

News Bulletin

July - Sep 2021 | Vol.-III | Issue-III | www.ccras.nic.in

Five E-Portals developed by CCRAS inaugurated



Shri Kiren Rijiju, MoS (IC), Ministry of Ayush launched Ayurvedic Dataset on CTRI Portal along with four other portals and publications developed by CCRAS, Ministry of Ayush through an online event on 5th July. 2021.

Hon'ble MoS (IC), Ministry of AYUSH, Shri Kiran Rijiju, launched five electronic portals developed by CCRAS viz. CTRI portal with data set items pertinent to Ayurveda, AYUSH Manuscripts Advanced Repository (AMAR), Showcase of Ayurveda Historical Imprints (SAHI) Portal, e-Medical Heritage Accession (e-Medha) and Catalogue and Research Management Information System (RMIS) through online event on 5th July, 2021 in the presence of Padmashri Vaidya Rajesh Kotecha, Secretary, MoA; Vaidya Jayant Deo Pujari, Chairperson, National Commission for Indian Systems of Medicine, New Delhi; Sh. Pramod Kumar Pathak, Special Secretary, MoA, GoI; Prof. Bhushan Patwardhan, National Research

The event also witnessed the release of four CCRAS publications

Professor, MoA; Dr. Vishnu Vardhana Rao, Director, National Institute of Medical Statistics, ICMR New Delhi; Dr. Muniratnam Reddy, Director (Epigraphy), Archeological Survey of India, Mysore and Dr. N. Srikanth, Director General (Additional Charge), CCRAS, New Delhi with other eminent dignitaries. The event also witnessed the release of four CCRAS publications viz. Proceedings of International workshop on "Preservation and Promotion of SOWA-RIGPA in Asia"; Compendium of Important Cereals mentioned in Ayurveda-Series-1, volume-1; Ayurveda Sangraha: An important classical textbook of Ayurveda and Pathapathya Vinishcaya- An important book of Ayurveda and has details of diet and lifestyle.



Launch programme of the 'Distribution Campaign of Prophylactic Ayush Medicines and Guidelines on Diet & Lifestyle'



CCRAS organized Launch the programme of the 'Distribution Campaign of Prophylactic Ayush Medicines and Guidelines on Diet & Lifestyle with Special Focus on Geriatric Population" being carried out as part of the celebrations to commemorate the 'Azadi ka Amrit Mahotsav-India @75'. It was bv Sh. Sarbananda launched Sonowal, Union Minister for Ports, Shipping & Waterways and Ayush

virtually in the presence of Dr. Munjpara Mahendrabhai Kalubhai, Hon'ble Union Minister of State for Ayush and Women & Child Development along with other eminent dignitaries on 2nd September, 2021. The event was organized to distribute Prophylactic Ayush medicines and guidelines to 75 lakh populations through 86 Institutes under Ayush National Institutes and Research Councils across the country. Dr. N. Srikanth, Director General in-charge, CCRAS and other dignitaries were also present on this occasion. Approx. 10, 98,650 individuals have been benefited in the campaign, till 26-09-2021.

Hon'ble Ayush Minister, Shri Sarbananda Sonowal visited the Central Councils Common Building Complex.



CCRAS has organized Interactive Meet of Shri Sarbananda Sonowal, Hon'ble Union Minister for Ministry of Ayush and Ports, Shipping & Waterways, Government of India with Research Councils & National Commissions functioning under Ministry of Ayush 18th September, 2021 at Ayush Central Councils Auditorium. Complex, Common Building Janakpuri, New Delhi. Padmashree Vaidya Rajesh Kotecha, Secretary,

Ministry of Ayush; Sh. Pramod Kumar Pathak, Spl. Secretary (Ayush); Sh. D. Senthil Pandiyan, Joint Secretary (Ayush); Ms. Kavita Garg, Joint Secretary (Ayush) and other dignitaries were also present on this occasion. In the interactive session with the officials and researchers, he emphasized that involving people on the grass root level is important to achieve Hon'ble Prime Minister Shri Narendra Modi Ji's vision of Sabka Saath, Sabka Vikas.



