

**SUO-MOTO DISCLOSURE UNDER SECTION 4(1)(B) OF
RIGHT TO INFORMATION ACT, 2005
(Updated in May, 2024)**



CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES
{An Autonomous Organisation under
Ministry of AYUSH, Government of India}

Jawahar Lal Nehru Bhartiya Chikitsa Evam Anusandhan Bhawan,
No.61-65, Institutional Area, Opposite 'D' Block,
Janak Puri, New Delhi-110058

Website: www.ccras.nic.in

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RTI APPLICATION FORM

1. Particulars of the Applicant:

(a) Name :

(b) Address :

(c) E-mail address :

(d) Phone/Fax. No. :

2. Date of Submission of Application:

3. Subject Matter :

4. Details of Information requested :

5. Period to which the information relates :

6. Fee enclosed (in cash/DD/Banker's cheque/IPO) :

7. Due date by which information is to be furnished (30 days from submission of application) :

8. How the applicant would like his information to be sent :

(a) By post :

(b) To be collected by hand :

(c) By e- mail :

(d) By fax :

Particulars of Organization, Functions and Duties

The Central Council for Research in Ayurvedic Sciences is a Registered Society under Societies Registration Act XXI of 1860 on 29.07.2011 (Formerly Registered as Central Council for Research in Ayurveda and Siddha on 30th March, 1978). The Central Council for Research in Ayurvedic sciences (CCRAS), an autonomous body under Ministry of AYUSH, Govt. of India is apex body in India for undertaking, coordinating, formulating, developing and promoting research on scientific lines in Ayurvedic sciences. The activities are carried out through its 30 Institutes/Centres/Units located all over India and also through collaborative studies with various Universities, Hospitals and Institutes.

The activities of the Institutes/Centres/Units are annexed at **Annexure-I**.

The policies, directions and overall functioning of the Council are regulated by the council's Governing Body. Hon'ble Minister, Ministry of Ayush, Government of India is the President of the Governing Body and has general control on the affairs of the Council. There is an Executive Committee (EC) under the chairmanship of Secretary (Ayush), Standing Finance Committee (SFC) under the Chairmanship of Additional Secretary/Joint Secretary, Ministry of Ayush, Government of India to consider and recommend various financial proposals, developmental activities etc.

The Council carries out its research activities under the guidance of Chairman of Scientific Advisory Board (SAB) and Scientific Advisory Groups (SAGs).

The Core Research Activities of the Council are:-

- Clinical Research
- Medicinal Plant Research (Medico-ethnobotanical Survey, Pharmacognosy, and Cultivation)
- Drug Standardization
- Pharmacological Research
- Literary Research & Documentation Programme
- Fundamental Research
- Pharmaceutical Research
- Public Health research-oriented activities comprising of Tribal Health Care Research Programme, Ayurvedic Mobile Health Care Research Programme and Women & Child Health Care Programme under Scheduled Castes Sub Plan (SCSP) and Ayurvedic Health Centres under North East Plan.
- Besides this, Healthcare services through Outpatient departments (OPD), inpatient departments (IPDs), and Special clinics for Geriatric Health care.

The Council is in active collaboration with institutes of national repute such as AIIMS New Delhi, BHU, IIT Delhi, IIT Guwahati, ICMR, CSIR, DRDO, JNU, National Innovation Foundation, IISER Pune, etc.

Ayurveda guidelines and advisories related to COVID-19 from time to time. Also, a dossier titled “**Research and Development Initiatives of Ministry of Ayush for COVID-19**” comprising the various initiatives undertaken by the Ministry of Ayush for COVID-19 was also drafted by the CCRAS.

- ‡ Based on the tangible evidence of the efficacy of **AYUSH-64** in the management of asymptomatic, mild to moderate COVID-19 patients, **AYUSH-64** was repurposed, and technology was transferred to 39 Ayurveda Drug manufacturers.
- ‡ 19 Patents granted. Developed and commercialized **AYUSH-64** for Malaria, **AYUSH-82** for Diabetes Mellitus & **AYUSH-SG** for Arthritis. 13 technologies transferred through NRDC.
- ‡ Developed automated Sirodhara (restorative/relaxation bathing) in collaboration with IIT Delhi and patent granted.
- ‡ Developed an automated working prototype model for the preparation of Kshara sutra for the treatment of Anorectal disease in collaboration with IIT Delhi.
- ‡ Successfully implemented Integration of AYUSH (Ayurveda) with NPCDCS (National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular diseases & Stroke) in three districts, viz. **Surendranagar** (Gujarat), **Bhilwara** (Rajasthan), **Gaya** (Bihar) to demonstrate the feasibility of integration of Ayurveda involving 49 CHCs, 3 District Hospitals, and 189 PHC 111182 patients enrolled, 145416 Yoga classes conducted, 1727758 participants attended Yoga classes, 8303 outreach camps were conducted. Demonstrated functional integration and research papers have been published.
- ‡ Successfully implemented a collaborative project in association with Govt. of Maharashtra to see the feasibility of introducing Ayurvedic interventions in Reproductive and Child Health (RCH) through integrative health care services in 30 selected PHCs of Gadchiroli district of Maharashtra.
- ‡ The Council has generated evidence of the safety of 19 commonly used Ayurvedic metal-based / Herbo mineral medicines through experimental studies.
- ‡ Undertaken **Systematic Reviews and meta-analysis** studies in 30 disease conditions. Protocols have been published for most of these reviews, and reviews are also being published.

➤ **Public Health Oriented Research Activities**

- ‡ **Tribal Health Care Research Programme under Tribal Sub Plan (TSP)** through 14 CCRAS institutes in 14 states.
- ‡ **Ayurveda Mobile Health Care Research Programme under Scheduled Castes Sub Plan (SCSP)** through 20 CCRAS institutes in 18 states.
- ‡ **Women and Child Health Care (RCH) Programme under Scheduled Castes Sub Plan (SCSP)** through 10 CCRAS institutes in 10 states.
- ‡ **Ayurvedic Health Centres under the North East Plan** functioning at 19 centers in 4 States.
- Set up **National Raw Drug Repository** at CARI, Jhansi.
- Contributed to the development of monographs in different volumes of Ayurvedic Pharmacopoeia of India (API) and Monographs on medicinal plants for “Quality standards of Indian Medicinal plants” in various volumes published by Indian Council for Medical Research (ICMR), New Delhi.

- Repository of manuscripts of Ayurveda, Siddha, and Unani manuscripts at Preserved National Institute of Indian Medical Heritage (NIIMH) Hyderabad.

➤ **International Collaboration**

- ✚ Completed a clinical research project entitled “Effectiveness and safety of Ayurveda as a whole treatment system in Osteoarthritis of the knee-A Multicentre, Randomized controlled clinical trial based on Traditional Ayurveda Diagnosis” in collaboration with Charite University Medical center, Germany.
- ✚ Signed a Letter of Intent between the CCRAS, Ministry of Ayush, Government of the Republic of India and Office of Cancer Complementary and Alternative Medicine (OCCAM), National Cancer Institute, NIH, Dept. of Health & Family Welfare; Human Services, Government of the USA for Cooperation in the field of Ayurveda and Cancer Research and three interactive webinars have been conducted.

➤ **IT Initiatives**

- ✚ A web-based portal for Research publication in AYUSH “Ayush Research portal” functional since 2011.
- ✚ Developed and launched the **National AYUSH Morbidity and Standardized Terminology Electronic Portal (NAMASTE)** for a uniform centralized collection of AYUSH morbidity statistics.
- ✚ Implemented Ayurveda Health Information Management System (A-HIMS) at 25 CCRAS institutes engaged in OPD/IPD services
- ✚ Developed and validated the “**Prakriti Assessment Scale**” and designed a user-friendly web portal, namely “**AYUR Prakriti Web Portal**,” for Prakriti assessment.
- ✚ Council’s journals ‘**Journal of Drug Research in Ayurvedic Sciences (JDRAS)** and **Journal of Research in Ayurvedic Sciences (JRAS)**’ are made online and included in the UGC Care list.
- ✚ Launched **SAHI** (Showcase of Ayurvedic Historical Imprints) portal, **e-MEDHA** Catalogue (E-Medical Heritage Accession) portal, **RMIS** Portal (Research Management Information System) as a guiding tool for Research and Development for aspiring researchers, and **AMAR** (Web-based Electronic repository of Ayurveda, Siddha, Unani, Yoga & Naturopathy Siddha Manuscripts) Portal.
- ✚ Developed **APTA Digital Library** (Ayurveda Grantha Samuccaya) Portal.

➤ **Capacity Building**

- ✚ Introduced Ph.D. fellowship wherein 28 Scholars (22 AYUSH +6 allied) were registered at 13 Universities/Institutes.
- ✚ One year **Panchkarma Technician course** (PTC) at 4 CCRAS institutes viz. CARI, New Delhi, NARIP Cheruthuruthy, CARI, Guwahati, and RARI, Jammu, under affiliation with the Health sector skill Council- National skill development corporation (HSSC-NSDC) to get skilled HR for panchakarma therapy wherein total 139 candidates registered.
- ✚ **CCRAS Post Doctoral Fellowship Scheme** - PDF Scheme has been initiated in 2021 with ten (10) fellowships every year to promising fresh Ph.D. holders/MD Scholars. The scheme has been instituted for identifying promising young researchers with innovative ideas and provides them with training and research opportunities in Ayurveda and other allied sciences.

- ✦ **PG Star:** In June 2023, the Council has launched the “Scheme for training in Ayurveda Research for PG Scholars (PG-STAR)” for Ayurveda Post Graduate Scholars pursuing their MD/MS(Ayu) courses.

➤ Recognition and Awards

- ✦ CCRAS has been conferred the National Award ‘**Vayoshreshtha Samman**’, 2019 by the Hon’ble President of India in the category ‘**Best Institution for Research in the field of Ageing**’ by the Ministry of Social Justice and Empowerment, Government of India.
- ✦ **APTA Digital Library** (Ayurveda Grantha Samuccaya) portal has been conferred the Silver Award – Award for Excellence in Information Technology (IT) in the AYUSH sector -2019 by the Ministry of AYUSH.
- ✦ **International recognition of Herbariums** at five CCRAS Institutes and accredited with acronyms by the New York Botanical Garden, USA.

➤ Recent Initiatives

- ✦ **NABL Accreditation:** 6 CCRAS Institutes viz. Captain Srinivas Murthy Central Ayurveda Research Institute (CSMCARI), Chennai; National Ayurveda Research Institute for Panchakarma (NARIP), Cheruthuruthy; Central Ayurveda Research Institute (CARI), Kolkata; Central Ayurveda Research Institute (CARI, Jhansi; Central Ayurveda Research Institute (CARI), Bengaluru & Regional Ayurveda Research Institute (RARI), Gwalior has acquired the National Accreditation Board for Testing and Calibration Laboratories (NABL) Accreditation.
- ✦ **NABH Accreditation Status of CCRAS Institutes involved in clinical activities:** The Council is in the process to get NABH accreditation for its peripheral institutes involved in clinical activities. Presently, 8 CCRAS Institutes viz. Central Ayurveda Research Institute (CARI), New Delhi; Central Ayurveda Research Institute (CARI), Bhubaneswar; Central Ayurveda Research Institute (CARI), Kolkata; Regional Ayurveda Research Institute (RARI), Gwalior; Regional Ayurveda Research Institute (RARI), Jaipur; Regional Ayurveda Research Institute (RARI), Vijayawada; Regional Ayurveda Research Institute (RARI), Nagpur & Regional Ayurveda Research Institute (RARI), Jammu has obtained NABH accreditation and 6 CCRAS Institutes viz. Central Ayurveda Research Institute (CARI), Bengaluru; Regional Ayurveda Research Institute (RARI), Ranikhet; Regional Ayurveda Research Institute (RARI), Lucknow; Regional Ayurveda Research Institute (RARI), Patna; Regional Ayurveda Research Institute (RARI), Ahmedabad & Regional Ayurveda Research Institute (RARI), Gangtok obtained Entry level Ayush Certification under NABH.
- ✦ **STUDENTSHIP PROGRAM FOR AYURVEDA RESEARCH KEN (SPARK):** To promote interest and aptitude for research among Ayurveda undergraduates, the Council has launched Studentship Program for Ayurveda Research Ken (SPARK) on 02.09.2022.

➤ Achievements during 2023-24

- ✦ Council has completed 22 Intra Mural Research Projects i.e. 9 Clinical Research Projects, 7 Pharmacology Research Projects, 4 Literary Research Projects, 1 Pharmaceutical Research Project and 1 Pharmaceutical Research Project. Besides this, 160 IMR projects are ongoing. **(Details are annexed at Annexure – II)**
- ✦ Council has completed 8 Collaborative Projects in collaboration with reputed organizations i.e. 7 Clinical Research Projects and 1 Drug Research Projects. Besides this, 71 IMR projects are ongoing. **(Details are annexed at Annexure – III)**

- ✦ Research Oriented Public Health care Services (Outreach activities) viz. Tribal Health Care Research Programme, Ayurvedic Mobile Health Care Research Programme and Women & Child Health Care Programme under Scheduled Castes Sub Plan (SCSP) and Ayurvedic Health Centres under North East Plan have been also carried out. **(Details are annexed at Annexure – IV)**

Our Services/Facilities Available

1. **Patient Consultancy Services:** The Council provides consultation, investigation and medicines on nominal charges to the general patients (Annexure – I).
2. **Specialized Therapy Services:** The Council is providing Panchakarma treatment and minimal invasive para-surgical approaches like Ksharasutra for ano-rectal disorders to the patients on nominal charges.
3. **Training on Panchakarma Therapy:** The Council is conducting training courses for physicians and techniques on Panchakarma Therapy at National Research Institute for Panchakarma, Cheruthuruthy at nominal charges. Also, the Council has introduced one year self-financed Panchkarma Assistant Training Course at Regional Ayurveda Research Institute for Urinary Disorders (RARIUD), Jammu in addition to existing courses at NARIP, Cheruthuruthy and CARICD New Delhi
4. **Library Services:** The Council is maintaining Libraries at various Institutes and a Museum at National Institute of Indian Medical Heritage, Hyderabad for providing information and assistance on the issues related to manuscripts/rare books etc. The Council's library at Headquarter has over 18000 books of Ayurveda and Modern Medicine. It also contributes to a number of scientific journals/ periodicals.
5. **Publication and sales:** There is a special division for publication and sale of Council's Research outcomes, Ayurvedic Text retrieved from manuscripts and other related publications useful to the academicians, physicians and common public. (for details visit our website www.ccras.nic.in).
6. **Grievances Redressal Mechanism**

There is a Public Grievance Officer to redress the grievances of the employees. The name and address of the Officer is given below:

Smt.Renu Rajan
Administrative Officer
Central Council for Research in Ayurvedic Sciences
No.61-65, Institutional Area, Opposite 'D' Block
Janakpuri, New Delhi – 110058
Phone No. 011-28525831/207
E-mail: renu.rajan@gov.in

There is a Vigilance Cell headed by a Chief Vigilance Officer and an Administrative Officer. The Name and Address is as under:

Dr.N.Srikanth
Chief Vigilance Officer
Central Council for Research in Ayurvedic Sciences
No.61-65, Institutional Area, Opposite 'D' Block
Janakpuri, New Delhi – 110058
Phone No. 011-28522010
E-mail:- cvo-ccras@gov.in

Sh.Dilip Jain
Admn.Officer(Acctts./Vigilance)/CPIO(Acctts./Vigilance)
011-28525550
ao-ccras@gov.in
dilip.jain@ccras.nic.in

Postal address of the Headquarter Office:

Central Council for Research in Ayurvedic Sciences

No.61-65, Institutional Area, Opposite 'D' Block

Janakpuri, New Delhi – 110058

Postal Addresses of the Institutes/Centres/Units are available at the Website of the Council.

