the science and art of writing research articles / papers / short communications and book chapters etc. Academicians and Experts from various renowned institutes delivered lectures and gave practical exercises to the participants. Approx. 100 delegates actively participated in the workshop. Prof. Santanu K. Tripathi, Dr. Pulok K. Mukherjee, Prof. R. N. Acharya, Dr. Pawan Godatwar and Dr. Galib were some of the eminent speakers in this workshop. Prof. Vd. Kartar Singh Dhiman, Director General, CCRAS delivered his introductory lecture on "Medical Writing – Needs and Importance", emphasizing the importance of publication in the modern era of market to deliver the research findings up to the end users i.e. Researchers, Scientists and Academicians through high impact / peer reviewed journals. The speakers gave deliberations on the topics viz. 'How to write short communications, book chapter, review article'; "Writing of Introduction- Research Question, Literature Review, Justification, Aims & Objectives with study Design & Methodology", "Abstract writing and submission of article to the journal", "Reference writing, Authorship issues and writing of acknowledgement in Research article", "Writing Observation, Discussions, Summary & Conclusion in Research Articles"; "Use and Misuse of language and common fallacies in scientific writing"; "Writing paper in an impact journal" and "Statistical Methodology & Medical Writing"



Prof. Vd. K S Dhiman, D G, CCRAS, addressing the audience in the inaugural session.



Prof. Vd. K S Dhiman, D G, CCRAS, in the middle, inaugurating the Souvenir of the workshop.

Following scientists of CCRAS participated in the workshop:

S. No.	Name, Designation and Institute
OFFICERS FROM CCRAS HQRS., NEW DELHI	
1.	Prof. Vd. K.S. Dhiman
2.	Dr. M.M. Padhi
3.	Dr. Bharti
4.	Dr. A.K. Mangal
5.	Dr. Sarada Ota
OFFICERS FROM PERIPHERAL INSTITUTES	
6.	Dr. G.K. Swamy, AD(Ay.), NRIP, Cheruthuruthy
7.	Dr.M.N. Suryawanshi, AD(Ay.), AMHRI, Nagpur
8.	Dr. B.K. Bharali, AD(Ay.), NEIARI, Guwahati
9.	Dr. T.K. Mandal, AD(Ay.), ARRI, Gangtok
10.	Dr. R. Ilavarasan, AD(Pharmacology), CSMDRIA, Chennai
11.	Dr. H. Panigrahi (S-2), RO (Ay.), ACRI, New Delhi
12.	Dr. Deepa Makhija (S-2), RO (Ay.) ACRI, New Delhi
13.	Dr.S.K.Meher, RO (Ay.), NRIADD, Bhubaneswar
14.	Dr. Sanjay Kr Singh, RO (Ay.), NVARI&H, Lucknow
15.	Dr. Sneha Marlewar, RO (Ay.), ACRI, Mumbai
16.	Dr. V.B. Kumawat, RO (Ay.), ACRI, Jaipur

S. No.	Name, Designation and Institute
17.	Dr. P.L.Bharati, RO (Ay.), NRIASHRD, Gwalior
18.	Dr. Anil Mangal, RO (Ay.), NRIASHRD, Gwalior
19.	Dr. M.M.Wanjari, RO (Pharma.), NRIASHRD, Gwalior
20.	Dr. Bhavana Srivastava, RO (Chem.)
21.	Dr. T.Maheswar, RO (Ay.), NARIVBD, Vijayawada
22.	Dr. Kiran S. Deshbhratar, RO (Ay.), AMHRI, Nagpur
23.	Dr. Sanjay Kumar Giri, RO (Ay.), NADRI, Bangalore
24.	Dr. Shashidhar H. Doddamani, RO (Ay.), NADRI, Bangalore
25.	Dr.Srinivasan M, RO (Biochem.), ARIMCHC, Trivandrum
26.	Dr. A.K.Shrivastava, RO (Ay.), ARRI, Patna
27.	Dr. Laxman W.Bhurke, RO (Ay.), ARRI, Jammu
28.	Dr.Om Raj Sharma, RO (Ay.)(S-4), ARRI, Mandi
29.	Dr. Gangurde Vilas V., RO (Ay.), ACDRI, Ahmedabad
30.	Sh. J.C. Arya, RO (Bot.), RRIHF, Tarikhet
31.	Dr. S.D. Pawar, RO (Pharmacology), NRIBAS, Pune
32.	Dr. G. Kusuma, RO (Ay.) CSMDRIA, Chennai
33.	Dr. G.V. Ramana, RO (Ay.), ACAMH&NS, Bangalore
34.	Dr.K.Prameela Devi, RO (Ay.) (S-2), ALRCA, Chennai
35.	Dr. Santosh Santilal Mane, RO (Ay.), ATHCRP, Portblair

➤ One day workshop on “Emerging Trends in Research and Healthcare”