CCRAS organized 'Conference of Ayush and Health Ministers of North Eastern States'

CCRAS on behalf of the Ministry of Ayush organized a 'Conference of Ayush and Health Ministers of North Eastern States for promotion of Ayush systems' on 28th August, 2021 at Assam Administrative Staff College, Guwahati in the gracious presence of Dr. Himanta Biswa Sarma, Hon'ble Chief Minister of Assam; Sh. Sarbananda Sonowal, Hon'ble Union Minister for Ports, Shipping & Waterways and Ayush



and Dr. Munjpara Mahendrabhai Kalubhai, Hon'ble Union Minister of State for Ayush and Women & Child Development. Dr. N. Srikanth, Director General (Additional Charge), CCRAS has made presentations on R&D activities; Ayush health care services in North East India and Local Health Traditions & Ethno medicines practices: An insight into systematic documentation and drug development. The event also witnessed the release of five CCRAS publications.

Visit of Hon'ble Union Minister of Ayush at CARI, Guwahati





Glimpse of visit of Shri Sarbananda Sonowal, Hon'ble Union Minister of Ayush and Ports, Shipping and Waterways at CARI, Guwahati on 20th September, 2021

Hon'ble Union Minister of Ayush and Ports, Shipping and Waterways, Shri Sarbananda Sonowal visited Central Ayurveda Research Institute (CARI), Guwahati on 20th September, 2021. He visited all the sections in the institute and also the Medicinal Plant Garden (Demonstrative). During interactive sessions with officials and researchers, he emphasized on contacting all ethnic groups available in Assam to get their stories w.r.t. to methods of treatments and plants used by them. He encouraged all researchers to enhance the contribution of Ayurveda in the public health system through research and outreach activities. He also stressed on use of media for propagation of work done in the field of Ayurveda.





CCRAS organized 'Conference on Diverse and Fulfilling Career Paths in Ayush systems: Education, Entrepreneurship & Employment Focus on North eastern States'

CCRAS has organized Conference on "Diverse and Fulfilling Career Paths in Ayush systems: Education, Entrepreneurship & Employment Focus on North eastern States" on 11th September, 2021 at Government Ayurvedic College, Jalukbari, Guwahati, Assam in the august presence of Shri Sarbananda Sonowal, Hon'ble Union Minister

for Ministry of Ayush and Ports, Shipping & Waterways (as Chief Guest) and Shri Keshab Mahanta, Hon'ble Minister of Health & Family Welfare and Science & Technology, Information & Technology Departments in Government of Assam (as Guest of Honour).

Visit of Hon'ble MoS, Minister of Ayush at RARI, Agartala

Dr. Munjpara Mahendrabhai Kalubhai, Minister of State, Ministry of AYUSH and Ministry of Women & Child Development, Government of India has visited Regional Ayurveda Research Center, Agartala, Tripura on 29th September 2021. During a 2 days visit in Tripura on 29th & 30th September, 2021. The honourable minister has visited the center and observed the different research activities and services



at OPD level. The Honorable Minister has also distributed Ayurveda prophylactics medicines to combat COVID19 among the senior citizens under the campaigning of Azadi Ka Amrut Mahatsav@75.

Visit of Hon'ble Secretary, MoAyush at NIIMH, Hyderabad



Vaidya Rajesh Kotecha, Secretary, Ministry of Ayush, Government of India visited NCIMH, Hyderabad on 09th September, 2021. During the visit, he has gone through the various collections in the Institute's Museum and Library and appreciated the collections and maintenance of respective sections. Dr. G.P. Prasad, AD I/c presented details of Genesis, infrastructure, budget, technical activities etc.



Medical and Health Check-up Camps and Ethno-Medico-Botanical Survey Tours

CARI, Patiala

- Ayurveda Mobile Health Care Programme under SCSP survey team conducted total 62 surveys in five villages namely; Karim nagar, Arno, Khanewal, Arnetu and Ghiora. Total 2604 numbers of the population were covered under survey and treatment was provided to 2662 patients.
- The survey team of Reproduction and Child Health care Programme under SCSP conducted 61 surveys in five villages namely; Alowal, Chahal, Tarkhan Majra, Khumna and Salana. Total 1647 numbers of the population were covered under survey and treatment was provided to 2316 patients.

Participation of Council Officers in Important Meetings, Trainings, Seminars & Conferences and Presentation of Papers





Glimpse of one day training programme on 'Medicinal Plant Research Training – I' Series one organized virtually on 1st July, 2021

A one day training programme on 'Medicinal Plant Research Training-I Series one' was organized by the Council and was coordinated by Central Ayurveda Research Institute (CARI), Kolkata held on 1st July, 2021 through Video conferencing. Approx. 180 delegates participated in the training session.