Centre-wise major activities (Ayurveda)

S.No.	Name of Institute/Centre	Major Activities/Services
1.	Central Ayurveda Research Institute, New Delhi	<p>Clinical research on lifestyle related and Non-communicable disorders focusing on Cardiovascular Diseases</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out–Patient Department (OPD) and In-Patient Departments (IPDs) • Special facility for Ksharasutra & Panchakarma • Special Clinics for Geriatric Health Care • Training Center for Clinical Research and Para-medical Subjects • Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda.
2.	National Ayurveda Research Institute for Panchakarma, Cheruthuruthy	<p>Clinical research focusing on validation of Panchakarma procedures especially in Neuromuscular & Musculo-Skeletal Disorders</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out–Patient Department (OPD) and In-Patient Departments (IPDs) • Special facility for Panchakarma • Special Clinics for Geriatric Health Care • Panchakarma training • Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Project under SCSP • Pharmacological Research & Drug Standardization. • Any other assignment of National importance related to Research & Development in Ayurveda.
3.	Central Ayurveda Research Institute, Bhubaneswar	<p>Clinical research focusing on Hepatobiliary Disorders</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out–Patient Department (OPD) and In-Patient Departments (IPDs) • Special Clinics for Geriatric Health Care • Special facility for Panchakarma • Research oriented public health care services (outreach activities) such as <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project & WCH Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda.
4.	Central Ayurveda Research Institute, Kolkata	<p>Drug development Research covering</p> <ul style="list-style-type: none"> • Pharmacognosy Research • Drug Standardization Research • Pharmacological Research • Clinical Research as per requirement <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out–Patient Department (OPD) and In-Patient Departments (IPDs) • Special facility for Panchakarma and Ksharasutra therapy • Special Clinics for Geriatric Health Care

			<ul style="list-style-type: none"> • Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda.
5.	Central Research Institute, Patiala	Ayurveda Institute,	<p>Pharmaceutical Research and Clinical Research focusing on Respiratory disorders</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPDs) • Special Clinics for Geriatric Health Care • Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Programme & WCH Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda.
6.	Central Research Institute, Mumbai	Ayurveda Institute,	<p>Clinical research on lifestyle related and Non-communicable disorders focusing on Cancer</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • OPD and IPD Facility • Special Clinics for Geriatric Health Care • Special facility for Ksharasutra • Special facility for Panchakarma & Physiotherapy • Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Programme under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda.
7.	Central Research Institute, Bengaluru	Ayurveda Institute,	<p>Clinical Research focusing on Metabolic disorders and Dietetics</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out-Patient Department (OPD) • Special Clinics for Geriatric Health Care • Botanical survey • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda
8.	Central Research Institute, Guwahati	Ayurveda Institute,	<p>Clinical Research focusing on Skin disorders, GIT disorders</p> <p>Medico-Ethno-Botanical Survey</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPDs) • Special Clinics for Geriatric Health Care • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project & WCH Project under SCSP ➤ Ayurvedic Health Centre under NE Plan etc. • Any other assignment of National importance related to Research & Development in Ayurveda
9.	Captain Murthy Ayurveda Institute, Chennai	Srinivasa Central Research Institute,	<ul style="list-style-type: none"> • Drug Standardization Research. • Pharmacognosy • Pharmacological Research • Any other assignment of National importance related to Research & Development in Ayurveda

10.	Central Research Institute, Jhansi	Ayurveda	<ul style="list-style-type: none"> • Central herbarium • Medico Ethno Botanical Survey • Pharmacy <p>Other Activities:</p> <ul style="list-style-type: none"> • Demonstrative Medicinal Plants Garden. • Demonstrative crude drugs repository • Authentication of the plant specimens • Any other assignment of National importance related to Research & Development in Ayurveda
11.	Regional Research Institute, Lucknow	Ayurveda	<p>Clinical research on lifestyle related and Non-communicable disorders focusing on Eye Diseases</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out-Patient Department (OPD) • Special Clinics for Geriatric Health Care • Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Programme & WCH Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda.
12.	Regional Research Institute, Jaipur	Ayurveda	<p>Clinical research on lifestyle related and Non-communicable disorders focusing on Endocrine Disorders</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out Patient Department (OPD) and In Patient Departments (IPDs) • Special Clinics for Geriatric Health Care • Special facility for Panchakarma Therapy • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project & WCH Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda
13.	Regional Research Institute, Gwalior	Ayurveda	<p>Centre for Pre-Clinical Research & Drug Standardization</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Clinical Research • Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPDs) • Special Clinics for Geriatric Health Care • Special facility for Panchakarma Therapy • Training centre for Pre-Clinical Studies • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda
14.	Regional Research Institute, Vijayawada	Ayurveda	<p>Clinical Research in Skin Diseases and Vector Borne Diseases</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPDs) • Special Clinics for Geriatric Health Care • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project under SCSP

			<ul style="list-style-type: none"> Any other assignment of National importance related to Research & Development in Ayurveda
15.	Regional Research Institute, Nagpur	Ayurveda Institute,	<p>Clinical research focusing on Mother and Child Health</p> <p>Other Activities:</p> <ul style="list-style-type: none"> Health care services through Out Patient Department (OPD) and In-Patient Departments (IPDs) Special facility for Panchakarma Special Clinics for Geriatric Health Care Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> Tribal Health Care Research Programme under TSP Ayurveda Mobile Health Care Project & WCH Project under SCSP Any other assignment of National importance related to Research & Development in Ayurveda
16.	Regional Research Institute, Thiruvananthapuram	Ayurveda Institute,	<p>Clinical Research focusing on Life style related Disorders</p> <p>Other Activities:</p> <ul style="list-style-type: none"> Health care services through Out-Patient Department (OPD) and In-Patient Departments (IPDs) Special Clinics for Geriatric Health Care Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Project & WCH Project under SCSP Any other assignment of National importance related to Research & Development in Ayurveda
17.	Regional Research Institute, Patna	Ayurveda Institute,	<p>Clinical research focusing on infectious diseases</p> <p>Other Activities:</p> <ul style="list-style-type: none"> Health care services through Out Patient Department (OPD) Special Clinics for Geriatric Health Care Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> Tribal Health Care Research Programme under TSP Ayurveda Mobile Health Care Project & WCH Project under SCSP Any other assignment of National importance related to Research & Development in Ayurveda
18.	Regional Research Institute, Gangtok	Ayurveda Institute,	<p>Clinical research on lifestyle related and Non-communicable disorders focusing on Gout</p> <p>Other Activities:</p> <ul style="list-style-type: none"> Health care services through Out Patient Department (OPD) Special Clinics for Geriatric Health Care Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> Tribal Health Care Research Programme under TSP Ayurveda Mobile Health Care Project under SCSP Ayurvedic Health Centre under NE Plan etc. Any other assignment of National importance related to Research & Development in Ayurveda
19.	Regional Research Institute, Itanagar	Ayurveda Institute,	<p>Clinical research on lifestyle related and Non-communicable disorders focusing on Hypertension & Medico-Ethno-Botanical Survey</p> <p>Other Activities</p> <ul style="list-style-type: none"> Health care services through Out Patient Department (OPD) Special Clinics for Geriatric Health Care Demonstrative Medicinal Plants Garden Research oriented public health care services (outreach activities) i.e. Ayurvedic Health Centre under NE Plan etc.

			<ul style="list-style-type: none"> Any other assignment of National importance related to Research & Development in Ayurveda
20.	Regional Research Institute, Jammu	Ayurveda	<p>Clinical Research focusing on Urinary disorders and Gout</p> <p>Other Activities</p> <ul style="list-style-type: none"> Health care services through Out Patient Department (OPD) and In-Patient Departments (IPDs) Special Clinics for Geriatric Health Care Special facility for Panchakarma Facility of Ksharasutra Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> Tribal Health Care Research Programme under TSP Ayurveda Mobile Health Care Project under SCSP Any other assignment of National importance related to Research & Development in Ayurveda
21.	Regional Research Institute, Mandi	Ayurveda	<p>Clinical Research focusing on Nutritional Disorders Respiratory disorders (Bronchial Asthma) and Rheumatoid Arthritis</p> <p>Other Activities</p> <ul style="list-style-type: none"> Health care services through Out-Patient Department (OPD) Special Clinics for Geriatric Health Care Research oriented public health care services (outreach activities) i.e. Ayurveda Mobile Health Care Project & WCH Project under SCSP Any other assignment of National importance related to Research & Development in Ayurveda
22.	Regional Research Institute, Ahmedabad	Ayurveda	<p>Clinical Research focusing on Skin Disorders</p> <p>Other Activities:</p> <ul style="list-style-type: none"> Health care services through Out-Patient Department (OPD) Special clinics for Geriatric Health care Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> Tribal Health Care Research Programme under TSP Ayurveda Mobile Health Care Project & WCH Project under SCSP Any other assignment of National importance related to Research & Development in Ayurveda
23.	Regional Research Institute, Tarikhet, Ranikhet	Ayurveda	<p>Medico-Ethno-Botanical Research</p> <p>Other Activities:</p> <ul style="list-style-type: none"> Health care services through Out-Patient Department (OPD) Demonstrative Medicinal Plants Garden. Musk Deer Breeding Any other assignment of National importance related to Research & Development in Ayurveda
24.	Regional Research Institute, Pune	Ayurveda	<ul style="list-style-type: none"> Basic & Fundamental Research in Ayurveda In-vitro Pharmacology testing. Proteomics and metabolomics. <p>Other Activities:</p> <ul style="list-style-type: none"> Demonstrative Medicinal Plants Garden. Pharmacognosy Research Plant Tissue Culture Molecular Biology Research Any other assignment of National importance related to Research & Development in Ayurveda
25.	National Institute of Indian Medical		<ul style="list-style-type: none"> Literary Research and documentation Revival and retrieval of texts from ancient manuscripts and rare books

	Heritage, Hyderabad	<ul style="list-style-type: none"> • Search and collection of information descriptive notes, editing and publication of rare medical manuscripts/ books on Ayush • Documentation of Literary Research • Ayurveda Encyclopedia • Museum on History of Medicine • Referral library on Ayush systems of medicine and modern medicine. • Ayush Research Portal • Any other assignment of National importance related to Research & Development in Ayurveda
26.	Dr. Achanta Lakshmi Regional Ayurveda Research Institute, Chennai	<p>Clinical Research on life-style related & non communicable diseases</p> <p>Other Activities:</p> <ul style="list-style-type: none"> • Health care services through Out Patient Department (OPD) • Special Clinics for Geriatric Health Care • Research oriented public health care services (outreach activities) i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurveda Mobile Health Care Project under SCSP • Any other assignment of National importance related to Research & Development in Ayurveda
27.	Regional Ayurveda Research Institute, Port Blair	<ul style="list-style-type: none"> • Health care services through Out Patient Department (OPD) • Special Clinics for Geriatric Health Care. • Research oriented public health care services (outreach activities) i.e. Tribal Health Care Research Programme under TSP • Any other assignment of National importance related to Research & Development in Ayurveda
28.	Regional Ayurveda Research Centre, Dimapur, Nagaland	<ul style="list-style-type: none"> • Health care services through Out Patient Department (OPD) • Any other assignment of National importance related to Research & Development in Ayurveda
29.	Regional Ayurveda Research Centre, Agartala, Tripura	<ul style="list-style-type: none"> • Health care services through Out Patient Department (OPD) • Research oriented public health care services i.e. <ul style="list-style-type: none"> ➤ Tribal Health Care Research Programme under TSP ➤ Ayurvedic Health Centre under NE Plan etc. • Any other assignment of National importance related to Research & Development in Ayurveda
30.	Regional Ayurveda Research Institute for Mineral and Marine Medicinal Resources, Goa	<ul style="list-style-type: none"> • Research in Marine/Aquatic mineral drugs • Any other assignment of National importance related to Research & Development in Ayurveda

LIST OF INTRA MURAL RESEARCH PROJECTS during 2023-24

COMPLETED PROJECTS

S. No.	Name of Project
Clinical Research Projects	
1.	Evaluation of AYUSH-SR Tablet in occupational stress among Nurses – a randomized double blind placebo controlled clinical study.
2.	Clinical evaluation of Gokshuradi Guggulu and Nimbadi Churna in Vatarakta (Gout)
3.	Evaluation of efficacy and safety AYUSH M-3 in the management of Pre-Hypertension – A double blind randomized control clinical study
4.	Clinical evaluation of Vidanga churna and Vyoshadi Guggulu in the management of Medoroga (Obesity)
5.	Clinical evaluation of Khadirarishta, Kaishor guggulu and Gandhakadya Malahar in the management of Vicharchika (Eczema)
6.	Knowledge, Attitudes, and Practices (KAP) towards Swarna prashana among Parents: A Cross-sectional Study
7.	Randomised placebo controlled double blind clinical trial on the efficacy of AYUSH MANAS in the management of Smriti Dourbalya (Cognitive deficit)
8.	Knowledge, Attitude, and Practice (KAP) towards Swarnaprashana among Ayurveda Practitioners: A cross-sectional Survey
9.	Ayurveda Interventions for Cancer: Systematic Review, Meta-analysis; and Revival, Documentation, Validation and analysis of data from practitioners, institutes.
Pharmacology Research	
10.	Acute and 90 days repeated dose oral toxicity study of AYUSH-SC-3 in experimental animals
11.	Antiarthritic activity of AYUSH SG-5 in experimental animals
12.	Acute and 90 days repeated dose oral toxicity study of coded drug AYUSH-PK Avaleha.
13.	Clinical evaluation of efficacy of Ayurvedic formulation for augmentation of Milk production in ruminants
14.	Clinical evaluation of efficacy of AYUSH V-24 (a coded Ayurvedic formulation) in the management of selected Gastro Intestinal Illness in ruminants
15.	Effect of Nishatriphala Yoga on Streptozotocin and High fat diet induced diabetic neuropathy in Sprague Dawley rats.
16.	Pharmacological Evaluation of Kutajghan Vati in Experimentally-induced Colitis in Rats.
Literary Research	
17.	Ontological Analysis and Conceptual Modeling of Homoeopathic Terminologies
18.	Editing and Translation of Tibb-e-Ghiyasia (A manuscript on medicine) written by Ḥakīm A in al-MulkShirazi (d. 1595 AD) from Persian into English
19.	Upgradation and Maintenance of Ayurvedagranthasamuccaya Portal – APTA Digital Library.
20.	Documentation of Life Profiles of Luminaries in the field of Ayurveda
Pharmaceutical Research	
21.	Pharmaceutical standardization of five Calcium containing Bhasmas (Shankha, Shukti, Varatika, Godanti and Kukkutandatwak) and their chemical analysis by advanced analytical techniques.
Fundamental Research	
22.	An exploratory study of Ushna and Shita Virya based on mitochondrial ATP regeneration and electron transport