The Council organized a one day workshop on “Emerging Trends in Research and Healthcare” on 23rd July, 2015 at CCRAS, Hqrs., New Delhi to acquaint the importance of Network Pharmacology, emphasize on the role of integrative medicine its approach & research and acquaint & upgrade the methods for Medical Writing. In the Inaugural Session, after the Welcome and Introductory Remark of Prof. Vd. Kartar Singh Dhiman, Director General, CCRAS, the Keynote Address was delivered by Dr. Vijay Mohan Kohli, Senior Consultant Cardiac Surgeon, Metro Heart Institute, New Delhi and Shri Nilanjan Sanyal, Secretary, Ministry of AYUSH gave an Inaugural Address. Dr. Manoj Nesari and Dr. D. C. Katoch, Advisors(Ay.), Ministry of AYUSH and other distinguished speakers Dr. Bhusan Patwardhan, Professor & Director, Interdisciplinary School of Health Sciences, Savitribai Phule Pune University, Dr. R.M.Pandey, Professor & Head, Dept. of Biostatistics, All India Institute of Medical Sciences, New Delhi, Vaidya Pawan Kumar Godatwar, Associate Professor & HOD, Department of Roga & Vikriti Vigyan (Pathology), National Institute of Ayurveda, Jaipur, Dr. Geeta Krishnan, Ayurveda Consultant, Medanta- MediCity, Gurgaon addressed the participants. The speakers gave deliberations on the topics Integrated Medicine, Network Pharmacology, Proposal Writing and Medical Writing.



Prof. Vd. K.S. Dhiman, DG, CCRAS; Dr. M.M. Padhi, DD(T), CCRAS; Dr. D.C. Katoch, Advisor(Ay.), Ministry of AYUSH; Sr. Nilanjan Sanyal, Secretary, Ministry of AYUSH; Dr. Manoj Nesari, Advisor(Ay.), Ministry of AYUSH; Dr. Vijay Mohan Kohli, Senior Consultant Cardiac Surgeon, Metro Heart Institute, New Delhi; Dr. I.N. Acharya, Director I/c, CCRYN and Dr. R.K. Manchanda, DG, CCRH during inaugural session of workshop on “Emerging Trends in Research and Healthcare” held on 23rd July, 2015 at CCRAS, Hqrs., New Delhi

Following officers from the Council participated in the workshop:

S. No.	Name, Designation and Institute	S. No.	Name, Designation and Institute
OFFICERS FROM CCRAS HQRS., NEW DELHI			
1.	Dr. Bharti, AD (Ay.)	35.	Dr. Kishore Kumar, RO(Ay.),NADRI, Bangalore
2.	Dr. G.V.R. Joseph, A.D. (Bot.)	36.	Dr. Susmita P.Otta, RO(Ay),ARIMCH, Thiruva.
3.	Dr. Sudesh N. Gaidhani, A.D. (Pharmacology)	37.	Dr. P. Panda, RO(Ay.), NRIADD, Bhubaneswar
4.	Dr. Pramila Pant, AD (Chemistry)	38.	Dr. D.S. Sahu, RO(Ay), NRIADD, Bhubaneswar
5.	Dr. Anupam K. Mangal, A.D.(Phar'cognosy)	39.	Dr. A.K. Jain, RO(Ay),ACRI,Jaipur, M/oAYUSH
6.	Dr.Ravindra Singh, AD (Chemistry)	40.	Dr. S.K. Lale, R.O. (Ay.), NVARI, Jhansi
7.	Dr. V.K. Shahi, RO (Ay.) (S-4)	41.	Dr. Seema Jain, R.O. (Ay.), ACRI, Punjabi
8.	Dr. S. Singh, RO (Ay.) (S-4)	42.	Dr. Balaji Pothbare, RO(Ay.), HARC, Nagaland
9.	Dr. Sarada Ota, RO (Ay.)	43.	Dr. V.Subhose, RO(Ay.),NARIVBD, Vijayawa.
10.	Dr. G.C.Bhuyan, RO (Ay.)	44.	Dr. Neelima Sharma, R.O. (Ay.), NVRI, Jhansi
11.	Dr. B.S.Sharma, RO (Ay.)	45.	Dr. D.S. Rotwar, RO(Ay.),NRIASHRD, Gwalior
12.	Dr. Vinod Kumar Lavaniya R.O. (Ay.)	46.	Dr. Saroj K.Debnath, RO(Ay),ARRI,Gang.,Sikk.
13.	Dr. Shruti Khanduri, R.O. (Ay.)	47.	Dr.K.K.Rath, R.O. (Ay.), NRIADD, Kolkata
14.	Dr. Renu Singh, R.O. (Ay.)	48.	Dr.D.Das, R.O. (Ay.), NRIADD, Kolkata
15.	Mrs. Talat Anjum, RO (Bot.)	Botany Discipline	
16.	Dr. Arjun Singh, RO (Chem.)	49.	Dr. G.C. Joshi, R.O. (Botany), RRIHF, Ranikhet
17.	Dr. Chinmay Rath, RO (Bot.)	50.	Sh. N.K. Pandey, RO(Bot.), NRIASHRD, Gwalr.
18.	Dr. Adarsh Kumar, R.O. (Ay.) S-3, M/oAYUSH	51.	Mr. Devanjal Bora, RO(Bot.), NEIARI, Guwah.
19.	Dr. Vipin Kumar Sharma, RO (Ay.), M/oAYUSH	52.	Sh. C.Arunachalam, RO(Bot.),CSMRIADD,Chn.
20.	Dr. Pradeep Kumar Dua, R.O.(Ay.), M/oAYUSH	53.	Sh. Sugriv K. Gaur, R.O. (Bot.), NVARI, Jhansi
Ayurveda Discipline		54.	Dr. V. Rama Rao, RO (Bot.), NADRI, Bangalore
21.	Dr. S.N. Murthy, AD (Ay.), NRIBAS, Pune	55.	Dr. Usha Kiran, R.O. (Botany), NVARI, Jhansi
22.	Dr. Rajesh Sannd, R.O. (Ay.), NIAPR, Patiala	56.	Dr. W.Rungsung, RO(Bot.), NRIADD, Kolkata
23.	Dr. Dipika Tiwari, RO(Ay.), NVARI&H, Lko.	Pharmacognosy Discipline	
24.	Dr. Vimal Tiwari, RO(Ay.), NVARI&H, Lko.	57.	Sh. G. Nartunai, RO(Ph'osy),CSMRIADD, Chn.
25.	Dr. T.Saket Ram, RO(Ay.), NIIMH, Hydrbad.	58.	Harjeet Singh, R.O. (Ph'gnosy), NIAPR, Patiala
26.	Dr. Sakshi Sharma, RO(Ay.), ACRI, N. Delhi	Pharmacology Discipline	
27.	Dr. Sangeeta Sangvikar, RO(Ay),NRIBAS, Pune	59.	Dr.R.Arunadevi,RO(P'logy),CSMDRIADD,Chn.
28.	Dr. K.K. Singh, R.O. (Ay.) S-3, ARRI, Patna	60.	Dr. Manjit Bora, RO(P'logy), NVARI&H, Lko.
29.	Dr. Manohar S. Gundeti, RO(Ay.),ACRI, Mumb.	Chemistry Discipline	
30.	Dr. Rakhi Mehra, A.D. (Ay.), ACRI, New Delhi	61.	Sh.Vasanthakumar KG,AD(Chm.)S3,NRIP, Ker.
31.	Dr. Rinku Tomar, R.O. (Ay.), NIAPR, Patiala	62.	Dr.Bhavana Sri., RO(Chm.),NRIASHRD, Gwlr.
32.	Dr. Harbansh Singh, R.O. (Ay.), NIAPR, Patiala	Unani Discipline	
33.	Dr. Dinesh Baruah, RO(Ay.)S3,NEIARI,Guwati.	63.	Dr. Ashfaque Ahmad, RO(Un.), NIIMH, Hyder
34.	Dr. M.N. Subhashree, RO(Ay.),NADRI, Banglr.	Experimental Pathology	
		64.	Dr.SrirangJamadagni,RO(ExPath)NRIADD,Kol.