MSRARI, Jaipur

- Dr. V. B. Kumawat, R.O.(Ay.); Dr. Dara Singh Rotwar, R.O. (Ay.); Dr. Monika Kumari, R.O.(Ay.) and Dr. Sugriv Kumar Gaur, R.O. (Botany) participated in the Online Training Programme on 'Medicinal Plant Research Training-I' coordinated by Central Ayurveda Research Institute, Kolkata on 1st July, 2021.
- Dr. S. K. Vedi, R.O. (Ay.) and Dr. Swati Sharma, R.O. (Ay.) participated in a virtual meeting for 'Swasthya Assessment Scale in QOL project under SCSP and RCH' organized by CCRAS Hqrs., New Delhi on 04th August, 2021.
- Dr. Kishore Gavali, R.O. (Ay.) and Dr. Suhas A. Chaudhary, R.O. (Ay.) participated in the VC meeting of focussed groups on 30th September, 2021 for preliminary discussion on paediatric related research organized by CARI, Mumbai.



CARI, Patiala

- Dr. Gajarmal Amit Ashok, R.O. (Ay.) participated in a webinar on 'Clinical Analysis of Charakokta Mahakashaya' organized by Dr. G. D. Pol foundation, YMT Ayurveda Medical College, Mumbai on 14th July, 2021.
- Dr. Sangeeta Sangvikar, R.O. (Ay.) participated in a National webinar on 'Role of Rasa Aushadhi in Clinical Practice' on 05th July, 2021 organized by APM's Ayurved College, Sion, Mumbai.
- Dr. Sangeeta Sangvikar, R.O. (Ay.) participated in a webinar on 'Panchkarma and Sthanik Chikitsa in Striroga' on 23rd July, 2021 conducted by B. R. Harne Ayurvedic Medical College, Karav, Vangani, Thane.
- Dr. Sangeeta Sangvikar, R.O. (Ay.); Dr. Santosh S. Mane R.O. (Ay.) and Dr. Gajarmal Amit Ashok, R.O. (Ay.) participated in a webinar on 'Charaka Samhita-Principles to practice' on 13th August, 2021 organized by ITRA, Jamnagar.
- Dr. Sangeeta Sangvikar, R.O. (Ay.); Dr. Santosh S. Mane R.O. (Ay.) and Dr. Gajarmal Amit Ashok, R.O. (Ay.) participated in the International webinar on 'चरकस्तू चिकित्स्ते Clinical Importance of Charak Samhita' on 13th August, 2021.
- Dr. Santosh S. Mane, R.O. (Ay.) and Dr. Gajarmal Amit Ashok, R.O. (Ay.), participated in National webinar on 'Ethno-Veterinary practices: an approach to combat antimicrobial resistance and residue problem' organized by Guru Angad Dev Veterinary and Animal Sciences University (GADVASU), Ludhiana on 24th September, 2021.

NCIMH, Hyderabad

- The institute has organized a webinar as part of Azadi ka Amrut Mahotsav and Ayu-Samvad on 31st July, 2021. Dr. V. Sridevi, R.O. (Ay.) delivered a guest lecture on 'Ayurveda for COVID-19' and in Doubt Clearing Session, Dr. G.P. Prasad, A.D. I/c, answered questions pertaining to COVID 19. The program was coordinated by Dr. Biswo Ranjan Das, R.O. (H.).
- Dr. V. Sridevi, R.O. (Ay.) delivered a talk in Online Training programme on 'Methods of Documentation and Validation of LHT and Ethno Medical practices' organized by CCRAS Hqrs. on 16th September, 2021.Dr. G.P. Prasad, AD I/c and all the Officers attended the program.

Hindi Pakhwada and Workshops

The Council conducted various activities for the implementation of the Official Language Policy of the Official Language Department, M/o Home and External affairs, Govt. of India. As part of this venture, Hindi Pakhwada from 14th September, 2020 to 28th September, 2020 and one day Hindi Karyashala was organized by all the peripheral Institutes of the Council. Some of the reports are:

CCRAS Headquarters, New Delhi, organized various activities to mark the Hindi Pakhwada celebration including Hindi Noting & Drafting competition, Debate & Poetry recitation competition, Quiz competition etc. Participants were awarded with prizes at the valedictory ceremony. One day Hindi workshop was also organized on 29th September, 2021. Dr. Vinod Kumar Lavania, RO (Ay.) delivered a lecture on the topic 'एक जैसे दिखने वाले शब्दों की अर्थ विभिन्नता'.



MSRARI, Jaipur, organized Hindi Pakhwada in the Institute from 14th September, 2021 to 28th September, 2021 in which various activities including Hindi essay writing, declamation, debate, poetry/song and quiz competitions were organized by the institute. One day quarterly Hindi workshop was also organized on 14th September, 2021. Dr. Rajesh Meena, Hindi Pradhyapak and Coordinator, Rajabhasha Vibhaga, Jaipur delivered a lecture on the topic entitled 'Unicode dvara Computer par Hindi me karya' as a guest speaker.