Ongoing Projects

S. No.	Name of Project
Clinical Research Projects	
1.	Clinical Evaluation of Triphala Ghrita as topical (Tarpana) and internal medication in the management of Dry Age Related Macular Degeneration Symptoms.
2.	Efficacy of Ayurvedic intervention in the management of occupational stress among IT professionals.
3.	Effectiveness of the role of Astangalavana and Srikhandasava as add on treatment on Madatyaya (Alcohol Dependence) - An Open Label Clinical Trial
4.	Evaluation of efficacy and safety of AYUSH-HR in the management of Pre-Hypertension – a double blind randomized control clinical study.
5.	Clinical efficacy and safety of Arogyavardhini vati and Pippalyasava in the management of Non-Alcoholic Fatty Liver Disease (NAFLD) – An open label prospective clinical trial.
6.	A randomized, Placebo-controlled, Double blind clinical trial to evaluate the effect of Trikatu in Subclinical Hypothyroidism.
7.	Impact of Ayurveda Based Lifestyle Advocacy and Practices among apparently healthy individuals across selected cities in India - A Randomized Parallel Group Study
8.	Clinical Evaluation of Lekhaniya Gana Kashaya and Arogyavardhini Gutika in the management of Medoroga (Obesity)
9.	Efficacy and safety of Ayurveda Formulation ‘Trikatu’ in Dyslipidemia – A Prospective Randomized Double Blind Placebo Controlled Trial
10.	Clinical evaluation of Lashunadi Vati and Pippaladyasava in the management of Agnimandya
11.	Clinical assessment of the efficacy of Ayurvedic management in PCOS – A randomized open label control trial.
12.	A Clinical Consensus Study for Developing the practice guidelines of Marsa Nasya Karma with a multi-center Feasibility Study in Cervical Spondylosis
13.	Clinical evaluation of Nimbadi Churna, Khadirarista and Arjuna Lepa in the management of Acne (Yuvan Pidika)
14.	Clinical evaluation of Sanjivani Vati and Pippaladyasava in the management of Agnimandya -a randomized parallel group study.
15.	Evaluation of the efficacy and safety of Chandraprabha Vati with Gokshuradi Guggulu in the management of Benign Prostatic Hyperplasia – A Randomized standard controlled clinical trial
16.	Clinical Evaluation of Ayurvedic Regimen (Virechana Karma followed by Oral administration of Kankayana vati, Kanchanara guggulu and Kumaryasava) in the management of Polycystic ovarian syndrome - A Randomized controlled open label Clinical Trial
17.	Comparing the efficacy of Yashtimadhu Ghrita anal infiltration and Diltiazem topical application in the management of Chronic Anal Fissure – An open-label randomized controlled trial
18.	Efficacy of Ayurveda Therapeutic Regimen versus Physiotherapy on Functional Disability and QoL in Post Stroke Rehabilitation-A prospective Randomized controlled trial
19.	Efficacy and safety of Murivenna anal infiltration compared to Diltiazem topical application in chronic anal fissure: A prospective randomized open-label clinical trial
20.	Efficacy of Ayurveda intervention in the management of Menorrhagia (Raktapradara)
21.	Evaluation of the efficacy of Ayush-BR leham in the management of Moderate malnutrition in children aged 3-5 years, a randomized controlled open label prospective clinical study.
22.	Efficacy and Safety of AYUSH SR tablet in the management of stress among University students – A double-blind randomized placebo-controlled study.
23.	Randomized controlled clinical trial to evaluate the efficacy of Ayurveda treatment protocol in lumbar disc herniation with radiculopathy.
24.	Efficacy and Safety of Punarnavadi Mandura and Dadimadi Ghrita Vs standard care in Adolescents with Iron Deficiency Anemia in improving Hemoglobin level, Functional gut well-being and Cognitive performance- A Randomized active controlled trial

25.	Effect of Therapeutic Sneha on Lipid Profile– A Systematic Review
Medicinal Plant Research Projects	
1.	To establish the best procurement time for certain herbs by analysing the seasonal variation in bioactive secondary metabolite with quantitative HPLC-Part-2. (Vol.-2)
2.	Anthology of pharmacognostical research outcomes of CCRAS on selected medicinal plants used in the Ayurveda
3.	Pharmacognostical Evaluation of Medicinal Plants cited in Ayurvedic Formulary of India excluding the plants mentioned in Ayurvedic Pharmacopoeia of India (Part-II) at CARI, Jhansi
4.	Optimization of extraction process for the enrichment of extract with selected markers of some important Ayurvedic plants at CARI, Kolkata
5.	Pharmacognostical and chemical profiling of selected Indian medicinal flowers' at RARI, Jammu
6.	Photographic Atlas on Macro-Microscopic Characteristics of Medicinal Plants Listed in Ayurvedic Pharmacopoeia of India, Part-I, Volume – II at CSMCARI, Chennai
7.	Anthology of Survey Research outcomes of Medico Ethno Botanical Survey (MEBS), CARI, Bengaluru.
8.	Anthology of Survey Research Outcomes from Medico-Ethno Botanical Survey (MEBS), Central Ayurveda Research Institute CARI, Guwahati (Assam)
9.	Anthology of Survey Research outcomes from Medico -Ethno Botanical Survey (MEBS), RARI, Ranikhet (Uttarakhand)
10.	Anthology of Survey Research Outcomes from the Medico-Ethno Botanical Survey (MEBS), RARI, Mandi (Himachal Pradesh)
11.	Mass Cultivation of Selected Economically Important Medicinal Plants at RARI, Pune
12.	Mass cultivation of the selected economically important medicinal plants at RARI, Ranikhet
13.	Mass cultivation of selected economically important medicinal plants at RARI, Itanagar
14.	Development and Digitalization of Authentic Ayurvedic Raw Drugs and Herbarium for the Medicinal Plants Appearing in Ayurvedic Formularies of India in Mandatory Drug Testing Laboratories of CCRAS
15.	Digitalization and indexing of herbarium sheets at CARI Kolkata collected from 1970-2000.
16.	Medico Ethno Botanical Survey in the forest areas of Wayanad district of Kerala state
17.	Medico Ethno Botanical Survey in the forest areas of Darjeeling district of West Bengal.
18.	Anthology of Survey Research Outcome from Medico Ethno Botanical Survey (MEBS)
19.	Establishment of In vitro propagation protocol for the conservation of Hydnocarpuspentandrus (Buch.-Ham.) Oken, a Vulnerable medicinal plant used in Ayurvedic formulations
20.	Developing Quality Standards for selected Extra-pharmacopoeial Drugs Collected from Irula tribes of Thandarai, Kancheepuram District, Tamilnadu
21.	Developing image-based taxonomical database of plants used in the Ayurveda
22.	Development of Quality Standards of Selected Extra-pharmacopoeial Drugs (AnuktaDravyas) Used in Local Health Traditions Collected from Different Regions of India.
23.	Development of Quality Standards of Selected Extra-pharmacopoeial Drugs (AnuktaDravyas) Used in Local Health Traditions Collected from Different Regions of India.
24.	Development of Quality Standards of Selected Extra Pharmacopoeial (AnuktaDravya) Drugs used in Local Health Traditions collected from different regions of India.
25.	Development Of Quality Standards of Selected Extra-Pharmacopoeial Drugs (AnuktDravyas) Used in Local Health Traditions Collected from Different Regions of India.
26.	Antibacterial Activity of selective Ayurveda formulations against Gastrointestinal infection, Respiratory infection and Urinary Tract Infection causing bacteria.
27.	Evaluation of antibacterial, anti-oxidant and immuno-modulatory properties of selected Ayurvedic formulations

28.	To investigate the inhibitory effect of various medicinal plants used in ayurvedic system against dental caries causing micro-organisms.
29.	In vitro screening of plants/vegetables/fruits/herbs for their suitability as prebiotics.
30.	Comparative pharmacognostical and phytochemical standardization of commonly adulterating Ayurvedic drugs and adulterants, Pune
31.	Anthology of Survey Research outcomes of Medico Ethno Botanical Survey (MEBS), RARI, Itanagar.
32.	Comprehensive inventory of local health traditions (LHTS) & ethno medicinal practices (EMPS) in INDIA - validation through ayurvedic and ethno medicinal literature to establish uniqueness.
33.	Investigating the Effect of Vesicular Arbuscular Mycorrhiza (VAM) on Growth, Yield, Phytochemical Contents and Pharmacological Activities of Shalaparni and Prishniparni. RARI Pune
34.	Documentation and Validation of Local Health Traditions and Ethno medicinal practices in Sunderbani block of District Rajouri, Jammu and Kashmir. RARI Jammu
35.	Documentation and Validation of Local Health Traditions and Ethno-Medicinal practices in Lahul and Spiti district of Himachal Pradesh. RARI Mandi
36.	Documentation of wild edible and medicinal plants commercialized at local market in Papum Pare and lower Lower Subansiri district of Arunachal Pradesh. RARI Itanagar
37.	Macroscopic and microscopic atlas preparation for Ayurvedic Pharmacopeia of India Part -I, Vol-IV. RARI Gwalior
38.	Identification of potent anti-microbial compounds from medicinal plants against multi-drug resistant ESKAPE(E) bacteria isolated from different water sources in and around Jhansi district.” CARI Jhansi
39.	Screening of fungal isolates associated with mycotoxin/aflatoxin production from various herbal/plants based raw materials/formulations. CARI Jhansi
Drug Standardization Research Projects	
1.	Development of Quality Standards and SOP's for the formulation AYUSH-HR
2.	Development of Pharmaceutical Standards for AYUSH-64
3.	Chemical Profiling of Six Ayurvedic Drug Plant Stem Bark/Hear Wood and Small Branches Using Modern Analytical Techniques.
4.	QC Analysis, Estimation of Markers/PRS & Shelf life studies of AYUSH M3 and AYUSH SS Granules
5.	Isolation of Markers Compound from Ayurvedic Plants and Development of Marker Compound Library
6.	Marker based Shelf-Life study and Development of Marker(s) Based Quantification Methods for the Most Valuable Ayurvedic Raw Drugs.
7.	Development of Quality Standards of Ayurvedic Plants for the Ayurvedic Pharmacopeia of India.
8.	Development of Drug Master File and Dossier on Rhizome Picrorhiza kurroa an Important Promising Medicinal Plants Based on Leads from Ayurveda and Contemporary Research
9.	Development of Drug Master File and Dossier on Emblica Officinalis an Important Promising Medicinal Plants Based on Leads from Ayurveda and Contemporary Research
10.	QC Analysis, Estimation of Markers/PRS and Shelf-life studies of Ayush PVK Gel, Ayush AGT Cream and AGT lotion
11.	Development of SOP and Quality Standards for the formulation of AYUSH- 56.
12.	QC Analysis, Estimation of Markers/PRS & Shelf-life Studies of Ayush PTK and Go-Mutra Haritaki.
13.	Effect of geographical variations, phytochemical profiling and marker-based quantification of selected medicinally important Ficus species.
14.	Preclinical Standardization and Development of SOP for Coated Tablets from Aqueous and Hydroalcoholic Extracts of Amlaki, Guduchi and Vasa and Shelf-life Studies.
15.	Marker-based Traceability in Ayush Kwath Churna and its Raw Drugs, Shelf-life and Exploration of Antioxidant & Antimicrobial Potency: A new horizon to explore Ayush Kwath Churna.
16.	Development of Quality Standards, Estimation of Markers and Shelf-Life Study of Ayush-82 and Ayush-SG.

17.	Development of Drug Master File and Dossier for <i>Withania somnifera</i> (L.) Dunal an Important Medicinal Plant from Ayurveda and Contemporary Research.
18.	Comparative phytochemical and pharmacological evaluation of small branches with root or stem bark of selective Ayurvedic plants.
19.	Rationalization of hydro-alcoholic extractive protocols for selected plant roots/rhizomes of Ayurvedic importance for strategic drug development.
20.	Development of Quality standards for formulation AYUSH KVM Syrup.
21.	Isolation of Phytoconstituents from some selected Ayurvedic medicinal plants.
22.	Estimation of Calcium and trace minerals & metals in Ayurveda drugs of Sudhavarga.
23.	Development of quality control protocols, identification, and estimation of major bioactive constituents of Ayurvedic medicated oils 'Murivenna', 'DurvadiKera', 'BhringamalakadiKerataila'.
24.	QC analysis and estimation of markers in polyherbal formulation Jwarahara kwatha Choornam (JKC) for the effective treatment of fever.
25.	Development of Quality Standards, Estimation of Markers and Shelf-Life Study of Kvatha Curna Formulations.
26.	Development of quality standards & SOP with markers-based analysis and shelf-life study of four medicinally important classical ayurvedic formulations.
27.	Development of Quality Standards, estimation of Markers and Shelf-life of Chopchinyadi Churna, Marichadi Churna, Musali & Saraswat Churna at CARI, Guwahati.
28.	Shelf-life Study and Development of Marker(s) Based Quantification Methods for Ayush-A, and Ayush SC-3
29.	Evaluation of Seasonal and Geographical Variation on Phytoconstituents/Marker Compounds in Selected Ayurvedic Medicinal Plants
30.	Isolation of Marker Compounds and Development of Marker Compound Library from four Selected Ayurvedic Medicinal Plants (Kancanara, Asthisrnkhala, Puskara & Lajjalu)
31.	Isolation of Marker/PRS compounds of selected Medicinal Plants
32.	Development of SoP, QC standards & Shelf-life Study of CCRAS Coded drug AYUSH UT Ointment
33.	Isolation of Marker Compounds from Ayurvedic Ingredients Used in CCRAS Coded Drugs Namely Ayush-HR, Ayush-56, Ayush-PG-7 & Ayush- SC-3 etc.
34.	Development of SOP & Quality Control parameters and Shelf-life studies of Ayush RP, Ayush AG & Ayush GG formulations
35.	Comprehensive QC analysis, Estimation of Marker, nutritional profiling & Shelf-life studies of "Ayush Poshak Yoga"
36.	In-Silico study of Botanicals used in Ayurveda for neurocognitive enhancement
37.	Development of SoP, Estimation of marker compounds in Polyherbal formulation: Tryushanadi Guggulu – A Classical Ayurvedic formulation
38.	Nutritional profiling, Estimation of Marker/PRS of Balya drugs
39.	Development of SoP, QC standards & Shelf-life Study of CCRAS Coded drug AYUSH UT Ointment.
40.	Pharmaceutical standardization SOP Development and comprehensive phytochemical profiling of selected Ayolepa Rasayana Kalpana.