➤ CCRAS REPRESENTED ABROAD



Dr. S.N.Gaidhani presenting a paper in 4th International Congress on Pharmacology at Havana, Cuba.

Dr. Sudesh N. Gaidhani, Asst. Director (Pharmacology), CCRAS Headquarters was deputed by the Ministry of AYUSH, Govt. of India to participate in the 4th International Congress on Pharmacology of ‘*Natural Products Pharmacology*’ from 20th – 25th September, 2015 at Havana, Cuba. Around 180 eminent scientists from 21 countries participated in this congress.

In this event, he delivered a lecture on “*Ayurveda: An Evidence Based Medicine*”.

➤ COLLABORATIVE RESEARCH ACTIVITIES

- The Council has taken steps for active collaboration with ICMR for validation of Ayurvedic drugs/therapies for hepatoprotective intervention and validation of Ayurveda drugs for the management of Dengue.
- The Council has taken initiatives for formulating the proposals to be submitted to ICMR under Grant-in-aid for Inter-sectoral collaboration of DHR/ICMR-AYUSH on ‘Maternal and Child Health’.
- An Agreement has been undertaken on 24th August, 2015 between CCRAS and claimant Dr. Ishwar Chander, Nangal Dam, Punjab for development of an Ayurvedic formulation for treatment of Migraine.
- The Council has taken initiatives for establishing active collaboration with Ayurvedic Pharmaceutical industries such as M/s Akums Drugs and Pharmaceuticals Limited in the area of drug development and translation of research through commercialization.
- Efforts are also being made to identify Ayurvedic Pharmaceutical industries for the preparation and supply of research medicines through Expression of Interest.

➤ RESEARCH PUBLICATIONS, SCIENTIFIC PRESENTATIONS AND RADIO/TV TALK

- Biresh Kumar Sarkar, Manish Devgan & X. Fatima Grace published a paper on “*Comparative study of effect of different polymers combinations on antimicrobial activity of herbal gel of Syzygium Cumini*” in International Journal of Drug Formulation and Research, May-June 2015, Volume 6, Issue 3, 42-47.
- Ota Sarada, Devi Kanchnara P, Kutty Madhavi P, Kumari Krishna, Kale Kiran V, Bhatnagar Anu, Ota Sushmita Priyadarshini, Tomar Rinku, Jain Seema, M N Subhashree, N Srikanth, Padhi M M, & Dhiman K.S. published a paper on “*The Management of Primary Dysmenorrhoea (Kashtartava) – A Prospective Multicentric Open Observational Study*” in International Journal of Ayurveda and Pharma Research, IJAPR, July 2015, Vol. 3, Issue 7, 7-14.
- Snehal Singh, Maddi Ramaiah, Manish Devgan & Biresh Kumar Sarkar published a paper on “*Phytochemical and Comparative Antioxidant Evaluation by DPPH and Reducing Power Assay of Hybanthus Enneaspermus*” in International Journal of Pharmaceutical Science September 2015, Volume 1, Issue 1, 1-4.