At **CARI**, **Patiala**, on the occasion of Hindi Pakhwada, various activities were organized. All the officers and employees were motivated to use Hindi language in official work. One day Hindi workshop was also organized on 25th September, 2020 through video-conferencing in the Institute.

NCIMH, Hyderabad, celebrated Hindi Pakhwada by organizing various competitions like Essay writing, Debate, Hindi note writing, Poetry and Quiz competitions etc. On the valedictory function of Hindi fortnight, winners were awarded with prizes. The institute also organized one day Hindi Karyashala on 31st August, 2021. Chief Guests Shri. Munindra Mishra, A.D. (Rajbhasha), Tripura University and Mr. Nitin Jain, Manager, NABARD has delivered informative lecture on topic entitled 'केन्द्रीय कार्यालयो में राजभाषा हिंदी का प्रयोग' and 'राजभाषा हिंदी और तकनीकी अनुप्रयोग'.

Poshan Maah Celebration

CCRAS celebrated the month of September 2021 as "Rashtriya Poshan Maah" with four themes in four weeks. In the first week: Creation of Poshan Vatika by plantation of saplings of nutritious fruit trees, local vegetables; 2nd week: Yoga and Ayush for nutrition (Yoga sessions for pregnant, lactating women and children); 3rd week: Distribution of nutrition kit and IEC materials; and in 4th week: Identification of severe malnourished children and distribution of Ayurvedic medicines and generation of awareness about the importance of regional as well as seasonal fruits and vegetable for the nutrition.

Based on the above themes, the peripheral institutes of CCRAS conducted various activities for creating awareness of the public on importance of nutrition especially of pregnant women, lactating mothers, adolescent girls and children through lectures. In addition to this, Yoga training to the patients of institute OPD; distribution of nutritive diets to malnourished kids in peripheral areas; distribution of IEC materials; Plantation of sapling of fruits and medicinal plants and distribution of nutrition kits were also organized as a part of the event. Glimpse of some of the activities are:





Glimpse of plantation of medicinal plants and yoga session during the celebration of Rashtriya Poshan Maah at CARI, New Delhi







View of plantation of medicinal plant and distribution of saplings of medicinal plants at CARI, Jhansi during the celebration of Rashtriya Poshan





View of distribution of nutritious food and plantation of medicinal plant at RARI, Ranikhet during the celebration of Rashtriya Poshan Maah.





Glimpse of plantation of medicinal plants sapling and yoga session at RARI, Lucknow during the celebration of Rashtriya Poshan Maah



Appointment/Promotions/Retirements/Transfers

MSRARI, Jaipur

- Dr. Swati Sharma, R.O. (Ay.) has been transferred to CCRAS Hqrs., New Delhi on 30th September, 2021.
- Dr. Dara Singh Rotwar, R.O. (Ay.) joined the Institute on 02nd September, 2021, he has been transferred from RARI, Patna.
- Dr. Kishore Gavali, R.O. (Ay.) joined the Institute on 28th September, 2021, he has been transferred from CCRAS, Hqrs., New Delhi.

संपादकीय मंडल / Editorial Board

मुख्य संपादक

डॉ. एन. श्रीकांत., महानिदेशक (अति. प्रभा.)

कार्यकारी संपादक

डॉ. एन. श्रीकांत., महानिदेशक

सह संपादक

डॉ. आदर्श कुमार, स.नि. (आयु.) डॉ. बी. एस. शर्मा, अनु. अधि. (आयु.) डॉ. वी. के. लवानिया, अनु. अधि. (आयु.) डॉ. रेनू सिंह, अनु. अधि. (आयु.) डॉ. राधे कृष्ण, अनु. अधि. (प्रकाशन)

तकनीकी सहयोग

श्री मनीष बर्नवाल, का. स. (प्रका.)

Editor-In-Chief

Dr. N. Srikanth,
Director General (Ad. Charge)

Executive Editor

Dr. N. Srikanth, Deputy Director General

Associate Editors

Dr. Adarsh Kumar, AD (Ay.)
Dr. B. S. Sharma, RO (Ay.)
Dr. V. K. Lavaniya, RO (Ay.)
Dr. Renu Singh, RO (Ay.)
Dr. Radhe Krishan, RO (Publication)

Technical Support

Mr. Manish Barnwal, O.A. (PMOS)