Pharmacology Research Projects

1.	Study of <i>Carica papaya</i> Leaf, <i>Adhatoda vasaca</i> Leaf and <i>Tinospora cordifolia</i> Stem in Experimental Thrombocytopenia as model of Dengue.
2.	Evaluation of <i>Vatari guggulu</i> for anti-arthritic activity through different arthritis models in experimental animals
3.	Effect of <i>Gokshuradi Guggulu</i> on Experimental Diabetic Nephropathy: In-vitro and In-vivo Studies
4.	Exploratory study of cellular and nuclear entry of Bhasmas/rasakalpas
5.	In-vitro and in-vivo evaluation of anti-migraine activity of AYUSH M3
6.	Acute and 90 days repeated dose oral toxicity study of coded drug Ayush-SDM tablet
7.	Evaluation of <i>Kanchnar guggulu</i> and <i>Varunadi Kashaya</i> against letrozole induced polycystic

	ovarian syndrome associate conditions in female wistar rats
8.	Evaluation of Anti-diabetic and hepatoprotective Activity of coded formulation AYUSH-64 in experimental Animal Models
9.	Evaluation of Kalyanaka Ghrita against rat model of Alzheimer's disease
10.	Acute and 90 days repeated dose oral toxicity study of coded drug Ayush-HR
11.	Clinical evaluation of the efficacy of Padmakanta Yoga, an Ayurveda Formulation in the management of Mastitis in Bovines
12.	Evaluation of anti-depressant/anxiolytic/nootropic effect of panchagavya Ghrita in experimentally induced stress in rat
13.	Exploration of reproductive toxicity profile of coded drug Ayush 64
14.	Evaluation of some medicinal plants against free fatty acid induced steatosis in hepatic cell line- Invitro study.
15.	Acute and 90 days repeated dose oral toxicity study of AYUSH-LND in experimental animals.
16.	Acute and 90 days oral toxicity study of AYUSH-SS granules in experimental animals.
17.	Exploration of reproductive toxicity profile of SS granules.
18.	Effect of Brahmadrakshayadi ashayam on Chronic Restraint Stress (CRS) induced neurobehavioral alteration in experimental rats.
19.	Comparative evaluation of selected Ayurvedic Pharmacopoeial source plant and their substitute through experimental Pharmacology
20.	Study of coded drugs intended for antenatal care i.e. AYUSH GG and AYUSH AG for their developmental toxicity and teratogenicity profiles in zebrafish embryo model
21.	Safety and anti-obesity activity of Trysanadi guggulu in experimental animals
22.	Anti-cancer activity of Chaulmoogra oil and Shwetha Sarshapa churna in the treatment of epidermal carcinoma of skin in experimental mice.
Literary Projects	
1.	Preparation of comprehensive inventory of drugs of plant, animal and mineral origin mentioned in classical Ayurveda texts (Brihatrayi and Laghutrayi)
2.	AYUSH Research Portal (2021)
3.	Implementation & Maintenance of "National AYUSH Morbidity and Standardized Terminologies Portal (NAMSTP) (2021)
4.	Refinement of Sanskrit text in Council publication.
5.	Ayush Manuscripts Advanced Repository (AMAR)
6.	Showcasing of Ayurveda Historical Imprints (SAHI) through tangible and intangible evidence.
7.	e-Medical Heritage Accession (e-MEDHA)
8.	Translation of Turangaratnamala from Marathi to English
9.	Editing and translation of Qarabadin Masumi (A manuscript on pharmacopeia) written by Maum al-Sheerazi (d. 1691 AD) b from Persian into English and Kitab fi al-Mizaj (A manuscript on Temperament) and Kitab fi al-Anasir (A manuscript of Constituents) written by Jalinu (d. 216 d,) from Arabic into English)
10.	Translation of unpublished Manuscript Shalihotra from Sanskrit to English
11.	Mahamati Cakrapani Dasa Krta Abhunava Cintamani (Sanskrit to English Translation)
12.	Satkantha Ratna (deciphering texts from Palm Leaf Manuscript, transliteration from Oriya to Devanagari script, translation from Sanskrit to hindi and English, critical edition of other manuscript and text editing)
13.	Critical Appraisal, Refining, Technical editing and publication of literary works assigned based on expression of interest.
14.	Digitized Retrieval Application for Versatile Yardstick of Ayush (DRAVYA)
15.	Bibliometric analysis of the publications on Research in Ayurveda for prevention and management of Covid-19
16.	Translation of Bharadwaja Pranita Bhesajkalpah (Sanskrit) Grantha into Hindi and English
17.	English and Hindi Translation of Pramadagadari Vidyaka (Marathi) Grantha

Fundamental Research	
1.	A cross-sectional survey to explore the association of Prakriti with Diabetic Retinopathy
Pharmaceutical Research	
1.	Process Validation, Pharmaceutical Standardization, accelerated stability study and evaluation of antimicrobial activity of Ayush Ghutti dispersible tablet
2.	Process validation, Pharmaceutical standardization and evaluation of antimicrobial activity of Ajeernakantak Ras, Kanaksundar Ras and Hinguleshvara Ras
3.	Process validation and Pharmaceutical Standardization of Polyherbal formulations (Ajmodadi Churna, Panchkola Churna and Haridradi Churna) with its shelf life and anti microbial evaluation
4.	Process validation, Pharmaceutical standardization with classical and modern techniques along with the evaluation of shelf- life and antimicrobial activity of Pippalyadi Yonivarti, Arkadi Yonivarti and Kushthadi Yonivarti
5.	Pharmaceutical Standardization, Antimicrobial activity and Accelerated stability study of Arkas of Ajamoda, Guduchi, Kiratatikta and Mishreya
6.	Development of SOP and quality standards of Ayurvedic herbo-mineral formulation Gandhaka Rasayana
7.	Process validation and pharmaceutical standardization estimation of shelf life study Vacalasanadi Taila, Somaraji Taila, Hingutriguna taila and Yashtimadhu
8.	Development of quality standards for selected Arka formulations
9.	Pharmaceutical development and characterization of Karuthamarmani gutika/tablet/ Shiraswtodadi gutika/tablet
10.	Pharmaceutical standardization of polyherbal formulations MML Taila with Shelf-life study.
11.	Process validation and standardization of Pippalyadi taila, Vachadi taila and Bhringamalakadi taila formulations in AFI.
12.	Formulation development, pharmaceutical standardization and accelerated stability studies of Pushkar guggul Tablets.
13.	Process validation, Pharmaceutical standardization and estimation of Shelf-life study of Abhijita taila, Madhukadi taila and Vyaghri taila.
14.	Formulation development and pharmaceutical standardization of Amrutadi vati/tablets by different methods using Churna, Aqueous and Hydroalcoholic extracts with their comparative analytical and accelerated stability studies.
15.	Pharmaceutical standardization and characterization of Yashad Bhasma.
16.	Pharmaceutical standardization, SOP development and comprehensive phytochemical profiling of selected Ayolepa Rasayana Kalpana.

Details of Collaborative Research Projects during 2022-23

COMPLETED PROJECTS

S. No.	Name of Project
Clinical Research Projects	
1.	A comparative clinical study of Ayush LND a coded Ayurvedic formulation in the management of Asrigdara (Abnormal Uterine Bleeding)
2.	A Randomized controlled trial to evaluate the efficacy of Marma therapy in Lumbar disc Herniation with Radiculopathy.
3.	A study of Ashwagandha administration in participant vaccinated against COVID-19 on safety, immunogenicity and protection: A randomized, double blind placebo controlled multi-centric clinical trial.
4.	Efficacy of Ayurveda nutritional supplements and Yoga protocol in the prevention and reduction of the severity of Acute Mountain Sickness: an open-label randomized controlled study
5.	A pilot study to assess the effect of intranasal oil instillation (Pratimarsha Nasya) on nasal barrier function among healthy individuals
6.	Prospective double blind randomized controlled clinical study on Ayurvedic intervention (Sarpagandha Mishran) vs. Amlodipine in the management of stage-I Primary Hypertension
Drug Standardization Research	
7.	SoP's standardization of identified ayurvedic herbomineral preparations viz. Shwasakuthara Rasa and Mrityunjaya Rasa.
Fundamental Research	
8.	Assessment of Prakriti (Ayurvedic Body Constitution) of patients with Cervical and Ovarian Cancer.

Ongoing projects

S. No.	Name of Project
Clinical Research Projects	
1.	A phase II trial to study efficacy, toxicity and immunomodulatory effect of Carctol-S in high grade serous epithelial ovarian cancer at first serological relapse collaborative project.
2.	Randomized double blind placebo controlled clinical study Ayurvedic coded drug AYUSH-A in the management of Bronchial Asthma (Tamaka Shwasa)
3.	Evaluation of Hepatoprotective activity of PTK as an add on therapy in the patients of Tuberculosis on ATT - A double blind randomized control clinical study
4.	Study the physiological basis and gut bacterial modulation induced by Virechana Purgation therapy in the healthy adults: A prospective longitudinal study.
5.	Evaluating the efficacy of Ayurvedic intervention as add on to conventional treatment and explore the interaction of epigenetics, neuro/gut biomarkers and neuroimaging in pediatric ADHD (Attention Deficit Hyperactivity Disorder)
6.	Double blind randomized placebo controlled multicentric clinical trial of Ayush M-3 in the management of Migraine.
7.	Evaluation of Ayush-GMH in the subjects of mild to moderate Non alcoholic fatty liver disease (NAFLD)-A double blind randomized control clinical study
8.	A randomized trial to evaluate the efficacy of multimodal Ayurveda interventions in Jannu Sandhigatavata (Primary Knee - osteoarthritis)
9.	A double blind, double dummy prospective randomized controlled study to evaluate the efficacy of classical Ayurveda management versus Methotrexate in Rheumatoid Arthritis.
10.	Ayurveda therapeutic regimen as an Add-on to optimized conventional management of Parkinson's disease: an RCT for assessment of clinical Cortical excitability neuroimmune and Autonomic function parameters.
11.	A Randomized Controlled Study to Assess the Effect of Marsha Nasya Karma in Motor, Sensory,

	Memory and Cognitive Parameters elicited through f - MRI in Apparently Healthy Individuals
12.	Efficacy and safety of Ayurveda Formulation Trikatu as add on to standard care in Dyslipidemia - a randomized controlled trial
13.	Morbidity and Healthcare-seeking behaviour of the patients visiting the Ayurveda healthcare facilities of the DGAFMS Hospitals: A multicentre cross-sectional survey study
14.	Efficacy of Ayurveda regimen (mild purgation and internal oleation) in comparison with Allopathic regimen (Letrozole) along with Yoga module in the management of unexplained and anovulatory female infertility: A RCT
15.	Clinical evaluation of Ayurvedic management in Allergic Rhinitis- A Randomized controlled Trial
16.	Topical Oil Pooling (Karnapurana) with Kshirabala Taila and supplementation of Ashwagandha churna (TOPMAC) in presbycusis - An exploratory randomized controlled trial
17.	Prospective, Randomized, Open-Label, Blinded End Point exploratory clinical study to evaluate the efficacy and safety of Ayurvedic regimen as an adjunct to Hydroxyurea in the management of Sickle cell disease.
18.	A multi-center study to assess the treatment adherence & tolerability of Ayush SR in Generalized Anxiety Disorder (GAD)
19.	Treatment Adherence, Tolerability and Safety of Ayurveda Therapeutic Regimen in the Management of Primary Knee Osteoarthritis: An OPD-Based Study
20.	Clinical study on treatment tolerability, medication adherence and safety of Ayurvedic formulations in the management of Dyslipidemia
21.	Treatment tolerability, medication adherence and safety of Ayurvedic formulations in the management of psoriasis – An open label single arm study -
22.	Treatment Adherence, Tolerability and Safety of Ayurveda Therapeutic Regimen in the management of Primary Knee Osteoarthritis: An OPD-based study – RARI, Thiruvananthapuram
23.	Treatment Adherence, Tolerability and Safety of Ayurveda Therapeutic Regimen in the Management of Primary Knee Osteoarthritis: An OPD-Based Study – CARI, New Delhi.
24.	Impact of Mukta Shukti Bhasma and Saubhagya Shunti in reversal of bone mineral density among Lactating women consuming traditional diet foods in Maharashtra: A randomized Controlled preliminary clinical study
25.	Tolerability, treatment adherence and safety of Punarnavadi Mandura in the management of Iron Deficiency Anemia: An open label single arm study (RARI, Jaipur)
26.	Efficacy of Ayurveda interventions (Hridyarnava Rasa and Harityakyadi yoga) as an add-on to standard care in Stable Coronary Artery Disease (CAD) assessed through Global Longitudinal Strain Imaging Technique (GLSIT) - A Randomized Controlled Trial.
27.	Treatment adherence, Tolerability and safety of Ayurveda therapeutic regimen in the management of Rheumatoid Arthritis (RA): An open level, OPD-based, multi-center study.
28.	Prospective double blind randomized controlled clinical study on Ayurvedic intervention (Pushkar guggulu & Haritaki churna) in the management of stable coronary artery disease.
29.	Tolerability, treatment adherence and safety of an Ayurvedic intervention - Dhatri Lauha in the management of Iron Deficiency Anemia: An open label single arm clinical study.
Medicinal Plant Research Projects	
1.	Plant Diversity Database of Selected Ayurvedic Medicinal Plant Species from Medicinal Plants Garden of RARI, Pune
2.	Characterization of important Ayurvedic medicinal plants through DNA barcoding.
3.	Identification of adulterants/substitutes for Ayurveda plant raw material in trade using pharmacognostic and phytochemical parameters. CARI, Jhansi and NBRI Lucknow
4.	A comparative study on hydroponic and field cultivated medicinal plants used in Ayurveda. CARI, Jhansi and BHU Varanasi
5.	Comparative evaluation of field and hydroponic cultivation of selected Ayurvedic medicinal plants. CARI Bengaluru and IIHR Bengaluru
6.	Study of seasonal variation on bioactive compounds of Panchavalkal-05 medicinal plants used in Ayurveda. CARI, Bengaluru and UAS-B, GKVK
7.	In vitro propagation and genetic stability studies of Ipomoea mauritiana Jacq. -a Rare medicinal plant. NARIP Cheruthuruthy and SNGS College Pattambi