- Shah RG, Malgaonkar MM, Shirolkar AR, Sangvikar SG, Murthy SN, Pawar SD and Kulkarni YR published a paper on “*Molecular Analysis of Mucuna pruriens (L.) DC. and Mucuna cochinchinesis (Lour.) A. Chev. using RAPD Markers helps to understand genetic variations*” in IOSR Journal of Pharmacy and Biological Sciences (IOSR-JPBS). 10 (4). Ver. V., July – August, 2015: 01-05. (www.iosrjournals.org).
- D. Bora, Research Officer (Botany) published a paper entitled, *Distribution of Angiospermic Monotypic Taxa in North East India & Their Conservational Importance* in International Journal of Conservation Science (ISSN: 2067-533X), 6(2), April-June 2015: 223-232.
- *Clinical Evaluation of Ayurvedic Drug in the Management of Manodwega (Anxiety Neurosis)* published by Dr. A.D. Jadhav, Dr. Anil Mangal et al. in JRAS Vol. 35 No. 1-4, Jan. Dec. 2014.
- “*Clinical Evaluation of Kankayan Vati, Triphala Churna and Kashishadi Taila in the management of Arsh/Raktarsh*” and “*An observational study on Tribal Health Care Research Programme in Ghatgaon Tribal pocket of Gwalior*” published by Dr. Om Prakash at el. in JRAS Vol. 35 No. 1-4, Jan. Dec. 2014.
- Dr. G.P. Prasad, R.O.(Ay.), NARIVBD, Vijayawada published an article “*A critical review on Nutraceuticals in Madhumeha (Diabetes)*” in International Journal of Ayurveda and Pharma Research, June 2015, Vol 3, Issue 6 PP23-32. (As Co-author)
- Dr. G.P. Prasad, R.O.(Ay.), NARIVBD, Vijayawada published an article “*Pharmacognostical standardization of Hugonia mystax L. leaves*” in International Journal of Ayurveda and Pharma Research, June 2015, Vol 3, Issue 6 PP51-60. (As Co-author)
- Dr. G.K. Swamy, Dr. V. Nagalakshmi, Dr. T. Maheswar, Dr. G. P. Prasad, Dr. V. Subhose & Dr. A. J. V. Saiprasad, NARIVBD, Vijayawada published an article “*Sighru Patra Kashaya in the management of Parinamasula (Duodenal ulcer)*” in JRAS, Jan-Dec 2014.
- Dr. T. Maheswar, R.O.(Ay.), NARIVBD, Vijayawada published an article “*Clinical evaluation of Arjunavachadi Yoga in the management of Vyanabala Vaishamya (Hypertension)*” in JRAS, Jan-Dec 2014 (As Co-author).

➤ **MEDICAL AND HEALTH CHECKUP CAMPS AND ETHNO-MEDICO-BOTANICAL TOURS**

NRIASHR, Gwalior

- The institute has conducted health check-up camps at Bargwan, Piprani Agra, Palampur and Hasanpura village of Sheopur district under THCRP during this quarter.

NEIARI, Guwahati

- The Institute has conducted tours in Central Assam areas covering Dima Hasao, Karbi Anglong, Baksa and Nalbari districts and collected total 65 folklore claims along with many medicinal plant specimens and photographs.
- The Institute under Tribal Health Care Research Programme, conducted 47 tours/ camps and covered 5 villages (viz. Deulguri, Nortap, Garopara, Challi, Batahbari of district Kamrup-Assam) with total populations covered 1721 and treated 983 patients.

ACRI, Jaipur

- The institute has conducted medical camps, door to door survey and documentation of Folk Claims under Tribal Health Care Research Project in 06 tribal villages of Rajasthan. Total 12 Survey and Medical Camps were organized from July to September, 2015. During the

survey, total population of 3,259 was covered. In these Survey/Camps, 1,046 patients were diagnosed and treated. Total 06 Folk Claims has been collected.

ARIMCHC, Thiruvananthapuram

- The institute has conducted free Medical camp at Mudavanmugal, Poojappura, Thiruvananthapuram on 04/07/2015 organized by All India Women's Conference, Thiruvanthapuram, Kerala.

ACAMH&NS, NIMHANS, Bangalore

- The institute has conducted a Free Medical Health camp at Muttanallur Village near Bangalore on 09.07.2015. Dr. D. Sudhakar, Dr. S.K. Tiwari. Dr. Srinibash Sahoo and Dr. G.V. Ramana attended the free medical camp and provided treatment to the patients.