8.	Documentation of Traditional Food Recipes of Karnataka and their Validation with Ayurveda and Nutritional Perspective, TDU University; CARI, Bengaluru.
9.	Development of SOPs for the preparation of Ayurveda recipes and nutritional evaluation of selected products CSIR-CFTRI, Mysuru; CARI, Bengaluru.
10.	Standardization the cultivation and seed germination conditions of <i>Centrathrum anthelminticum</i> (L.) Kuntze.
Drug Standardization Research Projects	
1.	Development of Metal Based Ayurvedic Formulation (MBAF) for the treatment of Acute Pro-Myelocytic Leukaemia (APML)
2.	Assessment of AYUSH-64 and Ayush Kwath to SARS-CoV-2 mutants on lung, liver and brain cells and their organoids.
Pharmacology Research Projects	
1.	Evaluation of hepatoprotective efficacy and underlying molecular mechanism of Ayurvedic formulations, AYUSH-PKT & AYUSH-GMH in experimental animal models of alcoholic and non-alcoholic fatty liver diseases: A pre-clinical study.
2.	Pre-clinical evaluation of Ayurvedic formulations against ionizing radiation-induced acute dermal injury in rats- implications in clinical study
3.	Evaluation of drugs-cytochrome P450 enzyme interaction through fluorometric high throughput screening assays
4.	Mechanistic investigation on the efficacy and mode of action of Ashwagandha and Yograj Guggulu, using a hybrid proteomics-chemoinformatics-network medicine approach for the treatment of Osteoarthritis.
5.	Evaluation of Cytotoxicity, Pharmacokinetics, Anti-Cancer Activity, Detailed Molecular Mechanisms of Bhallatakadi Modaka in In Vitro (2D and 3D Culture) and in vivo Tumor Xenograft Models.
6.	Toxicity Studies and Evaluation of Anti-inflammatory and Anti-arthritis activity of Shunthi Guggulu (Triphala Shodhita) in Rats.
7.	Understanding mechanistic role of Carctol-S as immunomodulatory and anticancer formulation against Ovarian Cancer
8.	Understanding mechanistic role of CARAF & CAGHE as immunomodulatory and anti-cancer compounds against pre-clinical models of Leukemia, Lymphoma, Melanoma, Lung and Breast cancer
9.	Deciphering Pharmacodynamics of Ayurvedic formulations (Ayush Manas, Bhallataka Ghrita and Jyotismathi taila) used in the treatment of neurodegenerative diseases by integrating reverse pharmacological approaches.
10.	Anticancer potential and molecular mechanism of Rasa Sindhoor on Ovarian cancer cells
11.	Evaluation of anti-cancerous potential, in silico pharmacological analysis and molecular mechanism of Kanchar guggulu in ovarian cancer μ Tumor spheroids, and in in vivo models
12.	Aqueous and Hydroalcoholic Extraction of selected Anukta Dravya Plants and Evaluation of their Therapeutic efficacy for various diseases
13.	Toxicity profile of Rasamanikya Rasa in experimental animals
14.	Development of Mahua (<i>Madhuca longifolia</i>) based food recipe (Product development) and its nutritional, toxicity, efficacy and bioavailability studies
15.	Development of <i>Opuntia elatior</i> (fruit) based food recipes (product development) and its nutritional, toxicity, efficacy and bioavailability studies
16.	Preclinical study on the efficacy, safety and toxicity of Swarna Prashan regimen as adjunct therapy in Paediatric acute lymphoblastic leukemia.
17.	Toxicity profile of Swaskuthar Rasa in experimental animals.
18.	Toxicity profile of Tribhuvana Kirti Rasa in experimental animals.
19.	Pre-clinical development of Amalaki (<i>Phyllanthus emblica</i> Linn.) fruit through AYUSH route for adjunct therapy in tuberculosis to reduce anti-tubercular treatment (ATT) induced hepatotoxicity.
20.	Pre-clinical development of Guduchi [<i>Tinospora cordifolia</i> (Thumb) Miers] stem through AYUSH route for adjunct therapy in tuberculosis to reduce anti-tubercular treatment (ATT) induced

	hepatotoxicity.
21.	Pre- clinical development of Vasa (Justicia adhatoda Linn.) Leaves through AYUSH route for adjunct therapy in tuberculosis to reduce anti – tubercular treatment (ATT) induced hepatotoxicity
22.	Pre-Clinical Study of Dhatri Lauha (A classical ayurvedic formulation) in Iron Deficiency Anaemia (Pandu Roga).
23.	Toxicity profiling of Mrityunjaya rasa in experimental animals.
24.	Evaluation of the inhibition potential of ayurvedic drugs against cytochrome p450: Implications for drugs-drug Interaction.
Literary Projects- Collaborative	
1.	Study of Immunomodulating properties of selected recipes from ancient Ayurvedic classical texts (Bhojanakutuhalam and Kshemakutuhalam) and repurposing them as immune enhancers.
2.	Comprehensive collection of health-related references from Vedic Literature & Systematic Documentation of selected Vedic practices
3.	Translation & Transliteration of Vakyapradeepika commentary of Ashtangahridaya
4.	In-silico network pharmacology study of selected coded formulations of CCRAS
Fundamental Research - Collaborative Projects	
1.	Systems Biology Approach to Delineate Molecular Signatures of Prakriti in Healthy Humans.
Pharmaceutical Research - Collaborative Projects	
1.	Design and development of a device for efficient removal and recovery of heavy metals from the Fumes of Rasa-aushadhies (Rasa-sindura) during their preparation

ANNEXURE-IV

(Technical)

Ayurveda Mobile Health Care Program under Scheduled Castes Sub Plan (SCSP)

Ayurveda the ancient tradition of Indian System of Medicine has sustained the population for centuries, with effective cures and remedies for numerous conditions, including those relating to women and children. As an apex body of research in Ayurveda, The Central Council for Research in Ayurvedic Sciences (under Ministry of Ayush, Govt. of India) is providing healthcare services and creating awareness for maintenance and promotion of health of SC communities by Ayurvedic approaches through its different institutes across the country under the Scheduled Caste Sub Plan Programme (SCSP).

This programme has been executed through 20 CCRAS institutes in 18 States since 2015. During 2023-24 this programme is being executed through 15 CCRAS institutes in 14 states.

Aims: - To provide health care through Ayurveda in the areas predominantly dwelled by scheduled castes.

Objectives:-

- To provide healthcare services for various disease conditions.
- To generate awareness about Health, Hygiene, Nutrition through awareness lectures and distribution of IEC materials & to provide Ayurveda based lifestyle advocacy (Dinacharya, Ritucharya, Pathyaapathya etc.) for maintenance of health and prevention of diseases.
- To understand the health status of the target population in context with their socio-demographic conditions
- To know about perception of the study population regarding Ayurveda for health care

Work carried out since inception to March 2023

- Total 29,086 tours have been conducted in the identified 1,174 villages/colonies and 1,24,4,212 scheduled castes population have been surveyed and medical aid provided to 8,80,275 patients of which 6,94,298 belonged to schedule castes.

S. No	Project year	No. of tour	No. of Villages covered	Population surveyed	SC patients treated	Total Patient treated
1.	2015-16	685	105	51001	18107	24251
2.	2016-17	3028	220	154286	78870	110550
3.	2017-18	4781	193	207576	114377	149071
4.	2018-19	4744	162	216275	120907	151669
5.	2019-20	4687	135	210215	111775	130850
6.	2020-21	3172	137	161668	82822	101119
7.	2021-22	3553	110	120139	67788	84530
8.	2022-23	4436	112	123052	99652	128235
Total		29086	1174	1244212	694298	880275

Reaserch Projects conducted under AMHCP-SCSP since inception to March 2022

In the year 2020-21

- A prospective open label controlled interventional study on the effect of Ayurvedic intervention (Ayurveda Raksha Kit) as a prophylactic measure in the Pandemic of COVID-19 – A community based study.

In the year 2021-22

- Observational study on profiling of Non communicable diseases.
- Effectiveness of Ayurveda based diet and Lifestyle advocacy on health related Quality of life in scheduled Caste population in India- a Community based, randomized controlled study.
- A prophylactic community based study to assess the impact of AyuRaksha Kit in COVID-19.
- A prospective community based study for the evaluation of PunarnavadiMandura in Anemia (Pandu).
- A prospective community based study for the evaluation of YograjGuggulu, Ashwagandha Churn and Narayana Tail in Osteoarthritis Knee(JanugatSandhivata).
- Clinical evaluation of efficacy of Ashwagandha on Quality of life in Geriatric Population- Prospective Double-blind placebo controlled study.

In the period 2022-2023

- Cross sectional survey to determine the prevalence of Non-communicable Diseases and their risk factors among scheduled castes in selected states across India”
- A randomized placebo-controlled trial of Ayush SR in Perceived stress
- Evaluation of efficacy and tolerability of select Ayurveda formulations in moderate Iron Deficiency Anemia – A randomized controlled trial

Work carried out From April 2023 to March 2024

- During the reporting year a total **57,356** scheduled caste population were surveyed, **99** villages/colonies covered through **3207** tours in 14 states and medical aid provided to **100613** patients of which **76,992** belongs to scheduled caste.

Research Projects during the period 2023-2024

- Effectiveness of Ayush Rasayana A & Bon Quality of Life of elderly population- A cluster randomized study
- Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis- A community-based study

Institute wise Status of work carried out under Ayurveda Mobile Health Care Program (SCSP) during 2023-2024

Name of the Institute	No. of tours	Population		Patient treated												Grand Total						
		Surveyed (SC)		New				Follow Up				Total				Total						
		M	F	Total	SC	Other	SC	Other	SC	Other	SC	Other	SC	Other	M	F	O	Total				
CARI, New Delhi	193	2027	1865	3892	1041	1692	443	665	0	727	1462	379	667	1768	3154	822	1332	0	2590	4486	0	7076
NARIP, Cheruthuruthy	222	1862	1948	3810	879	2500	216	494	0	525	1952	101	263	1404	4452	317	757	0	1721	5209	0	6930
CARI, Bhubaneswar	222	1861	1889	3750	1658	1996	122	108	0	2547	2851	23	36	4205	4847	145	144	0	4350	4991	0	9341
CARI, Kolkata	220	1642	2108	3750	846	1174	111	102	0	1490	2278	187	161	2336	3452	298	263	0	2634	3715	0	6349
CARI, Patiala	222	1855	2067	3922	1542	2517	603	850	0	1042	1333	907	1105	2584	3850	1510	1955	0	4094	5805	0	9899
CARI, Mumbai	219	1844	1944	3788	458	793	524	531	0	521	1286	586	664	979	2079	1110	1195	0	2089	3274	0	5363
RARI, Gwalior	214	2062	1886	3948	667	848	1592	1874	0	423	441	1167	1022	1090	1289	2759	2896	0	3849	4185	0	8034
RARI, Vijayawada	220	1901	1901	3802	740	1174	0	0	0	1374	2238	0	0	2114	3412	0	0	0	2114	3412	0	5526
RARI, Nagpur	214	1843	2022	3865	697	2043	144	391	1	1298	3917	215	843	1995	5960	359	1234	1	2354	7194	1	9549
CARI, Guwahati	200	1930	1882	3812	2124	2361	0	0	0	495	694	0	0	2619	3055	0	0	0	2619	3055	0	5674
RARI, Gangtok	210	1849	1923	3772	554	748	1161	1304	0	19	39	28	39	573	787	1189	1343	0	1762	2130	0	3892
RARI, Jammu	211	1896	1882	3778	1696	2041	214	238	0	244	330	21	19	1940	2371	235	257	0	2175	2628	0	4803
RARI, Ahmedabad	213	2047	1794	3841	1158	1997	512	798	0	592	1379	264	623	1750	3376	776	1421	0	2526	4797	0	7323
CARI, Bengaluru	221	1890	1949	3839	1303	2002	325	420	0	509	912	231	256	1812	2914	556	676	0	2368	3590	0	5958
RARI, Chennai	206	1749	2038	3787	916	2311	16	38	0	394	1204	9	8	1310	3515	25	46	0	1335	3561	0	4896
Grant Total	3207	28258	29098	57356	16279	26197	5983	7813	1	12200	22316	4118	5706	28479	48513	10101	13519	1	38580	62032	1	100613

Prevalent diseases under SCSP

S.No.	Name of Institute	Name of Diseases
1.	CARI, New Delhi	Sandhivata, Shoola, Daurbalya, Udarroga, Vibandh, Jwara, Madhumeha, Sandhishool, Katishool, Dadru, Twakvikar, Shwasaroga.
2.	CARI, Cheruthuruthy	Sandhivata, Kasa, Agnimandya, Pandu, Shwasa, Jwara, Katishoola, Shirashoola, Prameha, Gridhrasi
3.	CARI, Bhubaneswar	Vatavyadhi, Sandhivata, Daurbalya, Katishoola, Agnimandhya, Pandu, Sirasula, Kandu, Madhumeha, Ababahuka,
4.	CARI, Kolkata	Pandu, Mutrakriccha, Kandu, Jwara, Ababahuka, Prameha, Artavkshaya, Sandhivata Dadru, Arsha
5.	CARI, Patiala	Kasa, Sandhivata, Daurbalya, Kandu, Vibandha, Amlapitta, Arsha, Pandu, Jwara, Medoroga
6.	CARI, Mumbai	Vatavyadhi, Sandhigatavata, Amlapitta, Pratisyaya, Madhumeha, Aamvat, Trikasulah, Kandu, Arsha, Svasah
7.	RARI, Gwalior	Kasa, Sandhivat, Vibandh, Dorbalya, Twakrog, Shirashool, Vatvyadhi, Pratisyay, Madumeha, Katishool
8.	RARI, Vijayawada	Sandhivata, Prameha, Shwasa, Vibandha, Daurbalya, Agnimandya, Kasa, Katishoola, Pandu, Amlapitta
9.	RARI, Nagpur	Vatvyadi, Daurbalya, Madhumeha, Sandhigatvat, Vibandha, Amlapitta, Arsha, Shiroshul, Shwasa, Nidranasha,
10.	CARI, Guwahati	Vatvyadhi, Kushtha, Jwara, Sandhigatavata, Daurbalya, Arsh, Kasa, Udarrog, Agnimandya, Pandu
11.	RARI, Gangtok	Sandhivata, Agnimandya, Shirashoola, Amlapitta, Jwara, Kasa, Katishoola, Prameha, Amavata, Pandu,
12.	RARI, Jammu	Amlapitta, Kasa, Daurbalya, Madhumeha, Vatarakt, Pandu, Trikshoola, Kasa, Vibandh, Jwara
13.	RARI, Ahmedabad	Vatavyadhi, Sandhivata, Pratisyaya, Kasa, Madhumeha, Vibandha, Amlapitta, Kandu, Jwara, katishool
14.	CARI, Bangalore	Sandhivata, Amlapitta, Katishoola, Kasa, Madhumeha, Agnimandya, Kandu, Shirashoola, Prathishyaya, Pandu
15.	ALRARI, Chennai	Sandhivata, Prathishyaya, Daurbalya, Kushta, Kasa, Madhumeha, Jwara, Agnimandya, Abhighata, Katishoola

Reproductive/Women and Child Healthcare Programme under SCSP

CCRAS is an apex body of Research in Ayurveda, The Central Council for Research in Ayurvedic Sciences (under Ministry of Ayush, Gov. of India) is providing healthcare services and creating awareness for maintenance and promotion of health of SC communities by Ayurvedic approaches through its different institutes across the country under the Scheduled Caste Sub Plan (SCSP). Considering the strength of Ayurveda in the management of health related problems of women and children, CCRAS has been executing Reproductive/Women and Child Health care programme under SCSP in identified SC dominating villages/blocks since 2018.

This programme has been executed through 19 CCRAS institutes in 17 States during 2018-20, through 7 institutes in 7 states during 2020-21, through 10 institutes in 10 states during 2021-22, 2022-23 and 2023-24. During 2024-25 this programme is being executed through 10 CCRAS institutes in 10 states.

Aim: -

- To provide health care to women and children through Ayurveda in the areas predominantly dwelled by scheduled castes.

Objective:-

- To provide healthcare services for various disease conditions.
- To generate awareness about Health, Hygiene, Nutrition through awareness lectures and distribution of IEC materials & to provide Ayurveda based lifestyle advocacy (Dinacharya, Ritucharya, Pathya-apathya etc.) for maintenance of health and prevention of diseases.
- To understand the health status of the target population in context with their socio-demographic conditions.
- To know about perception of the study population regarding Ayurveda for health care.

Work carried out Since Inception to March 2023:-

Since Inception to March 2023, total 10,267 tours were conducted in the identified 363 villages/colonies and 3,01,023 scheduled castes (women & children) population have been surveyed and Health care services provided to 2,47,651 patients (women:200035 & children:47616) of which 2,01,019 belonged to scheduled caste (women:160435 & children: 40584).

Sl. No	Project year	No. of institute	No. of tours conducted	No. of Villages covered	Population (Women and Children) surveyed	Provided health care services to SC Women and Children
1.	2018-19	19	887	95	29372	10106
2.	2019-20	19	4382	101	137558	67748
3.	2020-21	7	1131	40	35428	26878
4.	2021-22	10	1755	70	60259	42120
5.	2022-23	10	2112	57	38406	54167
Total			10267	363	301023	201019

Research projects carried out in 2022- 23:-

1. Cross sectional survey to determine the prevalence of Non Communicable Diseases and their risk factors among women belonging to scheduled castes across India.
2. Placebo controlled randomized trial of Ayush SR in Post Menopausal Syndrome.

Work carried out during the period 2023-24:-

During April 2023 to March 2024, total of 38406 scheduled castes population of 52 villages/colonies was covered through 2112 tours and Health care services provided to 74739 patients (women: 61939 & children:12800) of which 54167 belonged to scheduled caste (women:44155 & children:10012).

Institute wise status of work done under WCH(SCSP) during 2023-24

Name of the Institute	No. of Villages covered	No. of tours made	Total SC Population Surveyed				SC Patient treated				Other Patient treated				Total Patients treated (SC+Other)			
			MC	FC	F	Total	MC	FC	F	Total	MC	FC	F	Total	MC	FC	F	Total
			CARI, Bhubaneswar	5	204	892	936	1983	3811	650	896	5367	6913	0	0	15	15	650
CARI, Patiala	5	228	972	754	2067	3793	442	794	6001	7237	123	235	2338	2696	565	1029	8339	9933
CARI, Guwahati	5	201	850	773	2150	3773	527	584	4852	5963	0	0	74	74	527	584	4926	6037
RARI, Lucknow	5	207	1157	857	1873	3887	247	365	3285	3897	190	251	1876	2317	437	616	5161	6214
RARI, Jaipur	6	216	1246	833	1861	3940	653	837	4374	5864	46	66	81	193	699	903	4455	6057
RARI, Nagpur	5	210	760	666	2334	3760	335	543	5817	6695	208	375	2526	3109	543	918	8343	9804
RARI, Trivandrum	5	219	589	567	2866	4022	19	45	1900	1964	94	198	4062	4354	113	243	5962	6318
RARI Patna	5	200	1387	1074	1396	3857	258	343	3679	4280	256	250	4346	4852	514	593	8025	9132
RARI, Mandi	6	215	782	707	2274	3763	383	429	4095	4907	147	134	1758	2039	530	563	5853	6946
RARI, Ahmedabad	5	212	1113	775	1912	3800	779	883	4785	6447	89	126	708	923	868	1009	5493	7370
Grand TOTAL	52	2112	9748	7942	20716	38406	4293	5719	44155	54167	1153	1635	17784	20572	5446	7354	61939	74739

Research project during the period 2023-24:-

1. Effectiveness of Rajapravartani Vati and Saraswatarishta in Dysmennorhosa - A prospective community based study.

20

Ayurvedic Health Centres under NE Plan

Central Council for Research in Ayurvedic Sciences is an autonomous body, under Ministry of Ayush, Govt. of India, is providing health care services for NE population through extension OPDs through its peripheral institutes located in North East Region since 2016.

In North Eastern Region, 19 Ayurvedic Health Centres in different districts of North-East states viz. 07 Ayurvedic Health Centres in Assam state, 05 Ayurvedic Health Centres in Arunachal Pradesh, 03 Ayurvedic Health Centres in Sikkim and 04 AHC in Tripura state are functioning under the supervision of 4 CCRAS peripheral institutes/centres viz. CARI Guwahati, RARI Itanagar, RARI Gangtok, and RARC, Agartala.

Objectives:-

- To provide health care services through OPDs.
- To generate awareness about Health, Hygiene, Nutrition through awareness lectures and distribution of IEC materials & to provide Ayurveda based lifestyle advocacy (Dinacharya, Ritucharya, Pathyaapathya etc.) for maintenance of health and prevention of diseases.

Details on beneficiaries at Ayurvedic Health Centres in North East States from 2016 to 2023

Name of Institute	Year 2016-17	Year 2017-18	Year 2018-19	Year 2019-20	Year 2020-21	Year 2021-22	Year 2022-23	Total
CARI, Guwahati	8746	67408	69710	80300	33573	22632	27109	309478
RARI, Itanagar	8631	21298	27745	32209	17243	13089	17724	137939
RARI, Gangtok	5964	17905	27736	29367	28664	14029	18485	142150
RARC, Agartala	-	-	-	-	11857	17668	26255	55780
Total	23341	106611	125191	141876	91337	67418	89573	645347

Research projects during the period 2021-2022

- Demographic and Non communicable Disease profiling among patients seeking Ayurveda treatment from Ayurveda health centre in selected North east regions in India - A descriptive, Cross-sectional study.
- Effectiveness of Ayurveda based diet & lifestyle advocacies and Ayurvedic treatment regimen in patients seeking Ayurvedic treatment from Ayurveda Health Centre in selected North East Region of India.

Research projects during the period 2022-23

- “Non-Communicable Diseases and associated factors among health seekers approaching the selected Ayurveda Health Centres in North East India”.

Details on beneficiaries at Ayurvedic Health Centres in North East States (2023-24)

Name of Institute	Name of Ayurvedic Health	OUT PATIENT DEPARTMENT(OPD)						Grand Total
		New Patient		Old Patient		TOTAL Patient		
		M	F	M	F	M	F	
CARI, Guwahati	1) UK & CK Goswami PHC, Dist. Kamrup (R)	1213	1448	203	271	1416	1719	3135
	2) Dhula MPHC Dist Darang	2296	2926	122	139	2418	3065	5483
	3) Lumding, Dist: Hojai	1638	2254	127	166	1765	2420	4185
	4) Nakhola Model Hospital, Jagiroad, Assam , Morigaon	1449	2039	744	799	2193	2838	5031
	5) Kanaklata Civil Hospital, Dist. Tezpur	1237	1809	1038	1410	2275	3219	5494
	6) Bahari PHC, Dist. Barpeta	1136	1114	53	74	1189	1188	2377
	7) Bikali Model Hospital, Dhupdhara, Dist. Goalpara,	1793	1727	532	496	2325	2223	4548
	Total	10762	13317	2819	3355	13581	16672	30253
RARI, Itanagar	1) Doimukh , Dist. Papum Pare	1046	1163	621	797	1667	1960	3627
	2) Namsai , Dist. Namsai	1352	1393	583	626	1935	2019	3954
	3) Sagalee , Dist.Papum Pare	553	705	360	326	913	1031	1944
	4) Seppa , Dist. East Kameng	703	748	329	265	1032	1013	2045
	5) Tezu , Dist. Lohit	607	690	315	363	922	1053	1975
		Total	4261	4699	2208	2377	6469	7076
RARI, Gangtok	1) Geyzing, West Sikkim	1483	1001	1399	995	2882	1996	4878
	2) Jorethang, South Sikkim	1158	1151	1934	2042	3092	3193	6285
	3) Mangan, North Sikkim	1154	922	1637	1195	2791	2117	4908
		Total	3795	3074	4970	4232	8765	7306
RARC, Agartala	1) Moharcherra, Dist. Khowai	776	1030	1799	2433	2575	3463	6038
	2) Kakraban, Dist. Gomati	747	665	1816	1833	2563	2498	5061
	3) Jirania, Dist. West Tripura	539	769	1536	1840	2075	2609	4684
	4) Santirbazar, Dist. South Tripura	609	587	1535	1921	2144	2508	4652
		Total	2671	3051	6686	8027	9357	11078
	Grand Total	21489	24141	16683	17991	38172	42132	80304

Research projects completed during the period 2023-24

- “A prospective randomized controlled study to evaluate the efficacy of Ayurveda interventions in knee osteoarthritis”

Prevalent Disease

Sandhivata, Amlapitta, Arsha, Kasa, Pandu, Shwetapradara, Vibandha and Swasa etc .

Powers and Duties of Officers and Employees

CCRAS is headed by the Director General, who is assisted by the Deputy Director General and Dy. Director (Administration). The Powers and Functions of the Director General, CCRAS, Dy. Director (Admn.) and Incharges of the Institutes are available on CCRAS's website i.e. www.ccras.nic.in, under the Head Memorandum of Association, Rules, Regulations and Bye-Laws of the Council.

SCHEDULE-1

Schedule of powers vested to Director General (Rule 4)

The said information is available at the Council's website www.ccras.nic.in under the head Memorandum of Association, Rules, Regulations and Bye-Laws of the Council.

**Delegation of financial and administrative powers to Deputy Director(Admn.) CCRAS and
Incharges of the subordinates Institutes/Units of the Council.**

S. No	Items/ Powers	Extent of powers delegated				Remarks
		Deputy Director(Admn.)		Incharges		
		Existing	Enhanced	Existing	Revised	
1	2	3	4	5	6	7
1.	Power to sanction taxes/surcharges, renewal of insurance, postal, telegraphic, water, electricity, telephone bills	Full	Full	Full	Full	Subject to budget provision
2.	Reimbursement of local conveyance in respect of employees working under them.	Rs.150/- p.m. per person	As per orders of D/o Expenditure	Rs.150/- p.m. per person	As per orders of D/o Expenditure	As amended from time to time
3.	Power to incur expenditure on non-recurring items.	Upto Rs.10,000/-	Upto Rs.1.00 lakh	Upto Rs.1,00,000/- in respect of CRIs and Rs.50,000/- in respect of other Units	Upto Rs.2.00 lakh to National Research Institutes, Cpt. Srinivasa Murthy Research Institute for Ayurveda and Siddha Drug development, Chennai, Ayurveda Central Research Institute, Delhi, Ayurveda Research Institute for Mother and Child Health Care, Trivandrum, Advanced Centre for Ayurveda in Mental Health and Neuro-Sciences NIMHANS, Bangalore, Ayurveda Cancer Research Institute, Mumbai, Ayurveda	Subject to budget provision and observations of codal formality. The accountability for justifiable expenditure fully lies with the officer sanctioning the amount. The Officer will also be responsible for compliance of all audit observations.

					Mental Health Research Institute, Nagpur & Ayurveda Regional Research Institute, Patna, and Rs.1,00,000/- for other Institutes.	
4.	To incur expenditure on recurring contingency like petrol, diet, Diesel (Central heating), stationery, postage etc.	Upto Rs.2,000/-	Full	Full	Full	Subject to budget provision and rates of diet prescribed by the Council.
5.	Purchase of books/ publications, periodicals, journals.	Full, on the recommendations of DD(Tech.) concerned Programme Officers	Full, on the recommendations of DD(Tech.) concerned Programme Officers	Full, except involving foreign currency.	Full	Subject to budget provision and requirement of allotted programme.
6.	Power to sanction temporary advances from the imprest.	Full	Full	Full	Full	Not more than one advance is sanctioned to an individual, till the adjustment is submitted.
7.	Power to sanction telephone rents, calls, phonograms, where telephone connections are sanctioned by the Council. Audit Fees and Advt. charges.	Full	Full	Full	Full	
8.	Power to sanction expenditure on electricity and water charges.	Full	Full	Full	Full	
9.	To sanction repair charges of vehicles, equipments, tools, stores etc.	Upto Rs.5000/-	Full	Upto Rs.5000/-	Full	Through authorized workshops only.

10	Purchase and supply of uniform for eligible staff.	Full in respect of employees working at Hqrs. Office	Full	Full in respect of employees working under them.	Full	As per DOPT guidelines
11.	a) Power to sanction advances of pay/TA/DA to the employees in whose case transfer orders have been issued by HQrs. Office. b) Advance of leave salary as per rules	Full	Full	a) Full - provided the advance is sanctioned as per rules	Full	As per rules as amended from time to time
12.	To sanction the write off of irrecoverable stores etc. provided that (i) the loss is not due to theft and (ii) it does not disclose a defect of system or serious negligence on the part of some individual employees of the Central Council, which might possibly call for disciplinary action and to sanction write off and sell by auction or otherwise, in the interest of the Council, ii Declaring Condemn unserviceable stores. (The amount of sale proceeds shall be credited to the Hqrs office of the Central Council).	Upto Rs.5000/-	Upto Rs.50,000/-	Upto Rs.5000/- in r/o CRIs and Rs.3000/- in r/o RRIs/ RRCs and other major institutes in each case (Note: each case means each occasion not each article). The case of theft, negligence on the part of individual including cases involving relaxation will continue to be referred to the Council.	Rs.50,000/- to all Subordinate Institutes/Centres	On the recommendations of a Physical Verification Committee (Condemnation Committee) to be constituted according to Rules. -do-
13.	Power to sanction festival advance to entitled staff	Full in respect of employees working at HQrs. Office	Full	Full in respect of employees working under them.	Full	
14.	Power to reimburse medical examination fee on first appointment as per scales laid down.	Full	Full	Full	Full	

15	Power to sanction LTC and LTC advance in respect of staff working under them except head of Institutes/Centres.	Full in respect of employees working at Hqrs. Office.	Full	Full in respect of employees working at under them.	Full	
16	Power to sanction cycle/fan advance to staff.	Full	Full	One case in a year	Full	
17	Power to reimburse tuition fee/CEA in respect of employees working under him.	Full	Full	Full in respect of employees working at under them.	Full	
18	Power to purchase prepared medicines from IMPCL and IMPCOPS only.	Upto Rs.50,000/- on the recommendation of Deputy Director (Tech.)/ Programme Officers	Full on the recommendation of Dy.Dir. (Tech.)/ Programme Officers	Upto Rs.1,00,000/- in case of CRIs and Rs.30,000/- in case of other Units.	Rs.2,00,000/- where OPD and/or IPD are functioning	Subject to budget provision
19	Power to sanction medical reimbursement claim in respect of officers and staff working at Institutes/Centres/Units.	Upto the limit of Rs.10,000/- in each case.	Full	Upto the limit of Rs.500/- in each case in a year	Full	Claims for treatment taken from private hospitals in emergency to be sanctioned by Director General, CCRAS
20	Power to purchase raw drugs for preparation of medicine including trial drugs for use in hospital as well as for supply to other projects of the CCRAS.	Upto Rs.50,000/- on the recommendation of Deputy Director (Tech.)	Full on the recommendation of Deputy Director (Tech.)	Rs.50,000/- in case of CRIs and Rs.15,000/- in case of other Units.	Rs.1,00,000/- (subject to obtaining GMP certificate)	Subject to budget provision
21	Power to sanction annual maintenance contract charges in respect of typewriters, computers, fax, photo copier, duplicating machines, scientific instruments/equipments, ACs, heaters etc.	Full for approved AMCs	Full	Upto Rs.5,000/- in each case with reference to the budget provision	Full	AMCs to be awarded to the manufacturer s or their authorized dealers. In other cases after observing codal formalities.
22	Power to sanction GPF/CPF advance/ withdrawals.	Full	Full	Not applicable	Not applicable	