➤ IEC/OTHER AWARENESS PROGRAMMES / AROGYA MELAS UNDER TAKEN AND PARTICIPATED BY THE COUNCIL

CCRAS, Hqrs

- The Council participated in the Banaras International Trade Fair 2015 from 16th -23rd August, 2015 at Benia Bagh, Varanasi (UP) organized by India International Trade Event Organization, New Delhi. National Veterinary Ayurveda Research Institute & Hospital, Lucknow has participated in the event on behalf of the Council. Display of Council's publications and distribution of brochures for health awareness were the activities of the Council during the event. The event was inaugurated by Hon'ble Sh. Pashupati Ashok Gajapati Raju, Civil Aviation Minister, Government of India and Hon'ble Dr. Mahesh Sharma, MoS for Tourism (Independent Charge) and MoS for Civil Aviation, Government of India. The Hon'ble Member of Parliament from Delhi Sh. Manoj Tiwari had also graced the event.
- The Council participated in the Indian National Exhibition-cum-Fair-2015 held from 22nd - 26th August, 2015 at Dinabandu Andrews College Ground, 54, Raja S.C. Mallick Road, Kanungo Park, Kolkata organized by Bengal Human Resource Development Foundation, Kolkata and NRIADD, Kolkata has participated in the event on the behalf of Council. Display of Council's publications and distribution of brochures for health awareness were the activities of the Council during the event.
- The Council participated in the Scientific Literacy Festival held from 25th -27th August, 2015 at Khagaria (Bihar) organized by the Centre for Studies of Popular Sciences, New Delhi. ARRI, Patna has participated in the event on the behalf of Council. Display of Council's publications and distribution of brochures for health awareness were the activities of Council during the event.
- The Council participated in the India Hospitality + Food and Beverage Pro "15th International Expo" held from 25th - 27th August, 2015 at Dr. Shyama Prasad Mukherjee Stadium Panaji, Goa and ACRI, Mumbai has participated in the event on the behalf of Council. Display of Council's publications and distribution of brochures for health awareness were the activities of Council during the event.
- The Council participated in the Medical and Wellness Tourism Summit 2015 held on 27th August, 2015 at India Habitat Centre, Lodhi Road, New Delhi organized by PHD Chamber of Commerce, New Delhi in collaboration with the Ministry of AYUSH, Government of India. The exhibition was inaugurated by Hon'ble Dr. Mahesh Sharma, Minister of State for

Tourism (Independent Charge), Government of India. Display of Council's publications and distribution of brochures for health awareness were the activities of Council during the event.

- The Council participated in the 19th National Health Exhibition on the theme “*Make in India-our-Commitment to the Nation*” from 9th - 13th September, 2015 at Netaji Baranagar, Kolkata organized by Central Culcutta Science & Cultural organization for Youth, Kolkata. NRIADD, Kolkata has participated in the event on the behalf of Council. Display of Council's publications and distribution of brochures for health awareness were the activities of the Council during the event.
- The Council participated in the Panchkranti Abhiyan organized at Mavalankar Hall, Rafi Marg, New Delhi on 17th September, 2015. The event was inaugurated by Shri Arun Jaitley Hon'ble Union Finance Minister, Govt. of India & Shri Anurag Thakur, Hon'ble Member of Parliament. Free distribution of brochures for health awareness was made by the Council during the event.
- On behalf of the Council, ACRI, Punjabi Bagh, New Delhi participated in the 15th World Elders Day Celebration held on 27th September, 2015 at Safdarjung Enclave. Consultation and free distribution of medicine were made by the Council during the event.

➤ **PARTICIPATION OF COUNCIL'S OFFICERS IN DIFFERENT TRAININGS /WORKSHOPS**

HARC, Nagaland

- Dr. Balaji Potbhare, R.O.(Ay.) participated in the 4 days workshop on “*Conservation assessment and Management Prioritization (CAMP) process using IUCN red list categories and criteria for the state of Nagaland and development of the electronic database on medicinal plants of Nagaland*” organized by state forest department, Nagaland in association with FRLHT, Bangalore at Dimapur, Nagaland from 22nd to 25th September, 2015.

➤ **SCIENTIFIC PRESENTATION, GUEST LECTURE, RADIO /TV TALKS AND INTERVIEWS BY THE COUNCIL OFFICERS**

CCRAS, Hq.

- Dr. Bharti, A.D. (Ay.) presented a paper on ‘*Prakriti as per Ayurvedic Classics*’ in 3 days seminar on ‘*Know your Prakriti*’, ‘अपनी प्रकृति को अवश्य जानें’ at मानवीय मिशन भवन, दीनदयाल उपाध्याय मार्ग, near I.T.O. Metro Station, New Delhi on 4th July, 2015.

ARIMCHC, Thiruvananthapuram

- Dr. M. Srinivasan R.O (Bio-chem.) delivered a Guest lecture on the topic entitled “*Novel mechanism of Aspirin in Cancer treatment*” on 21.09.2015 at Sacred Heart College, Tirupattur, Tamil Nadu.

ACAMH&NS, NIMHANS, Bangalore

- Dr. B.C.S Rao, R.O. (Ay.) attended 17 Telemedicine Cases in NIMHANS, Bangalore.
- Dr. Sulochana Bhat, R.O. (Ay.) attended 27 Telemedicine Cases in NIMHANS, Bangalore.

➤ HINDI WORKSHOPS/ TRAININGS CONDUCTED / PARTICIPATED BY COUNCIL'S OFFICERS

ACRI, Jaipur

- Dr. Anu Bhatnagar, R.O. (Ayurveda), Scientist-2 participated in Hindi Workshop at National Veterinary - Ayurveda Research Institute and Hospital, Lucknow held on 4th July, 2015.
- Quarterly Hindi workshop was organized in Conference Hall of the Institute on 10.09.2015. Dr. Kalanath Shastri, distinguish educationist and Former Director of Bhasha Vibhag of the State Govt. Rajasthan delivered a lecture on the topic entitled "*Sarakari Kamkaj mein Saral evam Sahaj Hindi*".
- The Institute celebrated Hindi Pakhawara from 14th to 28th September, 2015. During the Pakhawara, various competitions i.e. Debate, Essay writing, Dictation, Hindi poetry, Hindi noting & draft and Questionnaire etc. were organized among all the categories of the employees. Dr. Ratan Mishra, former In-charge of the institute was the Chief Guest of the closing ceremony and distributed the Cash prizes to the successful participants.

NRIBAS, Pune

- The Institute celebrated Rajbhasha Hindi Pakhawada in the Institute during 14th September to 28th September, 2015. Takale, Hindi Adhikari, State Bank of India, Pune was invited as a guest in valedictory function.

NIIMH, Hyderabad

- The NIIMH has organized "Hindi Pakhwada" from 14th - 28th September, 2015.

ARIMCHC, Thiruvananthapuram

- Dr. S. Indira Kumari, R.O. (I/C) (SCT-4), Dr. Susmita P. Otta, R.O. (Ay.) and Smt. Priya N. Moosath, Hindi Assistant attended the first meeting of TOLIC Thiruvananthapuram at Lakshmi Bai National College of Physical Education Sports Authority of India, Karyavattom, Thiruvananthapuram on 8th July, 2015.
- An official language workshop was conducted on "*Sarkari Kamkaj mei Saral Hindi Ka Prayog*" at the institute on 19.08.2015.
- Dr. Susmita P. Otta, R.O. (Ay.) participated in a meeting conducted by Kerala Hindi Prachar Sabha, Thiruvananthapuram on 24.08.2015 to formulate a befitting programme for the State level Hindi fortnight celebration on 24.08.2015.
- Hindi Fortnight was celebrated in the institute from 14.09.2015 to 28.09.2015.

ACAMH&NS, NIMHANS, Bangalore

- A Hindi review meeting was conducted by Dr. R.P. Rai, Hindi Officer, CCRAS, New Delhi at ACAMH&NS (CCRAS), NIMHANS, Bangalore on 06.07.2015. Staff of both the units at Bangalore attended the review meeting.
- One day Hindi Seminar was conducted at ACAMH&NS (CCRAS), NIMHANS, Bangalore on 07.07.2015. Dr. R.P. Rai, Hindi Officer, CCRAS, New Delhi was attended the Seminar. Dr.S.N.Sin, Joint Director, Dept. of Rajbhasha; Dr.Ashok Billore, Joint Director, Hindi

Vibhag, ISRO; Mr. Vijay Kumar, Asst. Director, Central Silk Board & Iswar Chandra Mishra, Asst. Director, Rajbhasa Vibhag were the key spoke persons.

- Hindi Pakwada was inaugurated on 14.09.2015. Prof (Dr.) M.P.Sharma Dept. of Clinical Psychologist, NIMHANS was the chief guest on the occasion. A debate competition was conducted for Officers of this institute on 24.09.2015. Dr. Damodaran, Assistant Director, Rajbhasa Training Dept. was the judge for this competition. The concluding ceremony of Hindi Pakwada was celebrated on 28.09.2015. Dr. Ashok Billore, Joint Director, Hindi Vibhag, ISRO was the chief guest. He distributed prizes to the winners of the Hindi competitions and enlightened regarding importance of Hindi.
- Dr. Srinibash Sahoo participated in the Basic Training Programme for use of Hindi on Computer at Kendriya Sadana, Kormangala, Bangalore from 03.08.2015 – 07.08.2015
- Dr.S.K.Tiwari attended the Hindi Samapana Samaroha at BEL, Bangalore as a Chief Guest on 30.09.2015

NIAPR, Patiala

- संस्थान में 14से 28सितम्बर, 2015तक हिन्दी पखवाड़े का आयोजन किया गया। इस पखवाड़े में विभिन्न प्रतियोगिताओं जैसे: काव्य प्रतियोगिता, श्रुतलेख प्रतियोगिता, निबंध प्रतियोगिताहिन्दी टिप्पण व आलेखन प्रतियोगिता, वाद-विवाद प्रतियोगिता तथा प्रश्नोत्तर प्रतियोगिता का आयोजन किया गया। इन प्रतियोगिताओं में लगभग सभी अधिकारियों व कर्मचारियों ने भाग लिया। पुरस्कारों के रूप में नकद राशि वितरित की गई।
- Dr. Rajesh Sannd, Institute In-charge, attended Hindi Karyashala at National Veterinary – Ayurveda Research Institute and Hospital, Lucknow on 04.07.2015.