23.	Power to sanction cash handling allowance	Full as per rules	Full as per rules	Not applicable	Full as per rules	Fidelity Bond to be kept in safe custody.
Administrative Powers		Deputy Director(Admn.)		In-charges		Remarks
		Existing	Enhanced	Existing	Revised	
24.	To transfer an employee from one sanction to another	Full	Full	Full		
25.	All kinds of leave except study leave	Upto Assistant Directors	Upto Assistant Directors	Full in respect of an employee working under him.	Full in respect of employees working under him.	
26.	Power to sanction all kinds of tours within the State.	Full	Full upto Assistant Directors	Full, except in the case of IN-charge	Full, except in the case of In-charge	Tours to be sanctioned strictly for Institute's work
27.	To order closure of the office on the basis of ad-hoc decision of the Central Govt. or respective State Govt.	Not applicable	Not applicable	Full	Full	As per decision of the local Co-ordination Committee
28.	Power to maintain service book and leave account.	Full except DD(A)	Full except DD(A)	Full except In-charge	Full except In-charge	
29.	Acceptance of Home Town declaration	Full	Full	Full in respect of employees working under them	Full in respect of employees working under them.	
30.	Issue of Identity Card to group A,B,C & D staff as per instructions regarding issue of identity card and conditions of issue as may be communicated by Hqrs. from time to time.	Full	Full	Full in respect of employees working under them	Full in respect of employees working under them	
31.	Power to sanction special increment for promoting small family norms in respect of all group working under him	Full	Full	Full	Full	Subject to observance of Rules.
32.	Power to forward applications for outside employment in respect of staff working under them.	Full in respect of non-technical employees	Full in respect of non-technical employees	Full in respect of employees working under them under intimation to Hqrs. Office.	Withdrawal of power to forward applications for outside employment in r/o staff working under them vide Council's letter	The deputation cases are subject to approval of Hqrs. Office

					No.F.32-33/88-CCRAS/Admn./25 34 dated 16/1/2013.	
33.	Power to sanction stagnation increment in respect of staff working under them.	Full	Full	Full in respect of employees working under them	Full in respect of employees working under them	As per rules.
34.	Power to grant ACP/ Promotion to group C & D employees working under them.	Not applicable	Not applicable	Full in respect of Group C&D employees of maximum scale of pay of Rs.5000-8000/-	Full in respect of Group C&D employees in PB-1 upto Grade pay of Rs.2800/-	
35.	Power to fill up the vacancies by promotion in respect of Group C&D arisen due to death/retirement and resignation as per approved RRs.	Not applicable	Not applicable	Full in respect of Group C&D employees	Full in respect of Group C&D employees	Direct recruitment to be made with prior approval of Hqrs. Office.
36.	Detention of staff in Hqrs. Office/Institutes beyond normal office hours on working days and holidays and payment of Compensation/ Conveyance allowance as per rules.	Full	Full	Full in respect of employees working under them.	Full in respect of employees working under them.	Detention of female staff should be with their consent
37.	Permission for purchase of movable/immovable properties under CCS (Conduct) Rules.	Full upto the level of Assistant Directors	Full upto the level of Assistant Directors	Full in respect of employees working under them.	Full in respect of employees working under them.	In case of Group 'A' and I/cs, information to be sent to Hqrs. Office.
38.	NOC for Indian Passport.	Full in respect of employees working at Hqrs. Office	Full in respect of employees working at Hqrs. Office	Full in respect of employees working under them.	Full in respect of employees working under them.	In case of Group 'A' and Incharges, information to be sent to Hqrs. Office
39.	To grant permission for attending of local Seminars by the Scientists/Research Officers without TA/DA	Not applicable	Not applicable	Two occasions in a year and not more than 2 Scientists at a time.	Two occasions in a year and not more than 2 Scientists at a time.	Total absence including journey period not to exceed 7 days at a time and 15 days in a year for all Seminars

40	Power to engagement of contractual/ temp. staff against the vacant post for a period of maximum one year.	Not applicable	Not applicable	Not applicable	Full	Subject to availability of vacant posts in respect of group – B,C,D and Research Projects. For Group ‘A’ with approval of Hqrs.
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**The procedure followed in the decision making process,
including channels of supervision and accountability**

The Council is taking decision on various issues in the following manners:

The Council is engaged in Research Activities and decisions are arrived at, after having the due deliberation by Scientific Advisory Board/Project Evaluation Committee and some decisions taken by the Director General as per powers delegated to him as per Rule-4(Schedule I) under Memorandum of Association and Rules, Regulations and Bye-Laws of the Council. (Please refer to Council's website i.e. www.ccras.nic.in for Bye-Laws of the Council).

The final decision making authority is Governing Body of the Council.

Norms set for discharge of functions

As per the Bye-Laws of the Council, proposals are implemented after obtaining approval of the Competent Authorities. The Bye-Laws are available on Council's website at www.ccras.nic.in .

The rules, regulations, instructions, manuals and records, held by it or under its control or used by its employees for discharging its functions

1. Manual of Office Procedure
2. Fundamental Rules and Supplementary Rules(FR&SR)
3. CCS(Classification, Control and Appeal) Rules 1965
4. CCS(Conduct) Rules 1964
5. General Financial Rules(GFR)
6. Delegation of Financial Power Rules
7. CCRAS (Pension) rules in line with CCS (Pension) Rules
8. Central Services (Medical Attendance) Rules
9. Central Civil Service Leave Rules
10. Central Civil Services Leave Travel Concession Rules
11. Central Vigilance Commission (CVC) Manual

A statement of the categories of documents that are held by it or under its control

No such documents are held in Vigilance Section that needs to be disclosed under this Section.

**The particulars of any arrangement that exists for consultation with,
or representation by, the members of the public in relation to the
formulation of its policy or implementation thereof**

Nil

A statement of Boards, Councils, Committees and other bodies consisting of two or more persons constituted as its part or for the purpose of its advice, and as to whether meetings of those Boards, Councils, Committees and other bodies are open to the public, or the minutes of such meetings are accessible for public

The following Boards/Committees are constituted:

- i. Governing Body of the Council
- ii. Standing Finance Committee (presently known as Internal Finance Committee)
- iii. Executive Committee
- iv. Scientific Advisory Board
- v. Scientific Advisory Group

(The list of Members of Boards/Committees is available at CCRAS's website i.e. www.ccras.nic.in, under the heading Committees.)

DIRECTORY OF OFFICERS AND EMPLOYEES OF CCRAS, HQRS. OFFICE

Sl. No.	Name of the Post	Name of Officer/Official	Phone Nos./ Extension Nos.	E-mail ID
1.	Director General	Prof. (Vaidya) Rabinarayan Acharya	011-28524457/202	dg-ccras@nic.in
2.	Dy. Director General & CVO	Dr.N.Srikanth	011-28522010/465	ccras_tec@nic.in cvo-ccras@gov.in
3.	Dy. Director(Admn.)	Sh.Deepak Kochhar	011-28524344/222	deepak.kochhar@ccras.nic.in
4.	A.D. (Ay.)	Dr.B.Chandra Sekhara Rao	011-28525831/133	bcs.rao@ccras.nic.in
		Dr.(Ms.) Deepa Makhija,	011-28525831/127	deepamakhija@ccras.nic.in
		Dr.Pratap Makhija	011-28525831/204	pratapmakhija@ccras.nic.in
5.	Library & Information Officer	Sh.Noushad Ahmed	011-28523597/111	Publication-ccras@gov.in
6.	A.D. (P'cology)	Dr.Sanjaya Kumar Y.R.	011-28525831/102	sanjaya.yalwar@ccras.nic.in
7.	A.D. (Chem.)	Dr.Ravindra Singh	011-28525831/131	dr Ravindra.singh@gov.in
		Dr.Arjun Singh	011-28525831/137	arjunccras@gmail.com
8.	R.O. (P'cology)	Dr.Deepak	011-28525831/102	deepak.d@ccras.nic.in
9.	R.O. (Publication)	Dr.Radhe Krishan	Presently deputed at BIS	rk.radhe@gov.in
10.	R.O. (Ay.)	1. Dr.Bhagwan Sahai Sharma	011-28525831/215	bss@ccras.nic.in
		2. Dr.Vinod Kr. Lavaniya	011-28525831/105	vk.lavaniya@ccras.nic.in
		3. Dr.(Mrs.)Babita Yadav	011-28525831/119	dr.babityadav@ccras.nic.in
		4. Dr.(Mrs.)Sunita	011-28525831/121	dr.sunita@ccras.nic.in
		5. Dr.(Mrs.)Shruti Khanduri	011-28525831/108	shruti.khanduri@gov.in
		6. Dr.(Mrs.)Renu Singh	011-28525831/101	dr.renusingh@ccras.nic.in
		7. Dr.Avinash Kumar Jain	011-28525831/103	jain.avinash@gov.in
		8. Dr.Rakesh Narayanan V.	011-28525831/104	nv.rakesh@gov.in
		9. Dr.(Mrs.) Lalita Sharma	011-28525831/121	lalita.sharma@ccras.nit.in
		10. Dr.(Mrs.) Ashwathykutty V.	011-28525831/104	ashwathy.v@ccras.nic.in
		11. Dr.(Mrs.) Rajeshwari Singh	Presently deputed at MoA	vdreeshwari.singh@nic.in
		12. Dr.Bidhan Mahajon	Presently deputed at NMPB	dr.bidhan@gov.in
		13. Dr.Ramavtar Sharma	Presently deputed at DGHS	ramavtar.shm@ccras.nic.in
		14. Dr.(Mrs.)Sophia Jameela	011-28525831/119	sophia.jameela@ccras.nic.in
		15. Dr.(Mrs.)Kachare Kalpana Budhaji	011-28525831/21	kalpana.k@ccras.nic.in
		16. Dr.Chincholikar Mukesh Bhagwanrao	011-28525831/141	mukesh.chincholikar@gov.in
		17. Dr.Sumeet Goel	Presently deputed at MoA	sumeetgoel@ccras.nic.in
		18. Dr.Shobhit Kumar	Presently deputed at Niti Aayog	shobhit.kumar@gov.in
		19. Dr.Raman Kaushik	Presently deputed at MoA	raman.kaushik@gov.in
		20. Dr.Azeem Ahmad	011-28525831/119	azeem.ahmad@gov.in
		21. Dr.Deepak Londhe	Presently deputed	deepak.londhe85@gov.in

			at Women and Child Development	
		22. Dr.Anupam	On Lien	Dras2008@gmail.com
		23. Dr.Ratheesh P.	Presently deputed at MoA	Drprateesh524@gmail.com
		24. Dr.Amit Kumar Rai	011-28525831/133	amit.rai@ccras.nic.in
		25. Dr.(Ms.)Mundada Pallavi Suresh	011-28525831/133	pallavi.m@ccras.nic.in
11.	R.O. (Ay.)	26. Dr.Dhirajsingh S.Rajput	011-28525831/115	dhiraj.rajput@ccras.nic.in
		27. Dr.(Ms.)Swati Sharma,	011-28525831/103	swati.s@ccras.nic.in
		28. Dr.(Ms.)Anagha V. Ranade	011-28525831/127	anagha.ranade@ccras.nic.in
		29. Dr.(Ms.)Saniya C.K.	Temporary posted at NARIP, Cheruthuruthy	saniyack@ccras.nic.in
		30. Dr.Pradeep Dua	Deputed in WHO, Geneva	duadrpradeep@gmail.com
12.	R.O. (Botany)	Dr.Chinmay Rath	Presently deputed at NMPB	Chinmay.rath@gov.in
		Dr. Shiddamallaya – temp. posted at CCRAS Hqrs.	011-28525831/208	shiddamallayya@ccras.nic.in
13.	R.O. (IT)	Sh. Naman Goyal	011-28525831/118	naman.goyal@ccras.nic.in
14.	Admn. Officer	1. Sh.A.K.Meena	011-28525831/205	astendra.meena@ccras.nic.in
		2. Sh.Dilip Jain	011-28525831//213	dilip.jain@ccras.nic.in
		3. Smt.Renu Rajan	011-28525831/207	renu.rajan@gov.in
		4. Sh.Sita Ram Meena	011-28525831/215	sitaram.m21@ccras.nic.in
15.	Statistical Officer	1. Dr.Rakesh Kr. Rana	011-28525831/110	ccras_stat@nic.in
		2. Dr.Arunabh Tripathi	011-28525831/110	arunabhtripathi87@gmail.com
16.	Accountant	Sh.Anuj Kumar	011-28525831/217	anuj.kumar9410@gmail.com
17.	Office Superintendent (Estt.)	Smt.Mamta Joshi	011-28525831/220	mamtajoshi@ccras.nic.in
	Office Superintendent (Admn.)	Sh.Sunil Kumar	011-28525831/221	sunil.kr@ccras.nic.in
18.	Private Secretary/ Stenographer	Smt.Charanjit Kaur	011-28525831/122	charanjit.kaur@ccras.nic.in
		Sh.Umesh Chand	011-28524457/202	dg-ccras@nic.in
19.	Assistant	1) Smt.Hemlata Kohli	011-28525831/221	Hemlata.kohli@ccras.nic.in
		2) Sh.Narender Singh	011-28525831/115	narendra.singh@ccras.nic.in
		3) Sh.P.K. Singh	011-28525831/212	pramod.singh21@ccras.nic.in
		4) Sh.Mukesh Kumar	011-28525831/136	mukesh.kumar21@ccras.nic.in
		5) Sh.Rajender Rana	011-28525831/139	Rajendras.rana@ccras.nic.in
		6) Smt.Arta	011-28525831/220	aarti18@ccras.nic.in
20.	Research Assistant (Chemistry)	Dr.(Ms.) Preeti Sharma	011-28525831/137	preeti.sharma@ccras.nic.in
21.	Research Assistant (Botany)	Sh. Kamleshwar Singh	011-28525831/208	kamleshwar.s21@ccras.nic.in
22.	Library Information Assistant	1. Mrs. Hemlata	011-28525831/111	hemlata.d@ccras.nic.in
		2. Sh.Vivek Kumar Ranjan	011-28525831/136	Vivek.ranjan21@ccras.nic.in
23.	Statistical Assistant	Sh.Ankit Kumar Jaiswal	011-28525831/110	ankit.jaiswal@ccras.nic.in
24.	Steno Gr.-I	Sh.D.G.Nimje	011-28525831/222	deodas.nimje@ccras.nic.in
25.	Translator (Hindi Asstt.)	1. Ms.Jyoti Kiran	011-28525831/115	jyotikiran@ccras.nic.in
		2. Sh.Girdhar Lal Sharma	011-28525831/115	

26.	UDC	1. Sh.Devesh Kr. Kalra	011-28525831/205	devesh.kalra@ccras.nic.in
		2. Sh.Chetan Negi	011-28525831/216	chetann@ccras.nic.in
		3. Sh.Praneet Kumar Sharma	011-28525831/217	praneetsharma@ccras.nic.in
		4. Smt.Mamta Verma (PH)	011-28525831/221	Mamta.verma@ccras.nic.in
		5. Sh.V.S.Shyam Krishnan	011-28525831/212	vsshyam@ccras.nic.in
		6. Sh.Piyush Sati	011-28525831/221	piyush.sati@ccras.nic.in
27.	LDC	1. Smt.Manju	011-28525831/217	manju.kumari21@ccras.nic.in
		2. Sh.Dalip Kumar	011-28525831/139	dalip.kumar21@ccras.nic.in
		3. Sh.Gaurav Kr. Tiwari	011-28525831/212	gaurav.tiwari@ccras.nic.in
		4. Sh.Raman Kochhar	011-28525831/217	raman.kochhar@ccras.nic.in
		5. Smt.Geeta Singh	011-28525831/218	geeta.singh21@ccras.nic.in
		6. Sh.Sanjay Kumar	011-28525831/220	sanjay.kumar21@ccras.nic.in
		7. Ms.Deepika	011-28525831/220	deepika.2023@ccras.nic.in
		8. Sh.Rohit	011-28525831/218	rohit.2023@ccras.nic.in
		9. Ms.Deepika Dabas	011-28525831/217	deepikadabas@ccras.nic.in
		10. Sh.Himanshu Gambhir	011-28525831/220	himanshug@ccras.nic.in
		11. Mrs.Jyoti	011-28525831/122	jyoti.2023@ccras.nic.in
		12. Sh.Gulshan	011-28525831/218	gulshan26@ccras.nic.in
		13. Sh.Bhanu Pratap Meena	011-28525831/220	-
		Sh.Vinay Kumar Dhiman- Lab.Attendant (Chem.)	011-28525831/218	vinay.dhiman@ccras.nic.in
28.	Sr. Library Attendant	Sh. Harish (Ward Boy)	011-28525831/111	
29.	Peon / MTS	1. Mrs.Urmila Maity	011-28525831/217	
		2. Mrs.Shamim Bano	011-28525831/217	
		3. Sh.Anil Kumar	011-28525831/202	
		4. Sh.Sumrit Makhija	011-28524344/222	