NRIASHRD, Gwalior

- “Hindi Pakhwada” was celebrated in the institute from 14th to 28th September, 2015. Various competitions were organized during the Hindi Pakhwada. Closing ceremony and prize distribution function was held on 28th September, 2015 in the auspicious presence of famous Hindi laureate Shri Jagdish Tomar and Shri Tarun Bhatnagar, Additional District Magistrate and Upper Collector, Gwalior.
- Dr. A.D. Jadhav, R.O. (Ay.) I/c attended the National workshop on Hindi at NVARI & H, Lucknow on 04.07.2015.

NARIVBD, Vijayawada

- The institute conducted one day Hindi Workshop for the staff of NARIVBD, Vijayawada on 18.08.2015 and ‘Hindi Pakwada’ programme from 14.09.2015 to 28.09.2015.

➤ IMPORTANT MEETINGS /SEMINARS/CONFERENCE ORGANIZED/ PARTICIPATED BY COUNCIL’S INSTITUTE/SCIENTISTS

CCRAS, Hqrs. New Delhi

- A meeting of Formulary Sub Committee and Single Drug Sub Committee of APC was held on 1st - 2nd July, 2015 at CCRAS Hqrs. under the Chairmanship of Prof. V.K. Joshi,

Chairman, APC. The selected formulations out of the EDL – 2008 list have been discussed for development of SoP and quality standards along with their ingredients.

- The 5th Scientific Advisory Board (SAB) meeting was held on 10th July, 2015 at CCRAS Hqrs. under the chairmanship of Prof. H.M. Chandola, Director/Principal, Chaudhary Brahm Prakash Ayurved Charak Sansthan, Khera Dabar, Najafgarh, Delhi. DG, CCRAS and other members were present in the meeting. Various agenda items were discussed in the meeting.
- A meeting for in-situ promotion was held on 24th – 25th July, 2015 at CCRAS Hqrs. for the promotion of Medical and Non Medical Group ‘A’ Officers. 16 members from different disciplines attended the meeting in the chairmanship of DG, CCRAS.
- A meeting of 4th Working Group of “Finalization of *Prakriti* Assessment Questionnaire” is being held on 31st July, 2015 – 1st August, 2015 at CCRAS Hqrs., New Delhi. The objective of this meeting is to develop suitable tools or questionnaires or validated available scales (as per need) for assessment of different predictors and to bring more objectivity in the assessment.
- A meeting on Re-deployment of staff as per mandate of the Institutes was held on 2nd August, 2015 at CCRAS Hqrs. New Delhi with the incharges of CCRAS peripheral institutes.
- The 20th meeting of Governing Body of CCRAS was held on 13.08.2015 at Ministry of AYUSH under the Chairmanship of Hon’ble MoS (IC), Ministry of AYUSH, Government of India. Prof. K.S. Dhiman, DG-CCRAS accompanied by Dr. M.M. Padhi, Dr. N. Srikanth, Dr. S.N. Gaidhani and Mr. Sanjay Kumar participated in the meeting.
- Prof. K.S. Dhiman, DG-CCRAS accompanied by Dr. M.M. Padhi, Dr. N. Srikanth, Dr. B.S. Sharma and Dr. Arjun Singh visited M/s Akum Drugs and Pharmaceuticals Ltd. and participated in the meeting regarding possible areas cooperation with M/s Akum Drugs and Pharmaceuticals Ltd., Hardwar on 23rd August, 2015.
- Prof. K.S. Dhiman, DG-CCRAS accompanied by Dr. M.M. Padhi, Dr. N. Srikanth, Dr. B.S. Sharma and Dr. Arjun Singh visited at Systematic Botany Division Forest Research Institute, Dehradun on 23rd August, 2015.
- Prof. K.S. Dhiman, DG-CCRAS accompanied by Dr. M.M. Padhi, Dr. N. Srikanth, Dr. B.S. Sharma and Dr. Arjun Singh visited Vd. Chandra Prakash Cancer Research Foundation Dehradun on 23rd August, 2015 and had a meeting with Vd. Balendu Prakash regarding proposal on Acute Promyelocytic Leukaemia (APML).
- Prof. K.S. Dhiman, DG-CCRAS, Dr. M.M. Padhi, Dr. N. Srikanth, Dr. S.N. Gaidhani, Dr. B.S. Sharma, Dr. Shruti Khanduri, Dr. Arjun Singh participated in the meeting of Working Group for drafting workable SoPs for *Rasakalpas* at Central Council for Research in Ayurvedic Sciences, New Delhi on 29th -30th September, 2015.
- Prof. K.S. Dhiman, DG-CCRAS accompanied by Dr. M.M. Padhi, Dr. N. Srikanth, Dr. P. Pant and Dr. Neera Vyas participated in the meeting regarding CCRAS-ICMR Collaboration Chaired by DG-ICMR, at ICMR, New Delhi on 30th September, 2015.
- Meeting with National Skill Development Corporation - NSDC regarding skill development among Traditional healers was held on 3rd September, 2015 at CCRAS Hqrs. Meeting regarding collaboration with INMAS (DRDO) was held under the chairman ship of DG-CCRAS on 18th September, 2015 wherein the experts from CCRAS and INMAS discussed about possible area of collaboration.

- A meeting of Working Group for Drafting Workable SoPs for Rasakalpas was held 29th -30th September, 2015 wherein the SoPs of identified formulations for conducting toxicity studies at GLP labs were worked out.
- A meeting for research collaboration between CCRAS and ICMR was held on 30th September, 2015 at 10:00 a.m. in the Conference Hall, ICMR Hqrs., New Delhi under the Chairmanship of Dr. Soumya Swaminathan, Director General, ICMR and Secretary–Department of Health Research, Ministry of Health & Family Welfare, Govt. of India. A team led by DG-CCRAS participated in the meeting and discussed about possible areas of collaboration between both the councils.

ACRI, Jaipur

- Prof. Vaidya K. S. Dhiman, Director General, CCRAS along with Dr. Subash Singh, In-charge, ACRI, Punjabi Bagh visited ACRI, Jaipur and inspected the OPD & IPD sections, Panchakarma unit and Laboratory along with Research activities of various Projects running in ACRI Jaipur on dated 19th September, 2015.



NRIASHR, Gwalior

- Dr. Ankush Jadhav, R.O. In-charge of the institute attended meeting on Re-deployment of staff as per mandate of the Institute on 2nd August, 2015 at CCRAS Hqrs. New Delhi.
- Dr. Dara Singh Rotwar attended as Co-Chairman in National Seminar on “Current Status of Medicinal Plants in Arid Zone and their Marketing Linkage” held at Rajasthan State Medicinal Plant Board Jaipur on 9th -10th September, 2015.

NIIMH, Hyderabad

- Dr. A. Narayana, Director & Dr. Ashfaque Ahmad R.O. (Unani) attended International Seminar on Neuro-Rehabilitation and Management of Paralysis in Unani Medicine (NEUROSEM-2015) organized by Dr. A. A. Memorial Unani Specialty Treatment Center for Paralysis, Hyderabad on 20-08-2015 to 22-08-2015.

➤ APPOINTMENT/PROMOTIONS/RETIREMENTS ETC.

NIAPR, Patiala

- Sh. Harish Kumar joined on the post of Pharmacist on 01.09.2015
- Sh. Sandeep Kumar joined on the post of Lab. Technician on 24.09.2015

➤ **ANY OTHER IMPORTANT ISSUE RELATED TO COUNCIL /AYUSH ACROSS THE COUNTRY /GLOBE**

CCRAS, Hqrs.

- Preliminary study on Dengue: CCRAS has provided Ayurvedic formulation as required for the management of Dengue as case studies to Medanta Hospital, Gurgaon which is under progress.

NRIBAS, Pune

- Dr. S. N. Murthy, Asstt. Director In-charge received Hon'ble Shri. Shripad Naik, Minister of State (IC), Ministry of AYUSH and attended the function "Wellness to Fullness" organized by Fr. Agnel Wellness Ashram, Pune on 21st August, 2015.

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➤ KNOW OUR INSTITUTE



Front view of North Eastern India Ayurveda Research Institute, Guwahati

Background and mandate of the Institute: The Institute was initially started with a Unit of Survey of Medicinal Plants and Clinical Research in the year 1971 and it was upgraded to Regional Research Institute in 1979. Further it was upgraded as North Eastern India Ayurveda Research Institute in the year 2009. The mandates of the Institute are Tribal Health Care Research Project (TSP), Medicinal & Ethno-botanical survey Collection and documentation of Folk medicinal claims in N.E. Region and maintain Botanical Museum and Herbarium.

Activities and Achievements: The Institute is running with the facilities of general OPD, Geriatric OPD, Pharmacy, Intra Mural Research Projects, Tribal Health Care Research Project, Panchkarma Therapy, Survey of Medicinal Plants and Ethno-botanical survey & documentation of medico-Folklore in North eastern India and Medicinal plant Garden for demonstration. At present two clinical projects on Rheumatoid Arthritis and Osteoarthritis, two projects on documentation of folklore and development of Museum on *Pratinidhi dravyas* are going on. Till date, this institute has provided medical relief to more than one lakh patients. Under Tribal Health Care Research, 53 villages with 62,620 populations have been covered and medical aid has been provided to 15,039 patients. Clinical trial programmes have been conducted on *Medorogha*, *Mutrasmari*, *Grahani*, *Visama Jwara*, Osteo-arthritis, Rheumatoid arthritis and Diabetes mellitus. Various forest areas in 5 states of North eastern India were surveyed under survey of medicinal plant programme. More than 6,040 medicinal plants specimens have been preserved in the herbarium along with 350 museum specimens. During Tribal Health Care Research Programme and Medico-Ethnobotanical Survey programme, more than 500 folklore claims have been collected and documented in prescribed format. Institute has published more than 50 research papers and one monograph on Tribal Health Care Research.

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