{Section 4(1)(b)(x)}

**The monthly remuneration received by each of its officers and employees,
including the system of compensation as provided in its regulations**

ANNEXURE-V

Monthly Remuneration
Annexure-V

Pay Bill for March, 2024																												
			3		4		5		6		7		8		9		10		11		12		13		14		15	
Name :			Designation :		Basic		Dep. All.		NPA		Total		Arrear		H.R.A		D.A		T.A.		DA on TA		W.A.		Gross		Amount	
S.No.	Name of Incumbents	Desig.	Basic pay	Dep. Allow	N.P.A	Total	Arrear pay	H.R.A	D.A	T.A.	rate	T.A.	DA on TA	W.A.	Gross Amount													
1	Prof. (Dr) Rabinarayan Acharya	DIRECTOR GENERAL	211800	0	25700	237500		57186	109250	15750		7245	0	426931														
2	Sh. Deepak Kochhar	DD(A)	99800			99800		26946	45908	7200		3312		183166														
3	Sh. Naman Goyal	R.O.(IT)	57800			57800	0	15606	26588	7200		3312		110506														
4	Sh. Praneeat kumar Sharma	U.D.C.	27100			27100	0	7317	12466	3600		1656	0	52139														
5	Smt. Deepika Dabas	LDC	20500			20500		5535	9430	1350		621		37436														
6	Sh. Gulshan	LDC	20500			20500		5535	9430	1350		621		37436														
7	Sh. Bhanu Pratap Meena	LDC	20500			20500		5535	9430	1350		621		37436														
8	Miss. Yojna Arora	LDC	19900			19900		5400	9154	1350		621		37436														
9	Smt. Shramim Bano	M.T.S.	38300			38300		10341	17618	3600		1656		36425														
10	Smt. Urmila Maity	M.T.S.	41000			41000		11070	18860	3600		1656		71515														
11	Sh. Harish Kumar	M.T.S.	36100			36100	0	9747	16606	3600		1656		76186														
TOTAL:			593300	0	25700	619000	0	160218	284740	49950		22977	0	1136885														

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6/5/24

Consultant (Recd)

PAY Bill for the month of March, 2024													
S.No.	Name of Employee	Desig.	Basic Pay	DP	N.P.A	Total	cash H/ARPA/DA	H.R.A	D.A.	E T.A.(Rate)	A TA	D Arrear	Q Gross Salary
			0	0	0	0	0	0	0	0	0	0	0
1	Dr. N. Srikanth	Dy. Director General	17500		35100	210600		47385		96876	7200	3312	365373
2	Dr. B. C. S. Rao	Asstt. Director (Ay)	165400	0	33080	198480	0	44658		91301	7200	3312	344951
3	Dr. Pratap Makhija	A.D.(A)	170400		34080	204480	0	46008		94061	7200	3312	355061
4	Dr. T. Maheswar	A.D.(Botany)	165400		33080	198480	0	44658		91301	7200	3312	344951
5	Dr. Y. R. Sanjay	A.D.(P.Cology)	147000		29400	176400		39690		81144	7200	3312	307746
6	Sh. A. K. Meena	Admn. Officer	75400			75400		20358		34684	7200	3312	140954
7	Dr. R. K. Rana	Stat. Officer	88700			88700	500	23949		40802	7200	3312	122962
8	Sh. Dilip Jain	Admn. Officer	65000			65000		17550		29900	7200	3312	110506
9	Smt. Renu Rajan	Admn. Officer	57800			57800		15606		26588	7200	3312	110506
10	Sh. Sita Ram Meena	Office Supt.	52000			52000		14040		23920	3600	1656	95216
11	Sh. Parimal Tewari	Office Supt.	50500			50500		13635		23230	3600	1656	92621
12	Smt. Mamta Joshi	Private Sec.	88700			88700		23949		40802	3600	1656	158707
13		Private Sec.	83600			83600		22572		38456	3600	1656	149884
14	Sh. Umesh Chand	Steno G-1	70000			70000		18900		32200	3600	1656	126356
15	Sh. D. G. Nimje	Lih. Inf. Asstt.	70000			70000		18900		32200	3600	1656	126356
16	Mrs. Hem Lata	Asstt.	44900	0		44900		0		20654	3600	1656	82933
17	Smt. Hemlata Kohli	Asstt.	47600			47600	700	12852		21896	3600	1656	86304
18	Sh. P. K. Singh	Asstt.	44900	0		44900		12123		20654	3600	1656	82933
19	Sh. Narendra Singh	Asstt.	37600			37600		10152		17296	7200	3312	75560
20		Asstt.	37600			37600		10152		17296	7200	3312	75560
21	Mrs. Arti Gautam	L.D.C.	38300			38300		10341		17618	3600	1656	70304
22	Sh. Dalip Kumar		1834100	0	164740	1998840				919467	118800	54648	3588162
	GRAND TOTAL						1200	495207					

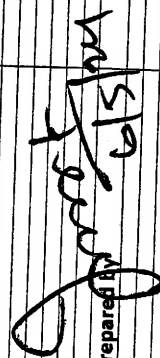
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Consultant (Accts)

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Salary Bill for March, 2024												
Sl. No.	Name	Designation	Basic Pay		NPA	M.P.A.	Total	SALARY	HRA	DA	T.A.	Total
			Basic Pay	DA								
1	Dr. Deepa Makhija	A.D.(Ay)	134500	26900	0	161400	161400	36315	74244	7200	3312	282471
2	Dr. B.S. Sharma	Res. Officer. (Sc.2)	134500	26900	0	161400	161400	36315	74244	7200	3312	282471
3	Dr. Sunita	Res. Officer(Ay)	134500	26900	0	161400	161400	36315	74244	7200	3312	282471
4	Dr. Shruti Khanduri	Res. Officer(Ay)	102800	20560	0	123360	123360	27756	56746	7200	3312	218374
5	Dr. Renu Singh	Res. Officer(Ay)	102800	20560	0	123360	123360	27756	56746	7200	3312	218374
6	Dr. V.K. Lavaniya	Res. Officer(A)	102800	20560	0	123360	123360	27756	56746	7200	3312	218374
7	Dr. G. Nartunal	A.D.(Pharmacogno sy)	91400	0	0	91400	91400	24678	42044	7200	3312	169134
8	Dr. Chinmay Rath	Res. Officer(B)	86100	0	0	86100	86100	500	39606	7200	3312	136718
9	Dr. Rakesh Narayanan V.	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
10	Dr. Lalita Sharma	Res. Officer(Ay)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
11	Dr. Ashwathy Kutty	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
12	Dr. A.K. Jain	R.O.(A)	102800	20560	0	123360	123360	27756	56746	7200	3312	218374
13	Dr. Rajeshwari Singh	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
14	Dr. Ram Avtar Sharma	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
15	Dr. Bidhan Mahajan	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
16	Dr. Sofia Jameela	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
17	Dr. Kachare Kalpana Budhaji	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
18	Dr. Mukesh B. Chincholikar	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
19	Dr. Sumeet Goel	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
20	Dr. Azeem Ahmad	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
21	Dr. Raman Kaushik	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
22	Dr. Shobhit Kumar	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
23	Dr. Deepak Londhe	R.O.(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
24	Dr. Rathees P.	Res. Officer(Ay)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
25	Dr. Amit Kumar Rai	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
26	Dr. Arunabh Tripathi	St. Officer	71800	0	0	71800	71800	19386	39634	7200	3312	155692
27	Dr. Pallavi S. Mundada	Res. Officer(A)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692
28	Dr. Anagha Vishwas Ranade	R.O.(Ay.)	71800	14360	0	86160	86160	19386	39634	7200	3312	155692

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A	B	C	D	E	F	G	H	I	J	K	L	M	N	O								
Sl. No.	Name of Incumbent	Design.	Basic Pay	N.P.A	Grd.	AN/P/AF	H.R.A	D.A	TA	DA	TA	TA	TA	Total								
29	Sh. Dheeraj Singh Rajput	Res. Officer(Ay)	61900	12260	73560		16551	33638	14400		6624			144973								
30	Sh. Noushad Ahmed	L.I.O.	71800	0	71800		19386	39028	7200		3312			134726								
31	Dr. Prashant Rao	Res. Officer(A)	71800	14360	86160		19386	39634	7200		3312			155692								
32	Dr. Deepak	Res. Officer(P)	57800	0	57800		15606	26588	7200		3312			110506								
33	Sh. Vivek Kr. Ranjan	L.I.A.	38700		38700		10449	17802	3600		1656			72207								
34	Ms. Preeti Sharma	R.A.(Chem)	38700		38700		10449	17802	3600		1656			72207								
35	Sh. Kamleshwar Singh	Res. Asst. (Bot)	38700		38700		10449	17802	3600		1656			72207								
36	Sh. Giridhar Lal Sharma	Translator(H.A)	43600	0	43600		11772	20056	3600		1656			80684								
37	Mrs. Jyoti Kiran	Trans. (H-Asstt)	42300		42300		11421	19458	3600		1656			73179								
38	Sh. Ankit Kumar Jaiswal	Statistical Asstt.	38700		38700		10449	17802	3600		1656			72207								
39	Sh. Devesh Kumar Kalra	U.D.C.	30500	0	30500		8235	14030	3600		1656			58021								
40	Sh. Gaurav Tewari	L.D.C.	24500	0	24500		6615	11270	3600		1656			47641								
41	Smt. Manju	L.D.C.	24500	0	24500		6615	11270	3600		1656			47641								
42	Sh. Vinay Kumar Dhiman	Lab. Attnd.	25200	0	25200		6804	11592	3600		1656			48852								
43	Sh. Raman Kochhar	LDC	23800	0	23800		6426	10948	1350		621			43145								
44	Mrs. Geeta Singh	LDC	23100		23100		6237	10626	1350		621			41934								
45	Sh. Sanjay Kumar	LDC	19900		19900		5400	9154	1350		621			36425								
46	Sh. Anil Kumar	MTS	22800		22800		6156	10488	1350		621			41415								
47	Sh. Chetan Negi	UDC	27100		27100		7317	12466	3600		1656			52139								
48	Smt. Mamta Verma	UDC	27100		27100		7317	12466	7200		3312			57395								
49	Smt. Nidhi Singh	UDC	25500		25500		6885	11730	3600		1656			49374								
50	Miss. Deepika	LDC	20500		20500		5595	9430	1350		621			37436								
51	Smt. Jyoti	LDC	20500		20500		5595	9430	1350		621			37436								
52	Sh. Himanshu Gambhir	LDC	20500		20500		5595	9430	1350		621			37436								
53	Sh. Prayush	LDC	19900		19900		5400	9154	1350		621			36425								
54	Sh. Navraj	LDC	23800		23800		6426	10948	1350		621			43145								
55	Sh. Sumrit Makhija	M.T.S.	18500		18500		5400	8510	1350		621			34361								
56	Sh. Ankit	LDC	20500		20500		5535	9430	1350		621			37436								
TOTAL:													3278000	448040	3726040	1300	823500	1713988	299250	137655	0	6701733

Prepared by

 G. S. Singh

WV 66/524
 Consultant (Acctts)

The budget allocation to each of its agency, indicating the particulars of all plans, proposed expenditure and reports on disbursements made.

Budget allocation/Budget received for the last five year and current year

S.No.	Budget Head	2019-20	2020-21	2021-22	2022-23	2023-24	2024-25
(Rupees in crores)							
1	GIA General	93.47	96.30	100.00	128.00	127.05	132.00
2	GIA Salary	158.71	142.00	163.47	170.00	192.00	192.00
3	GIA Capital	13.00	15.00	31.00	40.00	50.00	56.00
4.	GIA SCSP	8.00	8.00	10.00	10.00	10.00	11.04
5.	GIA TSP	3.00	7.20	8.00	8.00	11.40	18.00
6.	GIA NER	4.00	3.62	4.00	4.00	4.00	4.00
7.	GIA SAP	0.50	0.50	0.50	0.50	0.50	0.50
	Total	280.68	272.62	316.97	360.50	394.95	413.54

**The manner of execution of subsidy programmes, including the amounts allocated
and the details of beneficiaries of such programmes**

As such, subsidy programmes are not undertaken by the Council; however, subsidy/discounts are available on user charges for certain stake holders such as bona fide students, govt. organizations, etc.

Particulars of recipients of concessions, permits or authorizations granted by it

Not applicable

**Details in respect of the information available to or held by it,
reduced in an electronic form**

(Available at CCRAS's website i.e. www.ccras.nic.in)

The particulars of facilities available to citizens for obtaining information, including the working hours of a Library or reading room, if maintained for public use

Information can be obtained from the Headquarters Office of the Council situated at the following address:-

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

No.61-65, Institutional Area, Opposite 'D' Block, Janakpuri, New Delhi – 110058

Phone Nos.: 011-28525831, 28525883, 28525897,

Website: www.ccras.nic.in

Requisite fee to obtain the information can be remitted either by Cash into the Cash Section of CCRAS's Headquarters or by Demand Draft, Indian Postal Order in favour of Director General, CCRAS, payable at Delhi.

LIBRARY

The Council is maintaining a Departmental Library where publications on various subjects for preserving and promoting research and knowledge in the field of Ayurvedic Sciences.

WEBSITE

CCRAS's Website i.e. www.ccras.nic.in can be accessed for details of all the schemes and programmes of the Council.

The names, designations and other particulars of the Public Information Officers/FAA

Sl. No.	Name	Designation	Contact Number	Email ID
1.	Prof.(Vaidya) Rabinarayan Acharya	Director General/ First Appellate Authority	011- 28524457/ 28520748	dg-ccras@nic.in
2.	Sh.A.K.Meena	Admn.Officer(Rectt.)/ CPIO(Rectt.)	011- 28521201	astendra.meena@ccras.nic.in
3.	Sh.Dilip Jain	Admn.Officer(Acctts./Vigilance)/ CPIO(Acctts./Vigilance)	011- 28525550	ao-ccras@gov.in dilip.jain@ccras.nic.in
4.	Smt.Renu Rajan	Admn.Officer(Project/Estt.) CPIO(Project/Estt.) and Grievance Officer	011- 28525831/207	renu.rajan@gov.in
5.	Shri Sita Ram Meena	Admn.Officer(Admn.)/ CPIO(Admn.)	011- 28525831/215	sitaram.m21@ccras.nic.in

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